# **HEALTHCARE IN TRANSITION**

Architecture(s) and processes at the convergence of healthcare and technology

Ian Omumbwa N° 4933613 P5 Transitional Territorries Studio



## RESEARCH

Research Question(s)

What kind of public health intervention (infrastructural and systemic) can contribute to innovation in the management of the Dutch healthcare system and alleviating its territorial footprint?

#### Territorial/Urban

What infrastructural/typological reconfigurations should be carried out to increase the resiliency of medical facilities and alleviate the territorial footprint of healthcare?

How can the calculated displacement and reconfiguration of the decentralized model of healthcare facilities contribute to an alleviation of urban-related illnesses and medical disorders?

To what extent can the urban shore be reconfigured as a territory of healthcare?

#### **Architectural**

To what extent can digitisation (logistic and process optimization, human-centric robotization, automation and patient data collection via wearable technology) alter the scale and programme of medical facilities and processes of cure & care?

How do natural and digitised healing processes result in coexisting healing spaces and practices?

### Theoretical Background

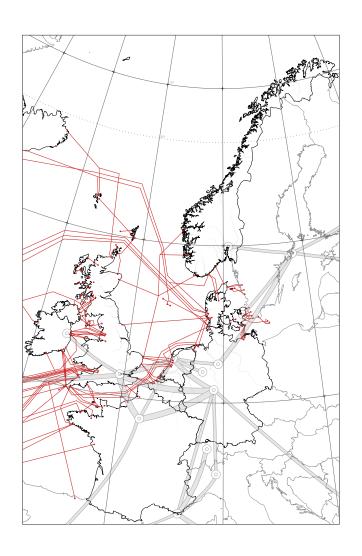
Williams: Retooling

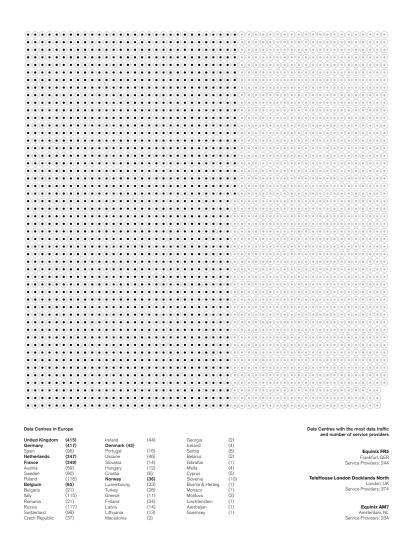
"A humanistic account of the changing role of technology in society"

Drawing insights from society's obsession with technology and advocating for a reconciliation between technological change and community (and nature). This will come from connecting social innovation to technology.

### North Sea data infrastructure

### Physical footprint of data





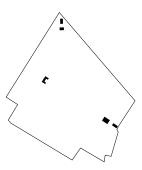
Fibre Optic Cable Network Data Centres in Europe

### Typological Study













Rotterdam-The Hague Airport Airport, Rotterdam, NL

National Bank of Denmark Bank, Copenhagen, DK

**Glasshouse** Glasshouse, Massdijk, NL

**Assisstens Cemetery** Cemetery, Copenhagen, DK

**Hortus Botanicus** Botnaical Garden, Leiden, NL

**Guy's Hospital** Hostpital, London, UK



Royal Library of the Netherlands Library, The Hague, NL



**Selfridges**Department Store,
Birmingham, UK



Astrup Fearnley Museet Museum, Olso, NO



Scottish Parliament Building Parliament, Edinburgh,



**Bijlmermeer** Residential, Amsterdam, NL



**Noma** Restaurant, Copenhagen, DK



City Hall Governmental Building, London, UK



**Gare du Nord** Railway Station, Paris, FR



Amazon Fulfillement Centre Factory, Tilbury, UK



Royal Courts of Justice Judicial, London, UK



Royal Academy of Fine Arts Educational, Antwerp, BE

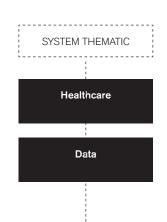


**Hotel New York** Hotel, Rotterdam, NL

## $Digitis at ion\ of\ Health care\ -\ Disruptions$



**Guy's Hospital** Hostpital, London, UK



BioTechnology + Data



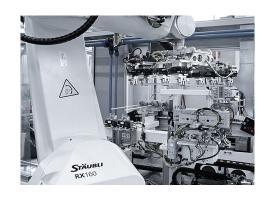
INFRASTRUCTURE - Food & Medicine Medicine Plant



INFRASTRUCTURE & AI SYSTEMS Research Laboratory

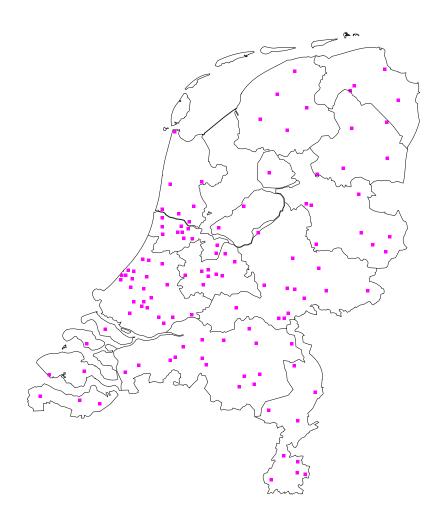


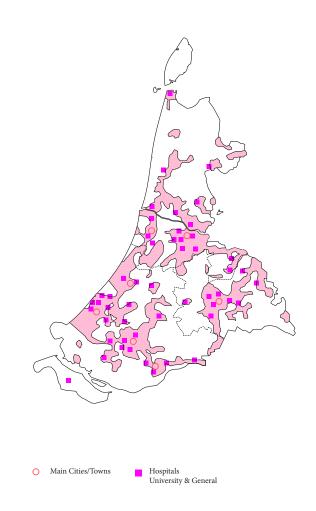
INFRASTRUCTURE - Treatment Operation Theatre

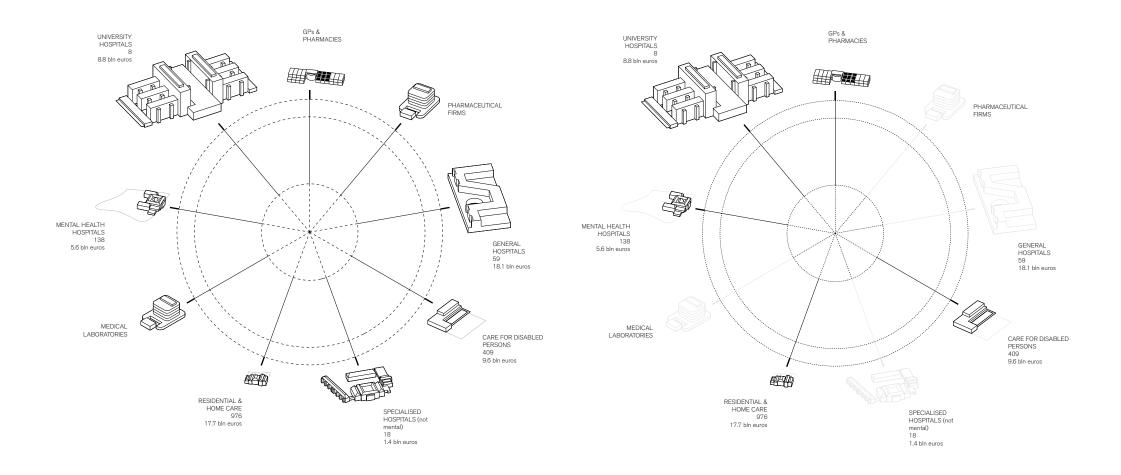


INFRASTRUCTURE Medical Tools and Machinery

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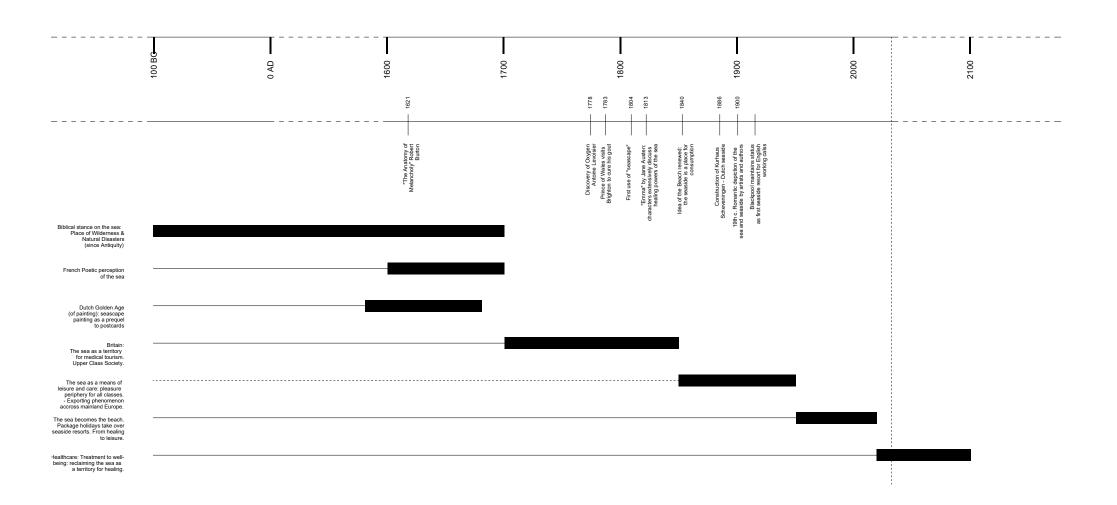
Medical Facility Decentralisation



