

Fixation effects of different types of cannulated screws on vertical femoral neck fracture A finite element analysis and experimental study

Zhan, Shi; Jiang, Dajun; Ling, Ming; Ding, Jian; Yang, Kai; Duan, Lei; Tsai, Tsung Yuan; Feng, Yong; van Trigt, Bart; Jia, Weitao

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Abstract

Introduction

purpose of this study is to evaluate the biomechanical fixation effects of different types of screws via

89	created from computed tomography (CT) scans [2]. CT data (0.6 mm in thickness, DICOM format)
90	were imported into Mimics 20.0 (Materialise NV, Leuven, Belgium) to create a 3D model. The model
91	was then imported into Hypermesh 14.0 (Altair Engineering, Inc., Detroit, MI, USA) for meshing (1 mm
92	in length). Based on the meshed model (Figure 2a), the characteristics of the proximal femur--including
93	the femoral head center (FHC), femoral neck axis (FNA), femoral shaft axis (FSA) [20], and narrowest
94	surface (NS)--were calculated using customised Matlab programs (MathWorks, Natick, MA, USA). The
95	narrowest surface was defined as the smallest area across the femoral neck (Figure 2b). The femoral neck
96	axis and thread center (defined as the point at which the screw axis intersected with the narrowest surface)
97	were used to determine the proper orientation and location for the three screws. The femoral head center,
98	femoral shaft axis, femoral medial condyle, and lateral condyle were used to create a vertical FNF surface
99	with a modified Pauwels angle of 70 $^{\circ}$ (Figure 2c) [2, 21, 22]. The Pauwels angle was measured by using
100	a modified method described in the previous study [21].
101	Assembly of Components
102	Three same types of screws were inserted into the fractural femur along the direction of the femoral
103	neck axis and were ensured not to pass through the neck cortex. Ten FNF structures fixed with 10 types
104	of screws were created from the femur model via a Boolean operation in 3-Matic 11.0 ((Materialise NV,
105	Leuven, Belgium). The distal parts of femur were cut off, leaving the proximal parts for further analysis
106	$[2]$.
107	FEA Meshing and Material Properties
108	The screws and femur model were imported into Hypermesh 14.0 for meshing with a mesh size of

109 1 mm, based on the convergence test of the proximal femur in the previous article [22, 23]. The number

of nodes (ranging from 174,389 to 272,700) and elements (ranging from 800,108 to 1,242,898) for all

- models was recorded. A 4-node tetrahedron body element (C3D4) was used for the bone and screws according to previous studies [2, 22]. The properties of the Sawbone femur were linear, elastic, and isotropic. Young's moduli (E) was 16.7 and 0.155 GPa for cortical and cancellous bones, respectively, and Poisson's ratio (v) of 0.3 was assumed for both of them, while the screws were modelled as medical 115 grade titanium steel $(E = 110 \text{ GPa}, v = 0.33)$ [2].
- *FEA Boundary Conditions*
- The combined models were imported into Abaqus 6.14 (Dassault Systemes Simulia Corp., 118 Johnstone, RI, USA) for static simulation. The slipping friction factor of the bone-block interface was 119 set to 0.46 while the corresponding factor for the interface of the bone and screws was set to 0.3 [2, 22]. To ensure consistency with later validation experiments, the contact zone between the axial loading platen and the femur head was set as one reference point, together with a small zone of nodes on the head. Freedom of the distal femur (108 mm in length) was restrained in the simulation tool, which is the same as the setup in the validation experiments. Movement restrictions were assigned for the cortical faces of the femoral distal region (Figure 2d). A force of 2000 N along the femoral shaft, similar to the previous study [2], was applied to the face of the loading platen. To simulate the compression effects (CE) of partial-thread screws in FNF fixation, a pre-tension force of 230 N [19, 22] was applied to each screw. Full-thread screws do not add pre-tension force because of their non-pressurising capacity. *Validation Experiments* A Sawbone femur as same as that in the FE model was fixed with three parallel screws (6.5 mm in
- diameter) in an inverted triangular configuration. A 3D printing guide plate, as in previous studies [4, 12
- 22], was employed to ensure the fracture line was created exactly from the femoral neck to the lesser
- trochanter and the screws were inserted in the appropriate position (Figure 3a). Screws' anteroposterior