12 Medical IoT



### Seaside History



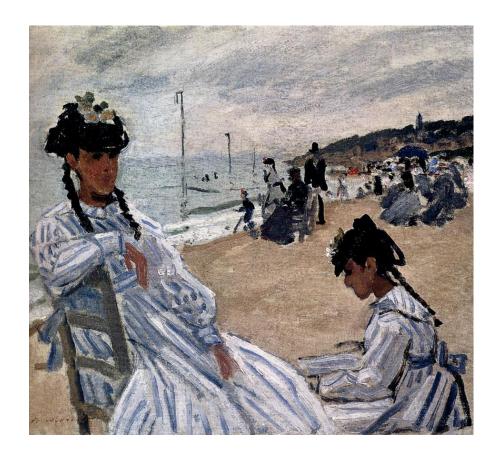
## Seascape



\*The Maas at Dordrecht" c. 1650 Aelbert Cuyp

## The Sea as a healing territory

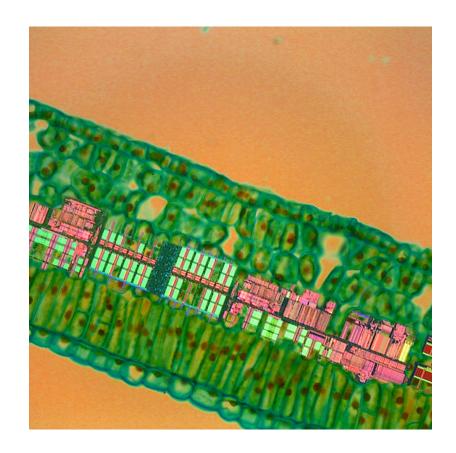




Kurhaus Scheveningen: Grand Hotel & Solarium circa 1900

"On the beach at Trouville" 1871 Claude Monnet

## Engineered Ecology



#### **Objectives**

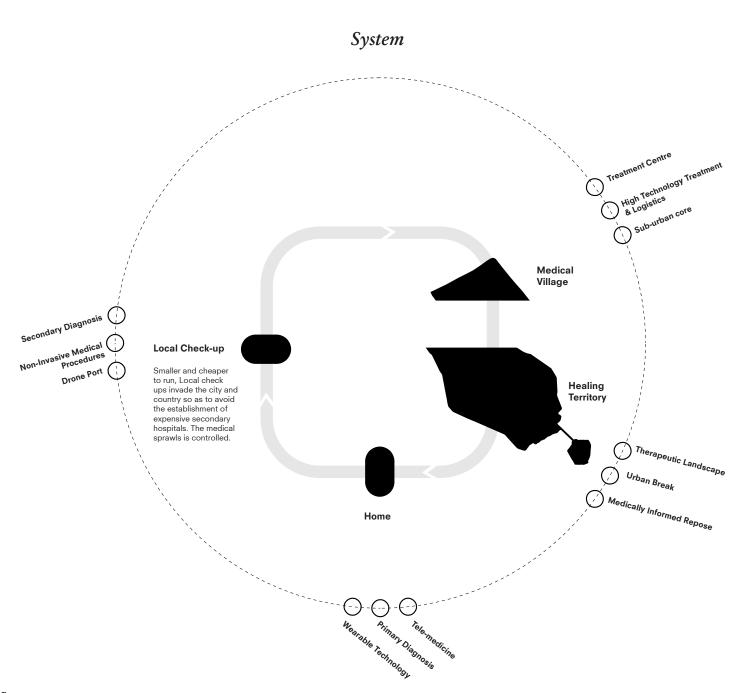
- 1. Increasing efficiency of health architectures and systems via technology (digitisation, automation & robotisation)
- 3. Equalising digital and natural infrastructure as treatment means via interdisciplinary programme
  - 4. Reclaiming the sea side as a territory for health and treatment

#### Project Proposal

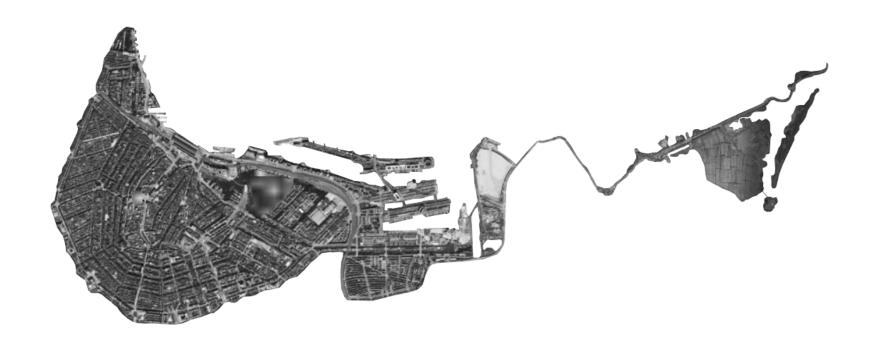
The architectural and territorial challenge aims to rearrange the healthcare space as a stage for radical natural-techno-human intervention. The project is committed to challenging the ramifications (cure and care) of health through the creation of a masterplan and architectural project.

"Healthcare in Transformation" enquires into the entangled processes and territorial occupation of the medical field in order to imagine alternative biotechnological, medical and ecological futures as means to alleviate sprawling facilities and urban strain.

Thus, the project uses a multi-dimensional approach to solve problematics in local and territorial scales and to increase efficiency in management of public health, via data, automation and the natural environement. The project proposes an acute treatment facility (medical village) nestled within a coastal territory for healing to harness its therapeutic conditions.



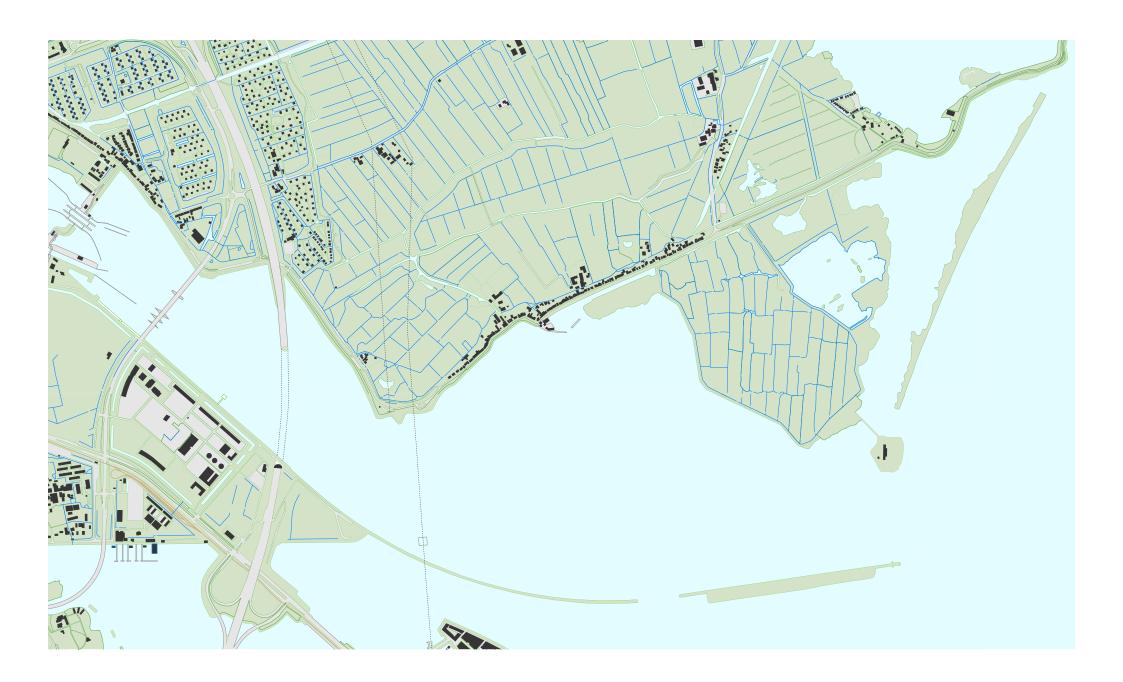
## Region



### Site

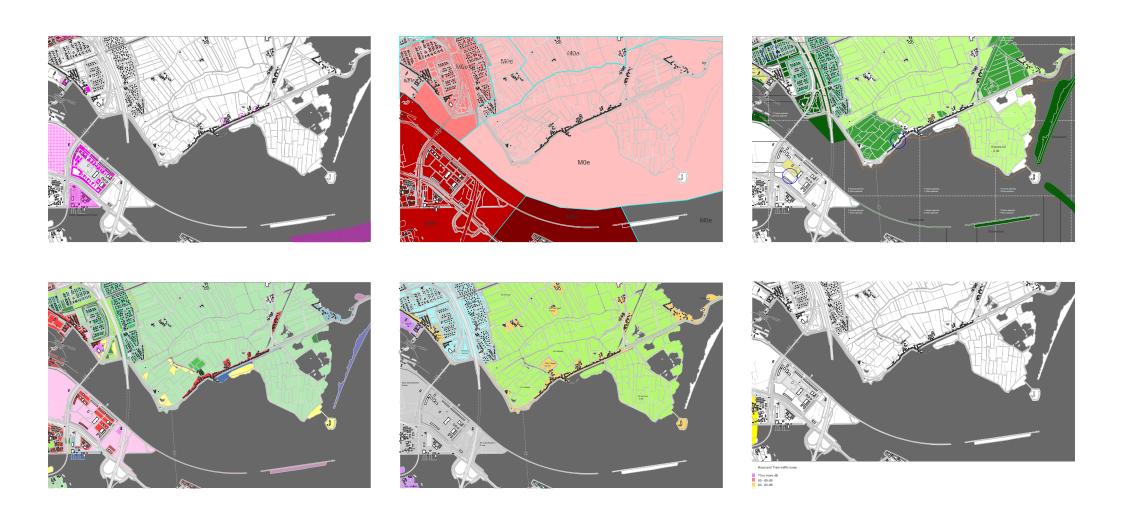


**Ijdoorn Polder Aerial Photography** Siebe Swart, 2017



**Ijdoorn Polder** Intervention Location

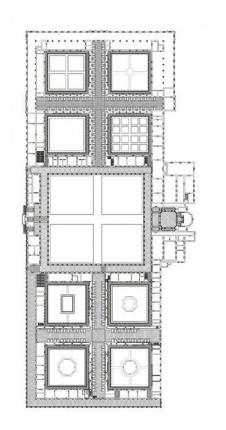
## Site Analysis



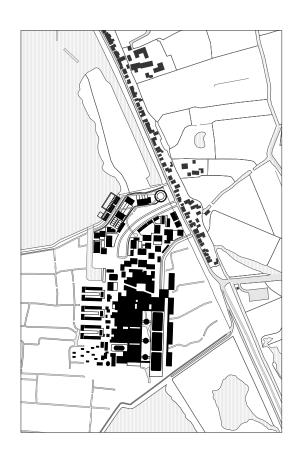
Description of the site and it's mutli-layered systems