- *FEA and Statistical Analysis*
- Six parameters, reflecting six biomechanical aspects, were calculated to analyse the fixation effects of FNF with regard to the major internal fixation failure risk [30] as follow: stiffness, bone cutting rate (BCR), cut-out risk (COR), compression effects (CE), shear resistance of fracture (FSR), and detached
- resistance of fracture (FDR) (Table 2).
- The fixation effects of the models were rated based on these six parameters (the best model of a

 certain parameter rated 10, the worst rated 1). These six parameters might be all important to estimate the fixation effects of FNF, but in different aspects. Thus, an objective entropy evaluation method (EEM) [31, 32] was adopted to assess the weight coefficients (WC) of each parameter according to their entropy redundancy (ER) in this study. 10 models need to be evaluated and 6 evaluation parameters need to be weighted; thus, the original data matrix is:

$$
X = (x_{ij})_{m \times n}
$$

161 Where $m = 10$ and $n = 6$.

162 The WC of each parameter can be calculated by the following formula according to a previous study

163 [32]:

164
$$
WC_j = \frac{1 - ER_j}{\sum_{j=1}^n (1 - ER_j)} (j = 1, 2, ... n)
$$

165 Where the ER_i is calculated as follows:

166
$$
ER_{j} = -\frac{1}{\ln m} \sum_{i=1}^{m} p_{ij} \ln p_{ij}
$$

167
$$
p_{ij} = r_{ij} / \sum_{i=1}^{m} r_{ij}
$$

168 Where the p_{ij} is the probability of each parameter. If $p_{ij} = 0$, we can define $\lim_{p_{ij} \to 0} p_{ij} \ln p_{ij} = 0$.

169 r_{ij} is the standard values of each parameter of ith sample, which can be calculated as follows:

170
$$
r_{ij} = \frac{x_{ij} - \min_{i} \{x_{ij}\}}{\max_{i} \{x_{ij}\} - \min_{i} \{x_{ij}\}}
$$

171 The scores for all models were then multiplied by the WC to obtain the total score (EEM Score). The

172 EEM Score and the Average Score (WC of each parameter assumed to be equal) for all parameters were

- 173 used to determine the fixation effects of FNF.
- 174 The models were divided into two groups according to their compression ability: the partial-thread

197 without statistical significance $(p = 0.25)$.

- 198 The lowest BCR was found in Model A5 (4.44%, rated 10) and the highest was in Model A4 (8.76%, 199 rated 1). The average BCR in PG (6.39±0.79%) was not statistically different ($p = 0.63$) from that in FG 200 $(5.95 \pm 1.59\%)$.
- 201 Model S2 had the lowest COR (6.79 MPa, rated 10), whereas Model S3 had the highest (17.14 MPa,
- 202 rated 1). The average COR in PG $(8.87 \pm 1.52 \text{ MPa})$ was significantly lower than that in FG $(16.08 \pm 0.61 \text{ MPa})$ 203 MPa) ($p < 0.01$).
- 204 The CE for Model A3 was the best (5.40 MPa) with a score of 10, whereas that for Model A5 was 205 the worst (0.87 MPa) , rated 1). The average CE in PG $(4.81 \pm 0.89 \text{ MPa})$ was much better than that in FG

206 $(1.77\pm0.67 \text{ MPa})$ (p < 0.01).

- 207 The FSR for Model S4 (1.07E-01 mm) was the smallest among the models (rated 10), whereas the
- 208 FSR for Model A1 (2.40E-01 mm) was the largest (rated 1). The average FSR in PG was 1.96E-

209 01±3.01E-02 mm, significantly larger than that in FG (1.29E-01±1.78E-02 mm) (p < 0.01).

- 210 Model S1 had the strongest FDR (6.36E-03 mm, rated 10), while Model A4 had the weakest (5.11E-
- 211 02 mm, rated 1). The average FDR in PG (6.93E-03 \pm 3.53E-04 mm) was significantly (p < 0.01) less than
- 212 that in FG (3.96E-02±6.35E-03 mm).

213 Model S1 had the highest EEM Score (8.23) in PG as well as the highest score across all models 214 (Figure 6a). Model A1 had the lowest EEM Score in PG (5.07), which was inferior to Model S4 and A6 215 (5.79 & 5.22) and better than those of the other models in FG. The average EEM Score in PG (6.57 \pm 1.05) 216 was significantly larger (p = 0.03) than that in FG (4.43 \pm 1.24) (Figure 6b). After adjusting the weight 217 coefficient of each parameter to equal, the Average Score for Model S1 remained the highest (8.00) 218 across all models. Model A1 still had the lowest score in PG (4.50), which was better than scores of A4 219 and S3 and worse than those of the other screws in FG. Although the Average Score of PG (6.37 ± 1.21)

220 was greater than that of FG (4.63 \pm 1.25), there were no significant differences between them (p = 0.08)

(Table 4).

Discussion

 Despite previous studies mostly focused on the direction, number and the configuration of screws 230 for vertical femoral neck fractures (FNFs) of young patients, the types of screws used on fixation is also an important factor which could affect the biomechanical characters and clinical outcomes. However, there still lacks of consensus on types of screws in clinical practice [4]. Our study has shown that different type of screws had its cons and pros biomechanically (Figure 6), and suggested that a better choice of screw types may improve the biomechanics of the bone-screw composite structure for vertical FNF in young patients. Ten commonly-used types of screws including partial-thread screws and full-thread screws were chosen in this study, which had diameters ranging from 6.5 mm to 8.0 mm with thread lengths, thread

238 depths, and pitches varied, representing most commonly-used screws in clinical practice. And six

239 biomechanical parameters were employed in this study, namely stiffness, BCR, COR, CE, FSR and FDR

(Table 2), representing different biomechanical aspects of the fixation effects [30]. In order to evaluate

 fixation effects thoroughly, we attempted to combine these six parameters together. However, to the best of our knowledge, there are no previous studies weighting the importance of these parameters. Therefore, entropy evaluation method (EEM) [31, 32] was chosen in this study to objectively weight importance of each parameter. This method was originally a concept of thermodynamics, which was first added into the information theory by C.E.S Hannon, and it is now applied widely in the fields of engineering technology [32]. Based on the basic principle of information theory, the information is a measure of system orderly degree, but the entropy is a measure of the system's disorder. The smaller the information entropy of the indicators (ER, entropy redundancy) is, the larger the amount of information provided by indicators. This will also make the role played in the comprehensive evaluation more important and mean the weight coefficient should be higher. The opposite is also true. To confirm whether EEM was suitable to represent the weight coefficients of each parameter, the Average Score with all six parameters given equal weight was also calculated. The results based on Average Score showed that the best two screws were S1 and A3 and the worst was A4, same to results based on EEM (Table3), though the Average Score in the partial-thread screws Group (PG) was not significantly higher than that of the full-thread screws Group (FG) (Table4).

256 Based on EEM, the fixation performance of PG (6.57 \pm 1.05) was significantly (p = 0.03) better than 257 that of FG (4.43±1.24) (Figure 6b). The advantage of partial-thread screws was evidenced by lower COR, higher CE, and better FDR, as shown in Figure 5. However, FG showed excellent performance in protecting the FNF from shear movement. The different advantages of the PG and FG indicated that combination of both screw types would be beneficial. According to previous studies [4, 33], for unstable femoral neck fractures (Pauwels Type III), optimal results were obtained by stabilizing the fracture with a combination of inferior full-thread screws and superior partial-thread screws due to their distinct

 to achieve ideal reduction of fragments and put screws in a specific position which is hard in reality. Also, direct comparison could be done in the same femur in this way [2]. An experimental test was designed to validate our modelling method, in which a 3D printing guide template was used to keep three screws in same direction, at same location and with same configuration. Thus, variation between FEA and test was minimised. Comparison between FEA and experimental test (Figure 4) showed that the Von Mises stress value obtained with FEA was lower than that obtained with the experimental tests (slope = 0.45), 304 but the correlation coefficients were consistent $(R = 0.9)$. The lower slope may be due to the C3D4 mesh type we used, as reported by Simonovski [36], and be due to the simplification of bone material properties and inhomogeneity in FEA. However, the correlation coefficient between results of FEA and the

307 experimental test was nearly the same as the values in other studies $(R = 0.78-0.96)$ [22, 37]. Thus, the modelling method is effective for comparing the biomechanical fixation effects of FNF models. Moreover, the reason we used Sawbone but not cadaver in the validated experiment is because Sawbone has been confirmed to be a suitable replacement of cadaver [38]. There are still some limitations in this study. One is that we used 4-node linear tetrahedron body element (C3D4) instead of 10-node quadratic tetrahedron body element (C3D10) to save analysis time. However, it is reliable enough in this study, as it showed a higher correlation with the experimental test $(R = 0.9)$. The other limitation is that we were unable to obtain more types of screws from the market. For instance, we lack screws with thread length of 16 mm and major diameters of 8.0mm, and screws with thread length of 25 mm and major diameters of 7.3/7.0/6.5 mm, which could have been employed for better comparisons. Nonetheless, the current study had uncovered enough biomechanical properties for the different types of screws evaluated. In addition, the material property of synthetic bone is relatively simplified compared to human bone, which could lead to a few differences in real-world applications. However, since Sawbone femora were commonly used in previous studies for being highly consistent with human bones [2, 38], the analysis of this study could still reflect the real-world clinical biomechanical conditions.