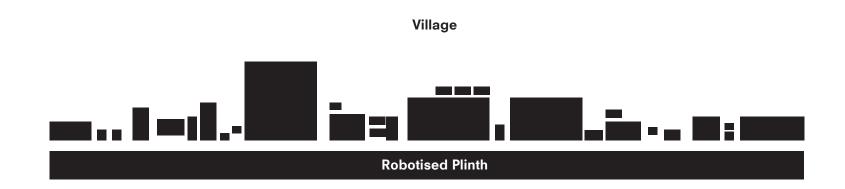


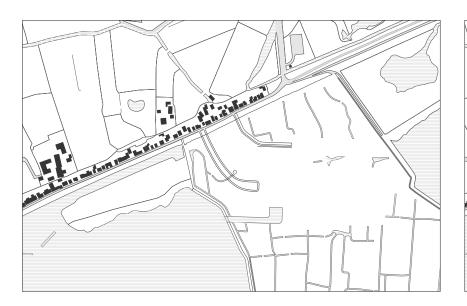
## Guiding Spatial Idea

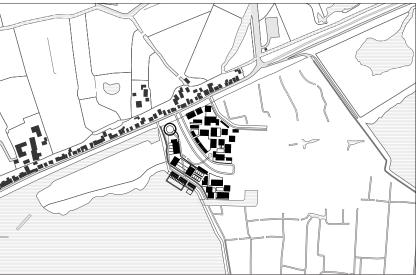


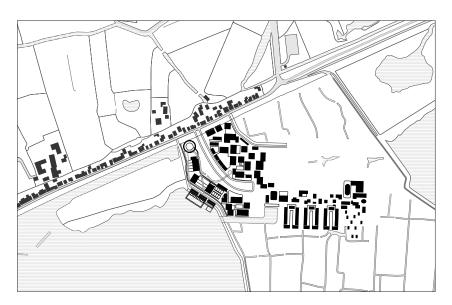


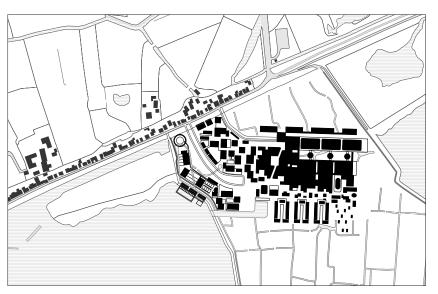




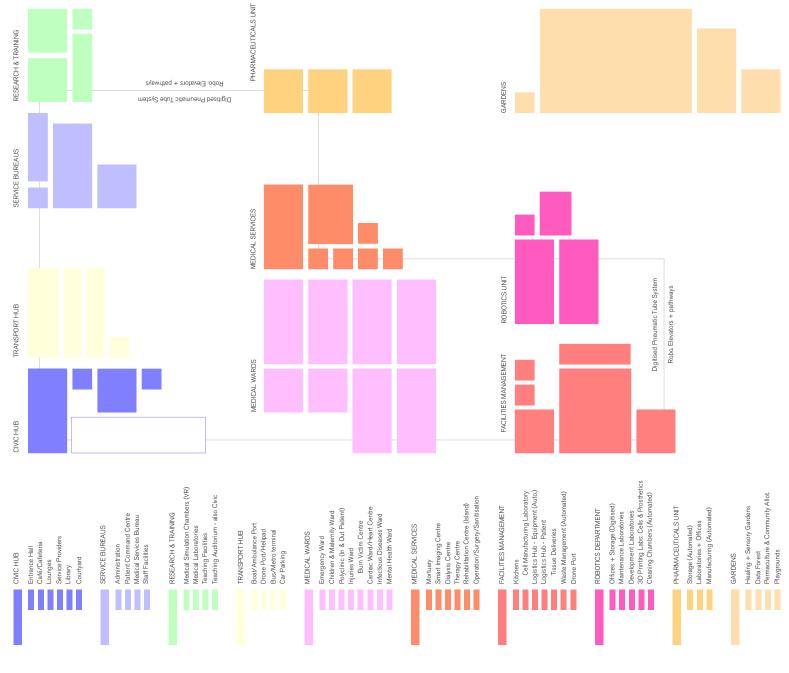


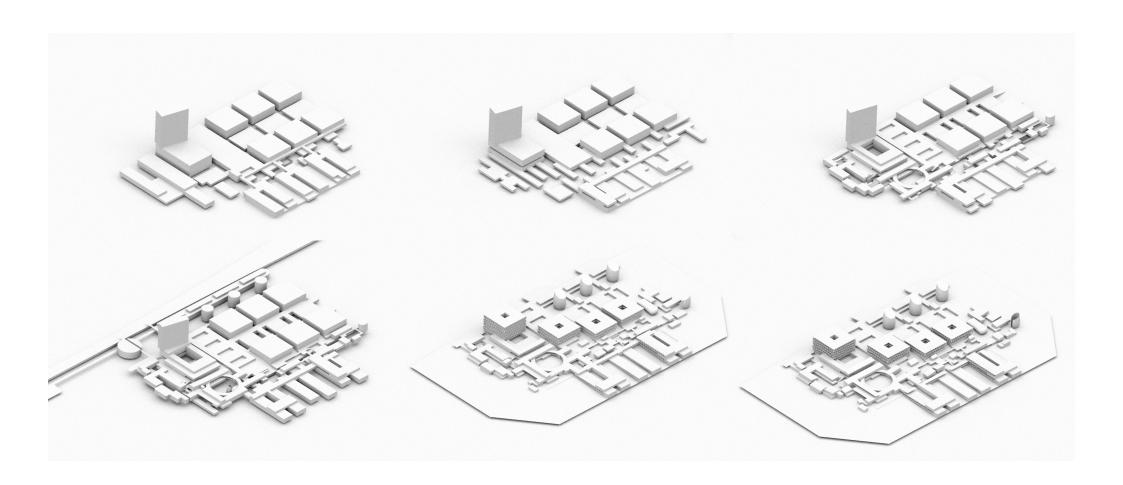


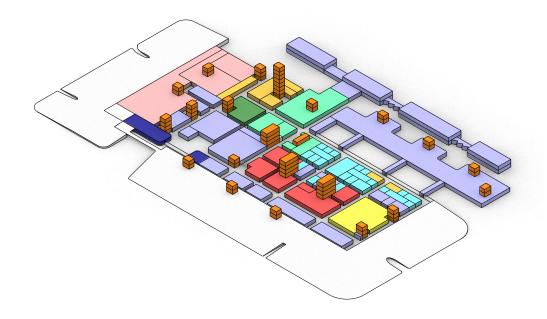


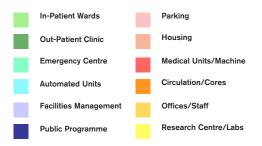


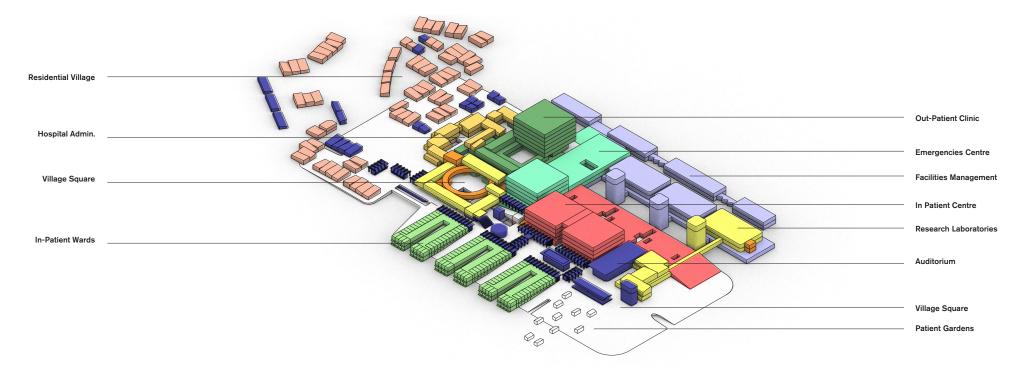












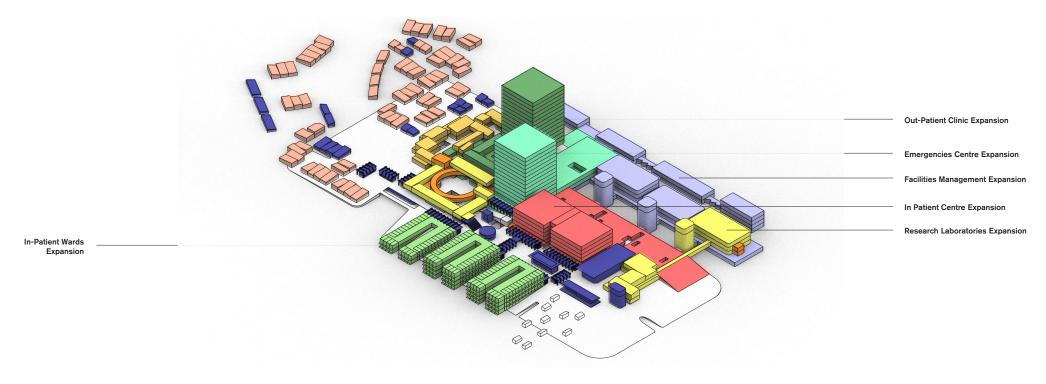
#### Scenario

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Continuous Healthcare

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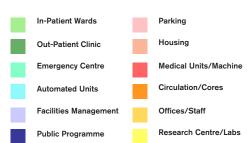


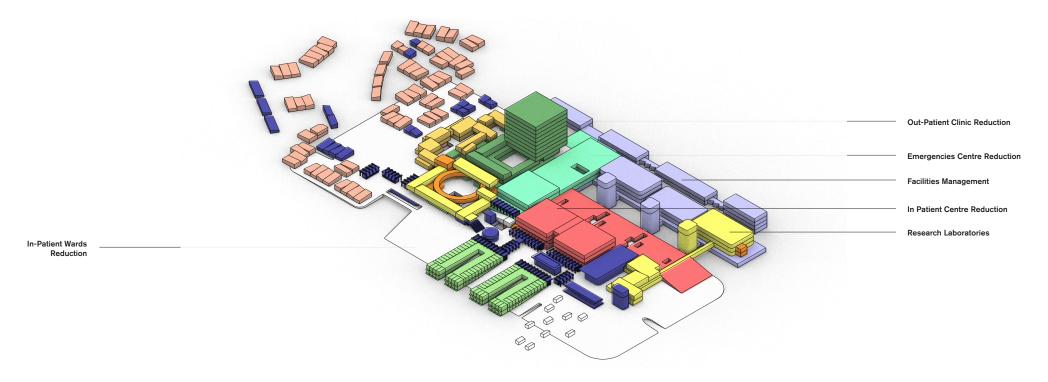


#### Scenario

Pandemic/Mega Hospital/Popn. Growth

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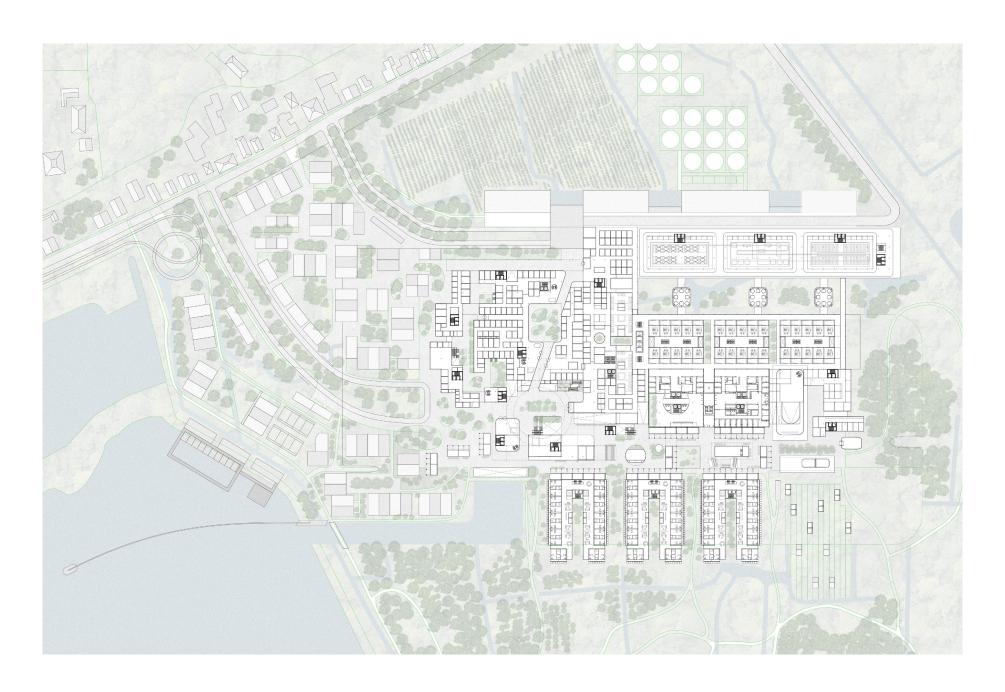


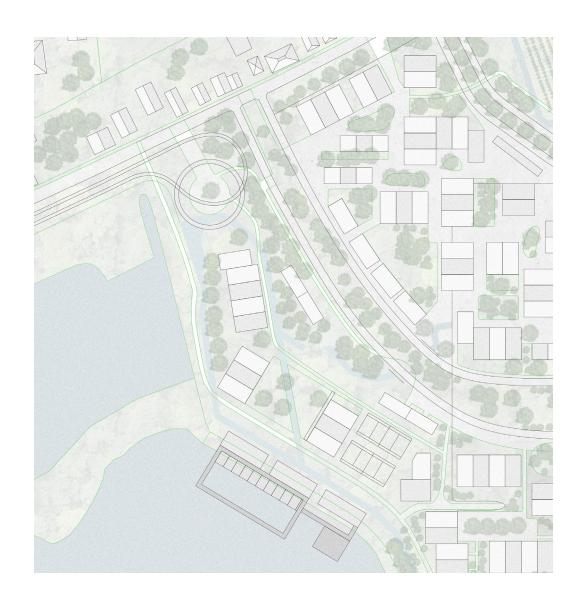
#### Scenario

Telemedicine

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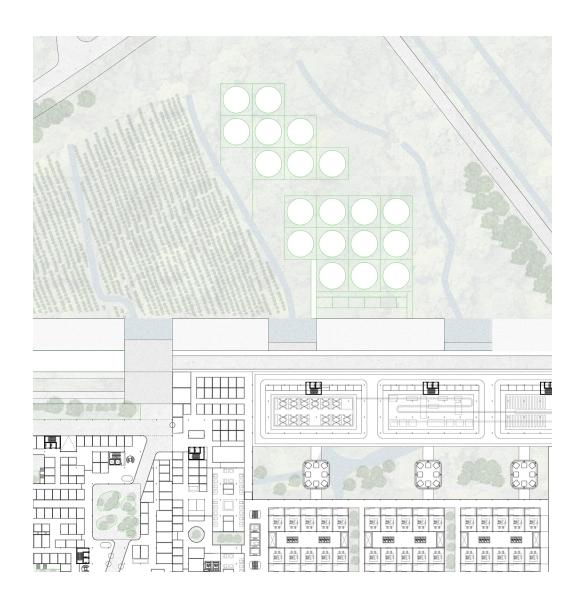