Conclusions

 The fixation performance of partial-thread screws was significantly better than that of full-thread screws. However, full-thread screws showed excellent performance in protecting the FNF from shear and shortening movement. A combination of two superior partial-thread screws and one inferior full thread length and TSF are determinative factors on stability of FNF only if the thread depth of the screw is not too thick. Whereas, the thread depth of full-thread screws does not affect the fixation effects on FNF significantly. Moreover, thinner full-thread screws may be associated with high cut-out risk from the femoral head. The type of cannulated screw is important to consider when treating vertical FNF. **Conflicts of interests:** The authors are not compensated and there are no other institutional subsidies, corporate affiliations, or funding sources supporting this work unless clearly documented and disclosed. **Funding:**This study was sponsored by the [National Natural Science Key Foundation of China](http://www.baidu.com/link?url=xhr5SFXM772ytdd8P8WhmndW2tusctdZyIq3jK2vzB6DgSqnic_abcHOwRigkw8LthmFVkJsN8gW4-VW_Yu0krJz1tDUMiUK2kEn9YU3rfnuFCBkHxMiGKGyct8LzWxDyxvLVjzgNwl-mcBe76jK_U5f_M2Y6_AEZic5HI3h_Fi) (61731009); [National Natural Science Foundation of China\(](http://www.baidu.com/link?url=xhr5SFXM772ytdd8P8WhmndW2tusctdZyIq3jK2vzB6DgSqnic_abcHOwRigkw8LthmFVkJsN8gW4-VW_Yu0krJz1tDUMiUK2kEn9YU3rfnuFCBkHxMiGKGyct8LzWxDyxvLVjzgNwl-mcBe76jK_U5f_M2Y6_AEZic5HI3h_Fi)81572105, 31270996); Project introduction Shanghai Municipal Education Commission-Gaofeng Clinical Medicine Grant Support (20172026); Funding project for talent development in Shanghai (2017035); Interdisciplinary Program of Shanghai Jiao Tong University (YG2017QN14); Funding project of Shanghai Sixth People's Hospital

thread screw for vertical FNF may get optimal biomechanical outcomes. For partial-thread screws, the

(ynlc201617).

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Figure 1. Ten types of cannulated screws models.

Figure 2. The process of placing screws and analyzing. (a) Anatomical feature point of femur. (b) Locating femoral head center (FHC), femoral neck axial (FNA), femoral shaft axial (FSA), femoral mechanics shaft (FMS) and the narrowest surface (NS) according to anatomical feature point. All types of screws were inserted to femoral neck in parallel inverted triangle configuration so that their thread centers (TC) were on the same line and their major diameter (MD = 6.5mm (orange), 7.0mm (green), 7.3mm (yellow) and 8.0mm (red)) were tangent at cortical sides. (c) Screws were inserted to femoral neck fracture (FNF) of modified Pauwels 70 degree at a certain place according to the location of FNA and thread center. (d) Fixed models were converted to 3D mesh and calculated in Abaqus. (e) The shear and detached direction of fracture.

Figure 3. (a) Inserting the screws in accurate position by using 3D printing guide template. '(b)'and '(c)' Anteroposterior and lateral view of screws in fluoroscopy. (d) The setup of biomechanical test.

Figure 4. Linear regressing of FEA and Experiment, the stress of experiment was calculated from strain via inputting femur cortical Young's moduli (16.7GPa) and Poisson's ratios (0.3) into VIC-3D.

Figure 5. The comparison of six parameters of fixation effects between PG and FG.

Figure 6. The fixation effects of ten types of screws (a) and the comparison between PG and FG (b).

Table 1

Geomatical parameter of screws.

*Thread shape factor (TSF) = $0.5 + 0.57735$ d/p, dia=diameter.

Table 2

The fixation value of ten types of screws.

PG Partial-thread Group; FG Full-thread Group; BCR bone cutting rate; COR cut-out risk; CE compression effects; FSR shear resistance of fracture; FDR detached resistance of fracture; EEM entropy evaluation method; ER entropy redundancy; WC weight coefficient. From second row on, the value in bracket was Models' scores in certain fixation category. ER was calculated by EEM according to all these six types of fixation effects value and used to determine the WC. EEM Score were equal to the sum of each score multiplied by each WC. Average Score was average value of six parameters with assumption that each parameter has the same WC.

Table 3

Comparison of Partial-thread Group (PG) and Full-thread Group (FG)

Author contributions

SZ: Study design, data analysis, interpretation, finite element analysis, and manuscript preparation. D-JJ: Study design, manuscript preparation. SZ and D-JJ are co-first authors. ML, JD, KY and LD: Data acquisition, format checking. T-Y T, YF and B-V T: review & editing. W-TJ, HH, and C-QZ designed and approved the manuscript and should be considered as corresponding authors. The author (s) read and approved the final manuscript.

Explanation of why more than 8 authors are justified

In this study, ten types of screws were analyzed by FEA method as well as a validating experiment, which need more than 8 authors to work together to finish this quite a lot work.