**Residential Village** Site Plan

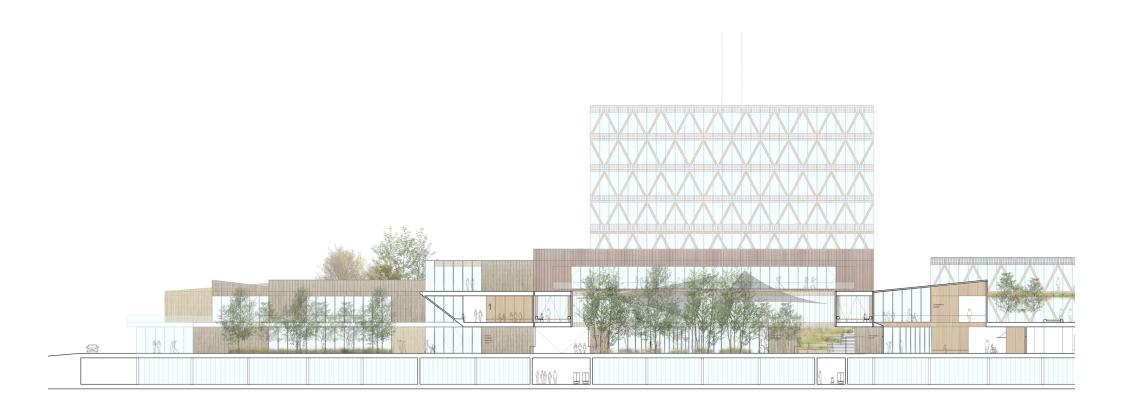


Public Programme Site Plan



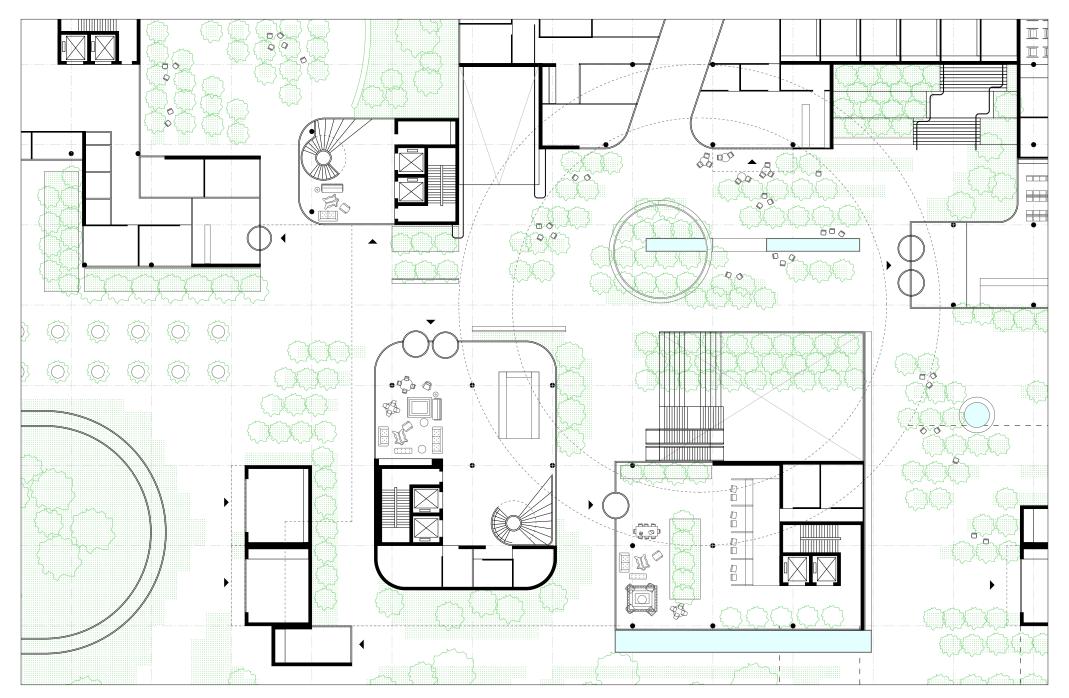
Medical Machine Site Plan

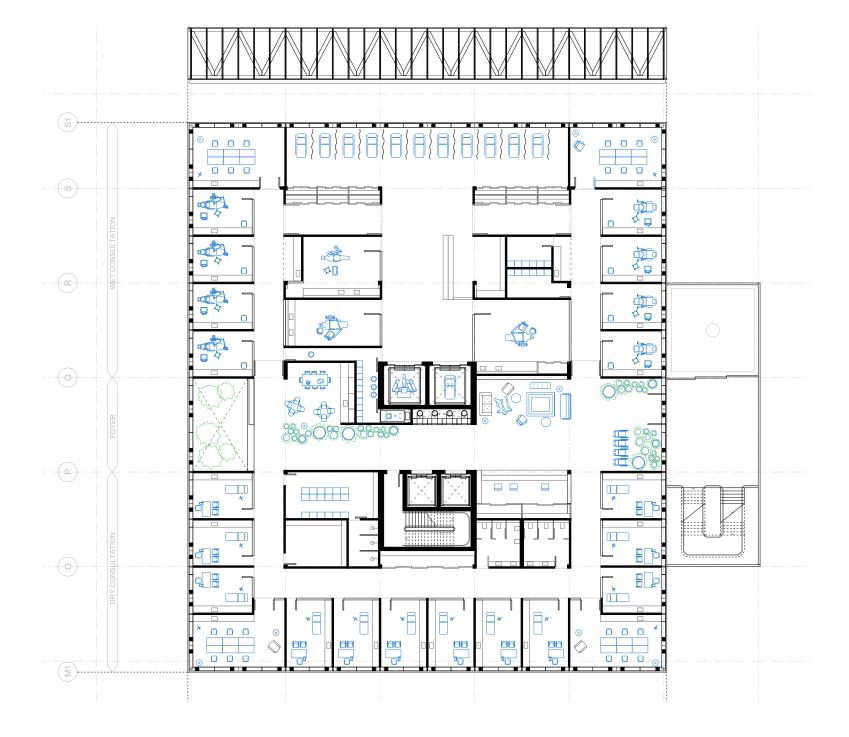


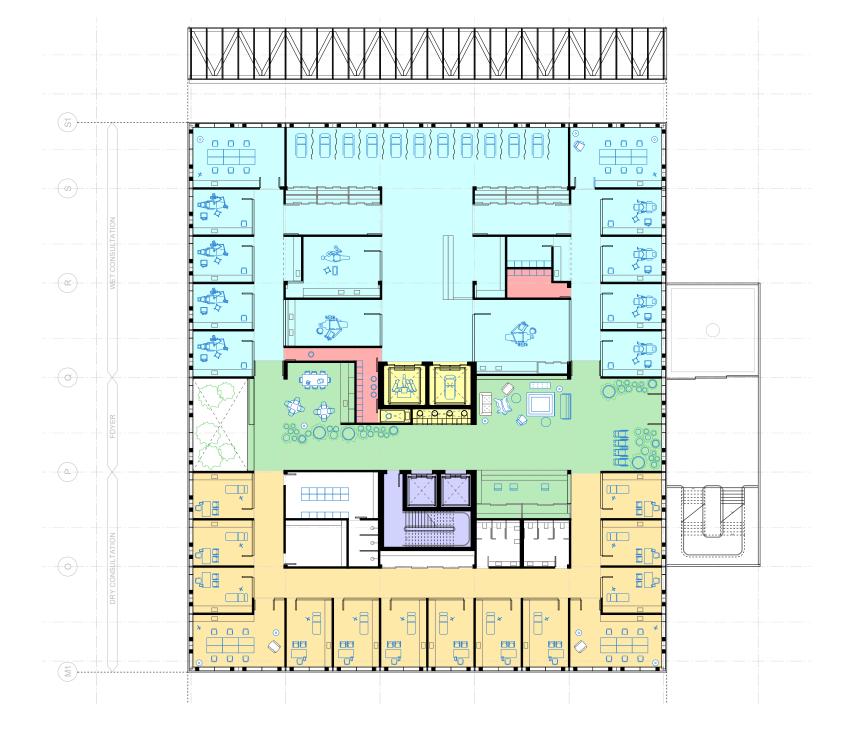




Residential Village



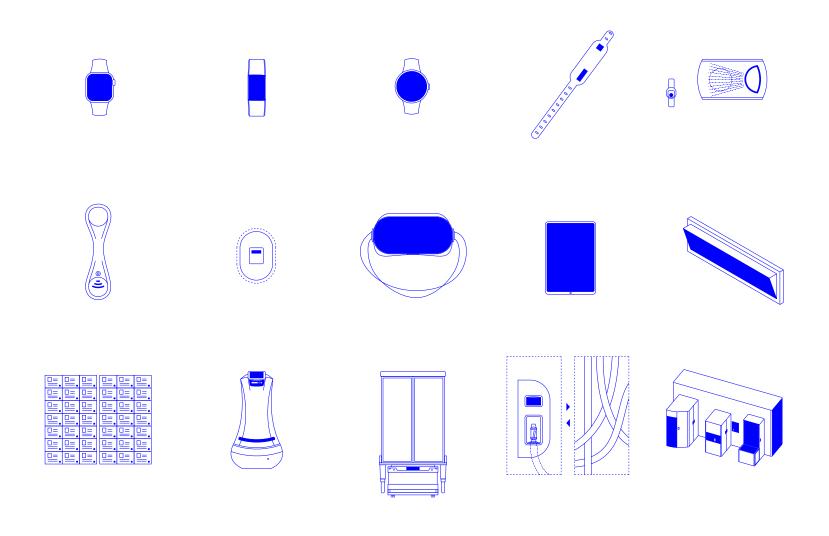




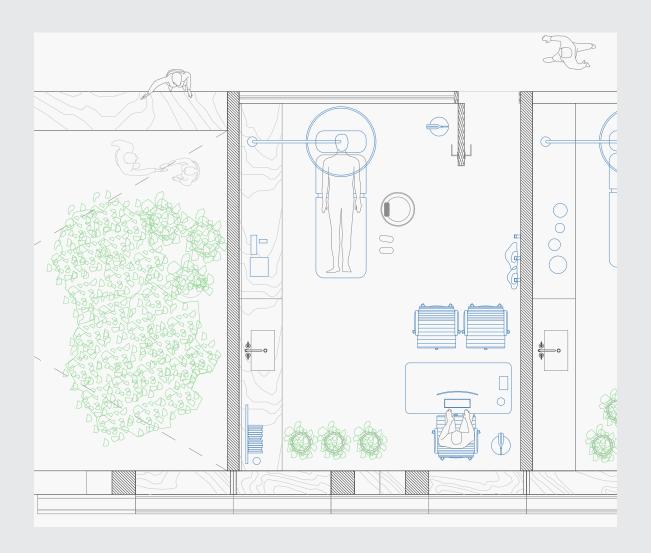




Robotic Slab

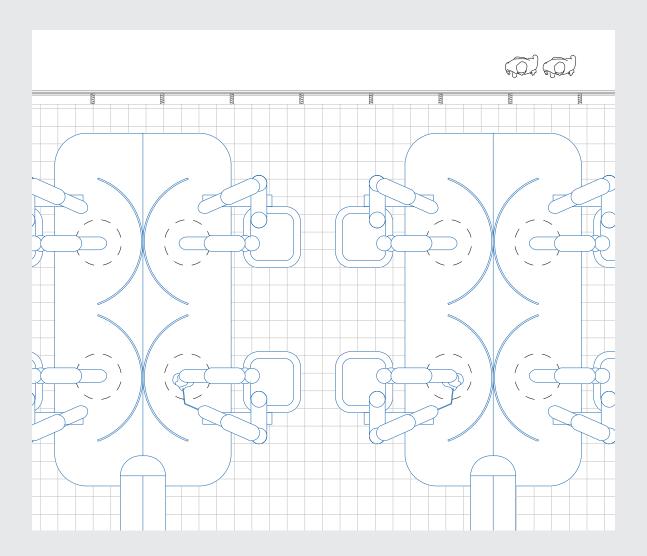


Robotised Elements Appliances & Systems



Consultation & AR Visualisation of Procedure

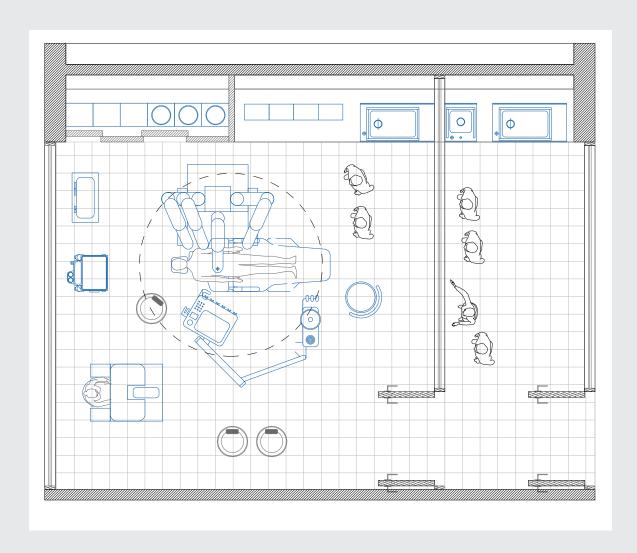
Out-Patient Clinic



Electronic Medical Records Data Centre

Precision Medicine Manufacturing Lab

**3D Bio-printing of Required Tissue**3D Printing Centre - Facilities Management



Robotised Minimally Invasive Medical Procedure
Out-Patient Clinic

Out-Patient Journey 1:50 Drawings

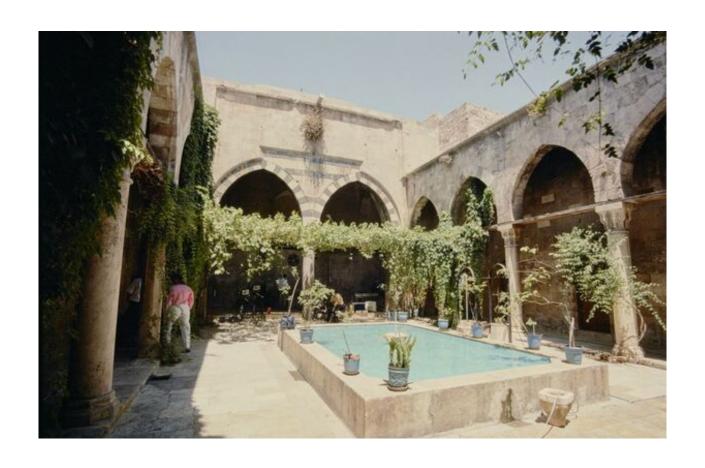


Patient Recovery Piazza in Medical Village

Out-Patient Journey 1:50 Drawings



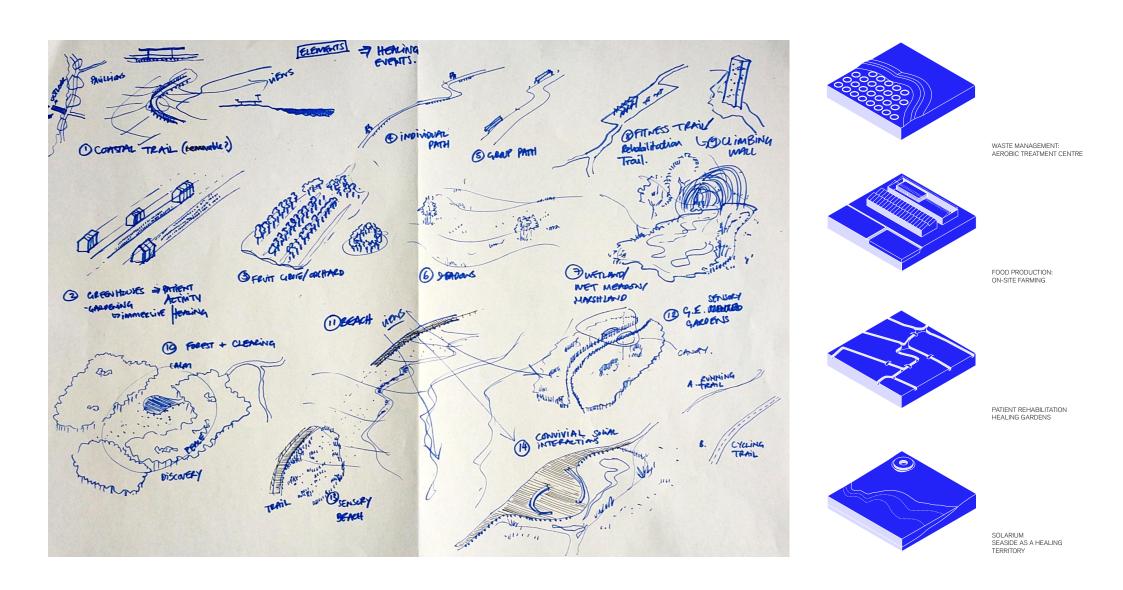
Civic Square



Arabic Bimaristan

# Territory for Healing



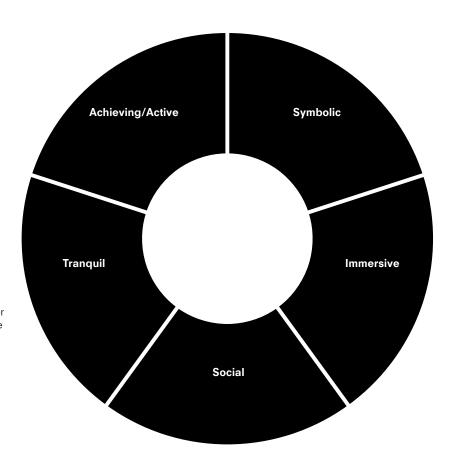


# Multi-Landscape

Supportive and challenging infrastructure which cater to long-term achievements and immediate gratification.

- long term
- rehabilitation
- personal goals
- sporting
- •
- immediate
- exercise trail
- sporting trails

Relaxing spaces for individual or calm restorative purposes. Here contemplation as an activity is encouraged and engineered.



In creating places for encounters, convivial and social interaction can be engaged in. Leisure, conversation and a shared sense of well-being contribute to communal healing. These spaces can be beaches, promenades, plazas and sporting facilities.

Cultural/Personal places of meaning. The sense of place is gathered through belonging, identity and attachement to the landscape. The romantic idea of the coast as a healing medium is the narrative.

Immersive insipring experiences are created through opportunities to explore the landscape.

Captivating and multi-sensory spaces like coastal paths or sensory gardens activate the sense of discovery.

- microclimates
- views
- sensory gardens

Territory for Healing





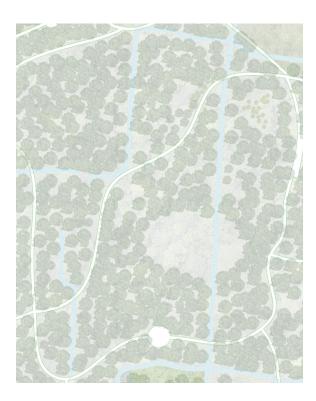
Coastal Trail Sensory Forest Sporting Trails





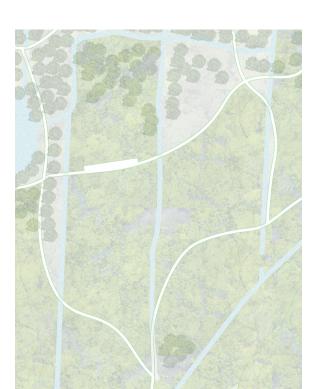
Fruit Orchard Garden Café Dry Meadows Water-Retention Ponds





Immersive Buffer Forest Solitary Paths Contenplative Events





Wetland Minimally Invasive Paths





Social Paths Beach Sporting Trails Sea Pavilion

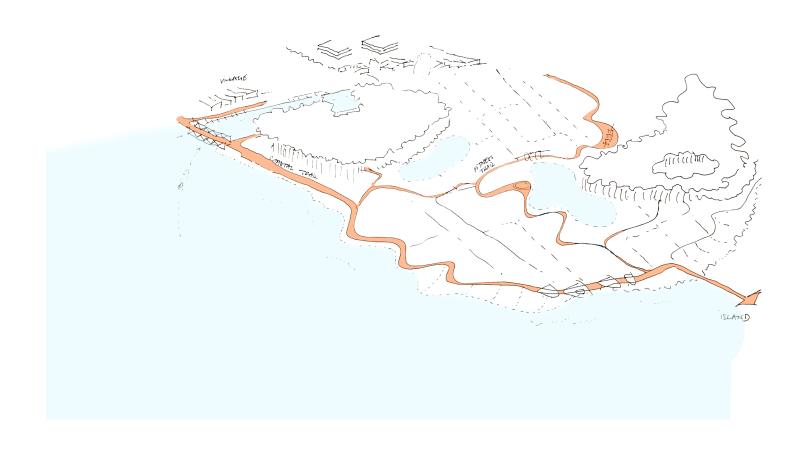




Island Sea Views Therapeutic Coast



Forest



# Building Technology

# **Research Questions**

#### **Natural Infrastructure**

How can the flora/fauna contribute to the patients' healing?

# **Technical Infrastructure/Systems**

How can we climatise/create different zones in the hospital according to varying medical, technical, environmental and personal conditions?

# Structure

In the context of the project's modular approach, which structural tools can contribute to/enable the structure's flexibility & adaptability?

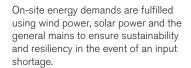
# Sustainability

How does the logistical network promote sustainability in energy, waste flows, materiality & mobility?

# Territory

What are the territorial management tools which allow for its resiliency?





#### Energy Centre

- Storage Batteries
- Substation & Distributor
- Wind Farm Link
- Solar Roofs Link

Wind Farm on isolated island

- 2x on-shore wind turbines
- 2MW of electricity generation

• Hospital Size: 80,000 m2

MWh Useage Per m2, Per year: 0.27

• Hospital MWh Useage per year: 21,600

#### **Wind Power Calculations**

Wind Turbine Capacity of average on shore turbine: 2-3 MW

Energy output: 6000 Mwh/ year

# **Solar Power Calculations**

Solar panels capacity KWh/m2/year: 170

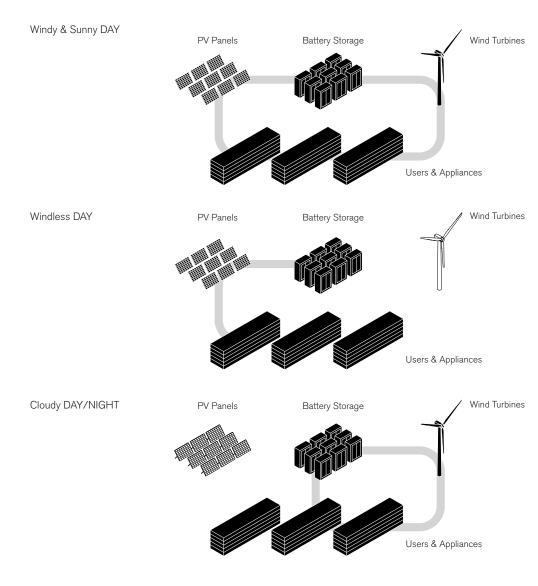
Roof surface for solar panels: 20,000 m2 (or 10,500 panels of 1.7m2)

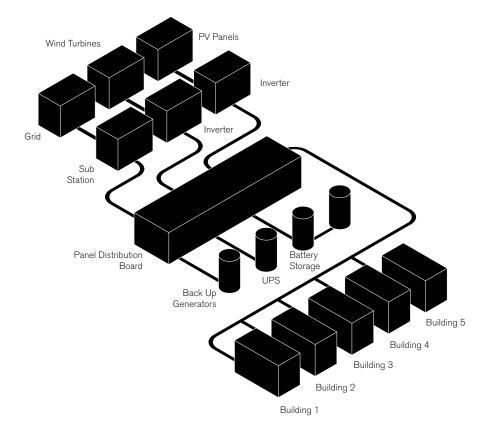
Energy output MWh/year: 2000

2 Wind turbines theoretically produce 12,000 MWh/year. 10,500 solar panels produce 2000 MWh/year. These provide 2/3 of the hospital's energy needs With only 7,600 MWh required from the grid.



# **Energy Management Scheme**





#### Wind

- minimal audible sound
- no physiological effects on human health
- placed away from protected area to avoid bird interaction

### Solar

- PV panels accross all semi-permanent roofs
- PV cells within glazed canopies
- PV panel shading facade on S & W facade of out-patient tower

### **Storage Batteries**

- integrated DC storage device
- connected to WKO for cooling
- micro grid supplementing main grid
- emergency backup
- scalable infrastructure

Wind and Solar are intermittent energy sources and can't be used as base-load energy sources but as supplements.

# **Waste Management Scheme**



Waste management is primordial within a treatment centre's typology due to the different streams of waste created.

Additionally, as the centre is situated in a rural area, special attention is to be given to avoid the contamination of the surroundings.

- Small Scale Aerobic Digester

  Tiered filtering of biological wastes
- Bio-Oil and Ferlitiser resulting from chemical process can be used on the agricultural plots and for building.
- Waste heat from the chemical process sent to central heating

Medical Gas Tower - Logistics Hub

- Arrival & Docking Infrastructure
- Medical Air Compressor
- O2 Evaporator Tanks

#### **Process**

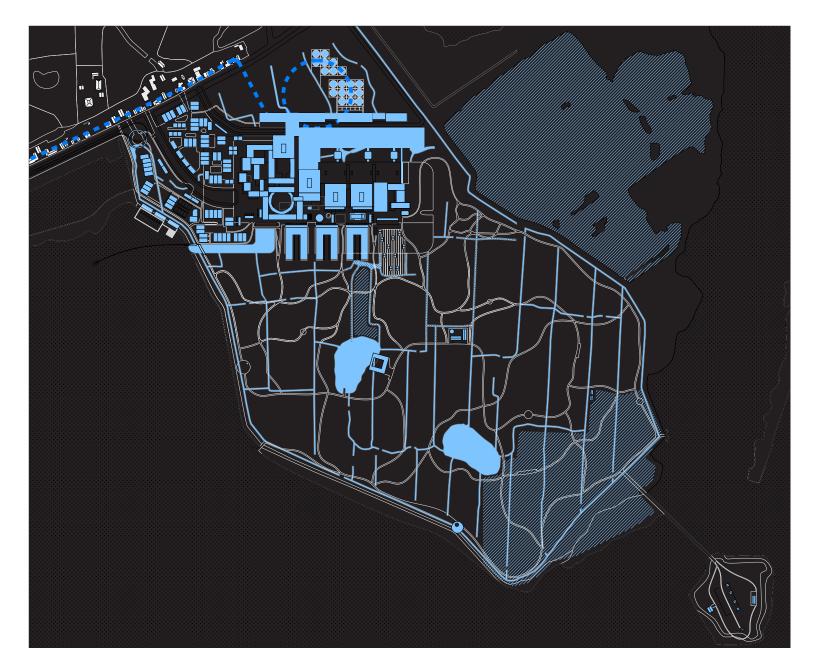
Created Waste

Filtering of waste flow in robotic slab

Medical waste sent to external treatment plant for incineration.

Biological non-medical waste sent to Aerobic Digester

Recycled non-toxic water is filtered ans used in building white bio-oil and fertiliser are used on site.



# Rain & Grey Water Management Scheme

Considering the site's geographic location as a peninsula, water management is of primary importance.

Water has to be managed at multiple scales, from the risks of storm surges and flooding to grey water and filtering facilities.

# **Surges & Flooding**

- Water Retention Ponds fitted within the territory, they act as as basins during surges.
- Drainage Basins and
- Wetland Flooding Plains act as overflow management in the event of floods

#### **Rainwater Collection**

- Rainwater is collected on all of the village's buildings' roofs. This amounts to approx. 60,000 m2 of available collection surface.
- This is used for irrigation and cleaning necessities
- The collected excess rainwater is filtered and sent to the surrounding homes via shared infrastructure.

#### **Waste Water**

- The Aerobic Digester is used to filter grey water which is repurposed for non-sterilised uses.
- Black water is sent to external treatment plant

# **Heating & Cooling Scheme**



On-site energy demands relative to heating and cooling are fulfilled using both an electric PV system supporting an open soil energy system.

In an effort is integrate the building in its surrounding and build resiliency, all local buildings are liked to a shred WKO system in a neighbourhood ring connected to a central heating hub.

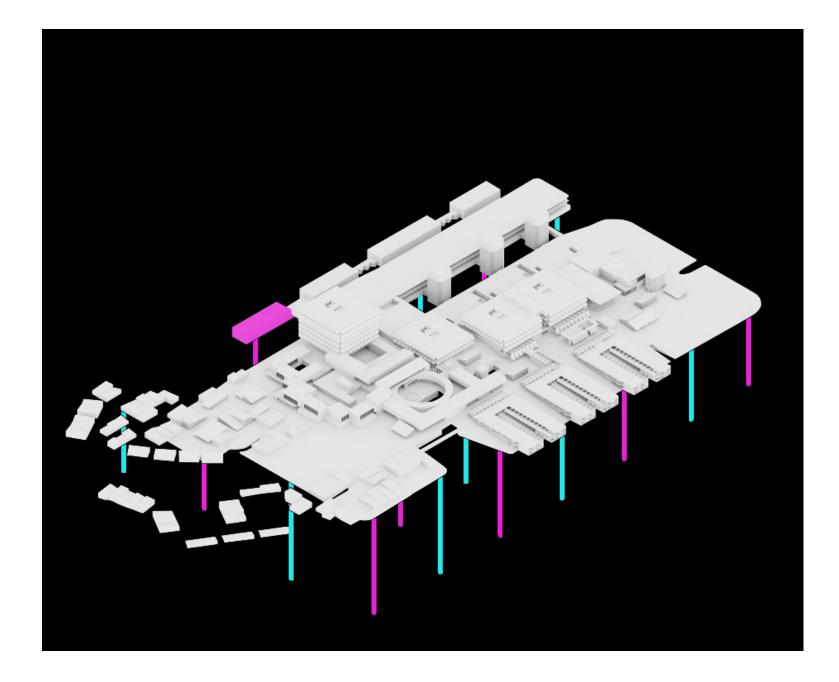
# WKO System

- Open soil energy system using two different sources: a hot and cold.
- Using ground water's constant temperature at 10-15°C as an energy buffer throughout the seasons by pumping water in and out of the sources.
- The system requires good process control and consistent management - energy management station at hospital to provide performance analyses.
- By using the heat pumps and passive cooling, we can save up to 60% in heating energy and 80% in cooling energy with a thermal storage system.

#### Amenities

Central Heating Hub Management Station

- Electrode boilers
- Heat recovery from servers
- Heat recovery from Aerobic
- Heat recovery from wind turbines



# **Heating and Cooling Capacity**

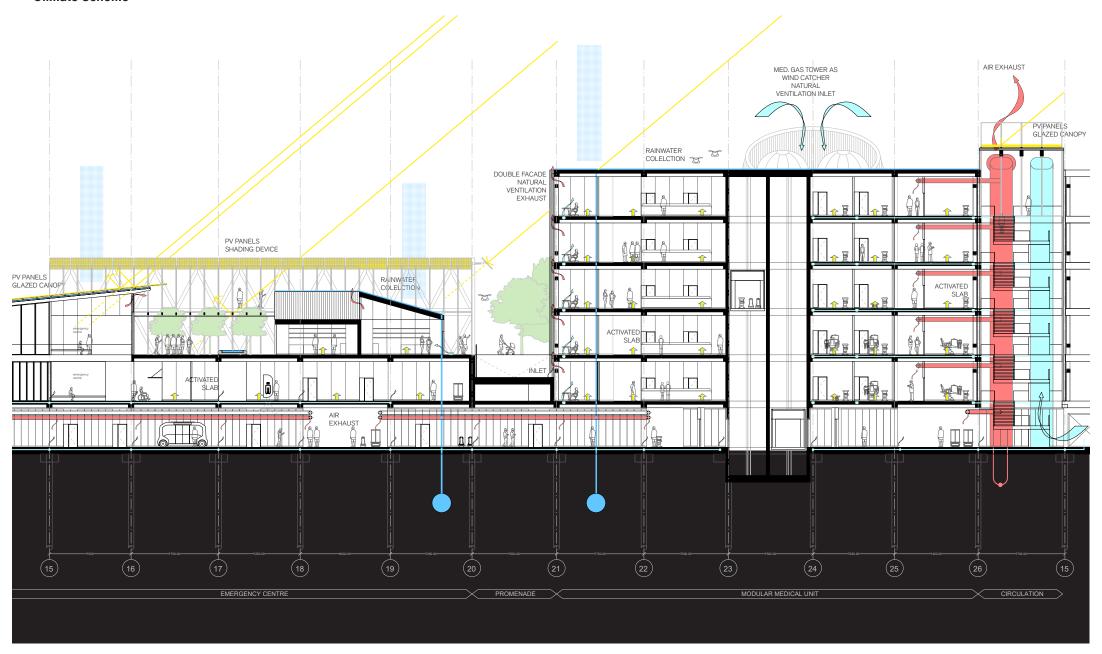
- 1 set of dual bore holes is required/9000 m2 of a building.
- The medical village's size is 80,000 m2 meaning that 9 doublet are to be envisioned.
- 9 doublets of 18 bore holes will be bored accompanied with a series of heat pumps.
- There is a requirement for about 100 m3/hour of volume flow per source.
- There needs to be between 50

   100 m between the infiltration and extraction tubes the large territory can cater to this.

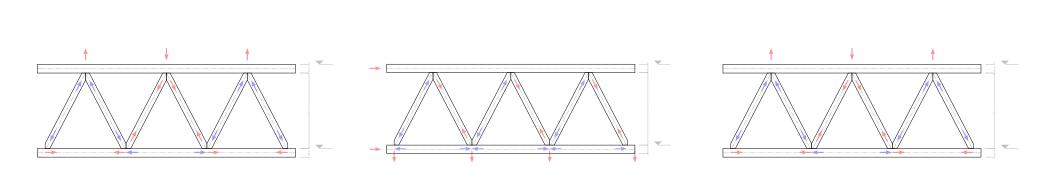
### Benefits

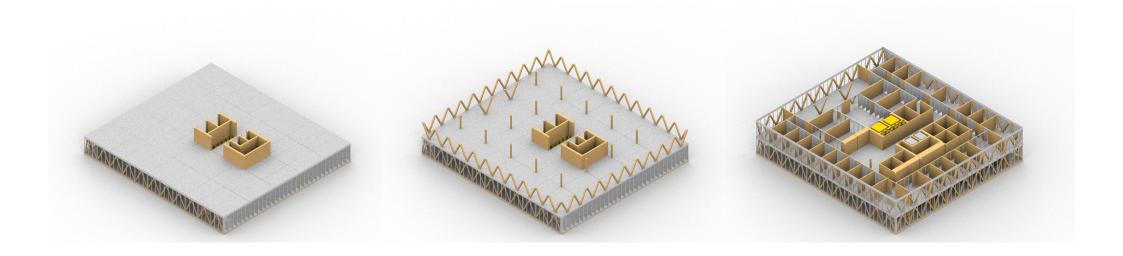
- Lower energy costs over time
- High degree of controllability
- Reduction in maintenance
- The system can cater to variations in the energy demands (heating and cooling).

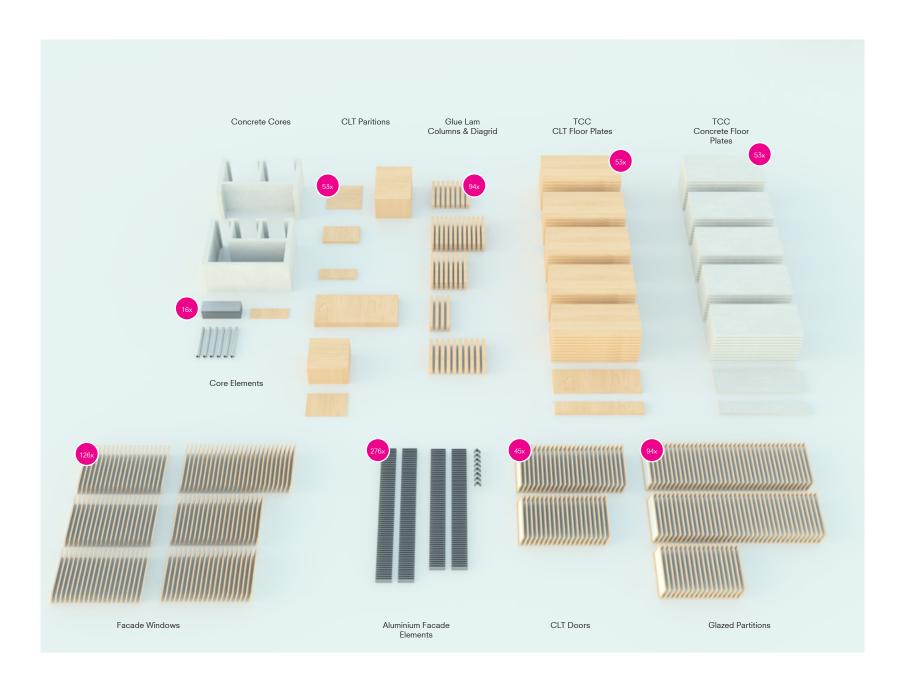
# **Climate Scheme**



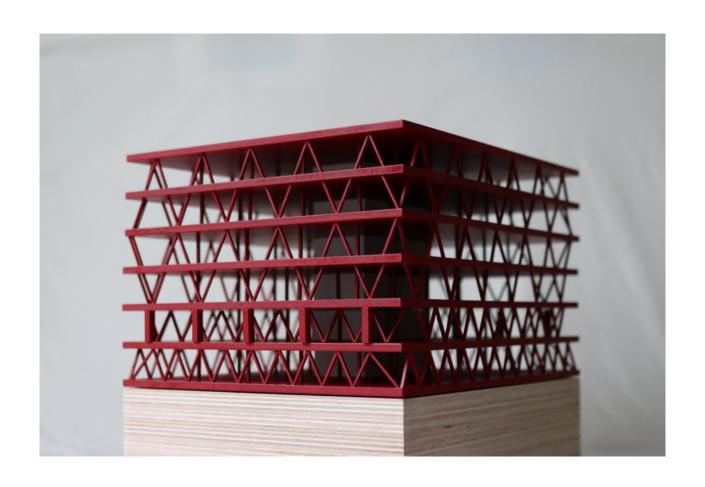


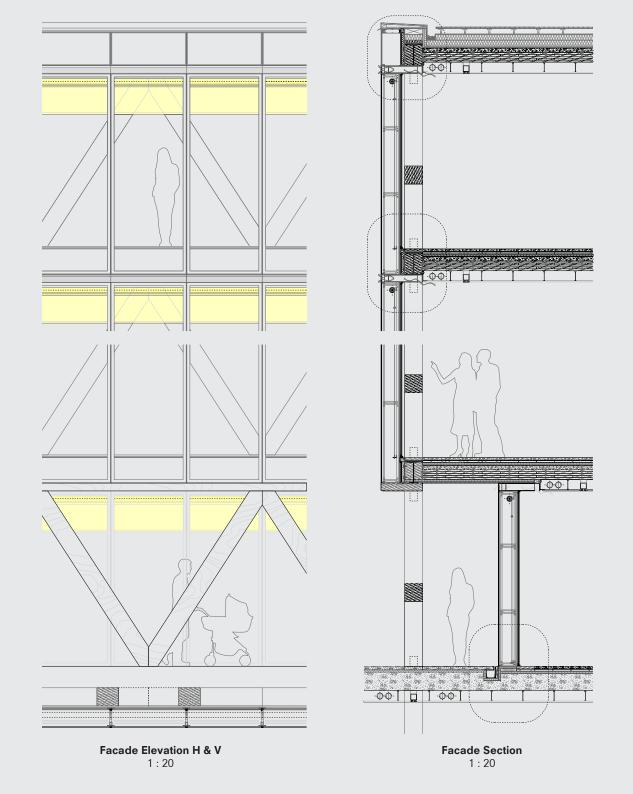


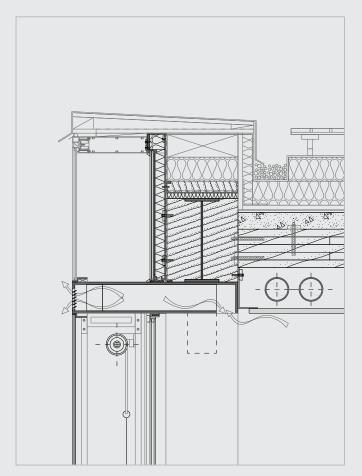


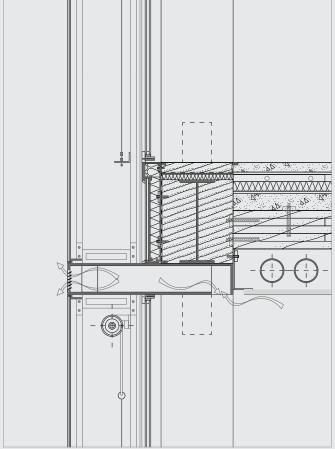


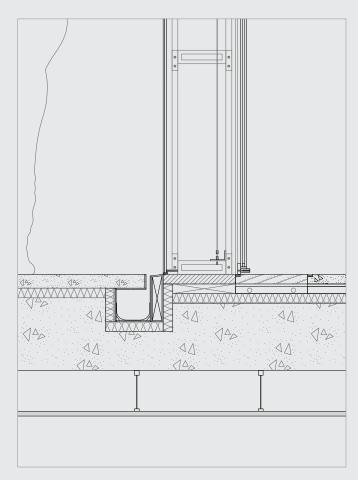








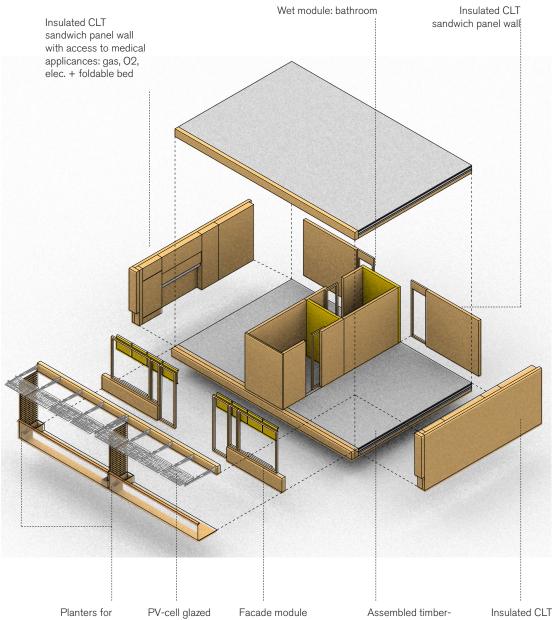




Facade - Roof DetailFloor - Floor DetailFacade - Ground Detail1:51:5

# **Patient Wards Dry Construction Process**

Assembly Strategy



deciduous plants canopy

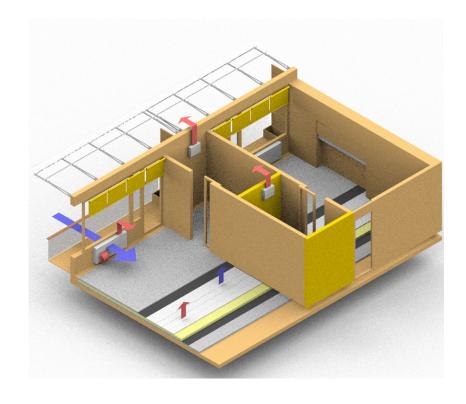
operable windows

balcony access

Climarad ventilation unit concrete composite

floor

sandwich panel wall

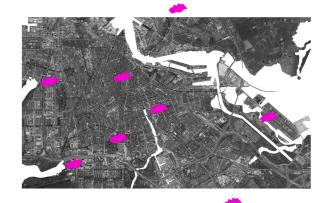


# Room Module (10.75 x 7.5 m)

- Prefabricated unit including:
- an activated assembled timber-concrete composite floor with disconnected elements (acts as roof as well) with modular underfloor heating panels
- Insulated CLT sandwich walls
- a wet unit (bathroom) with humidity sensor + extractor
- prefabricated facade with mechanised shutters
- attached balcony with visual + acoustic screen, planting unit, automate shading shutters and PV cell-incorporated glazed canopy
- Dry Construction
- Fast assembly



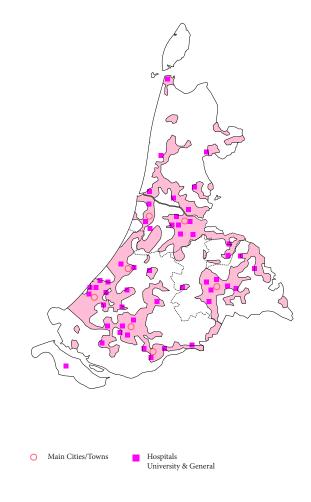
Backcasting

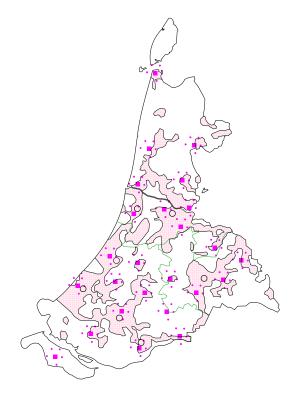






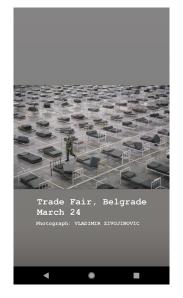
78 Medical IoT









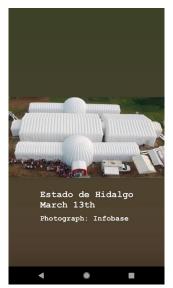












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# **HEALTHCARE IN TRANSITION**

Architecture(s) and processes at the convergence of healthcare and technology

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