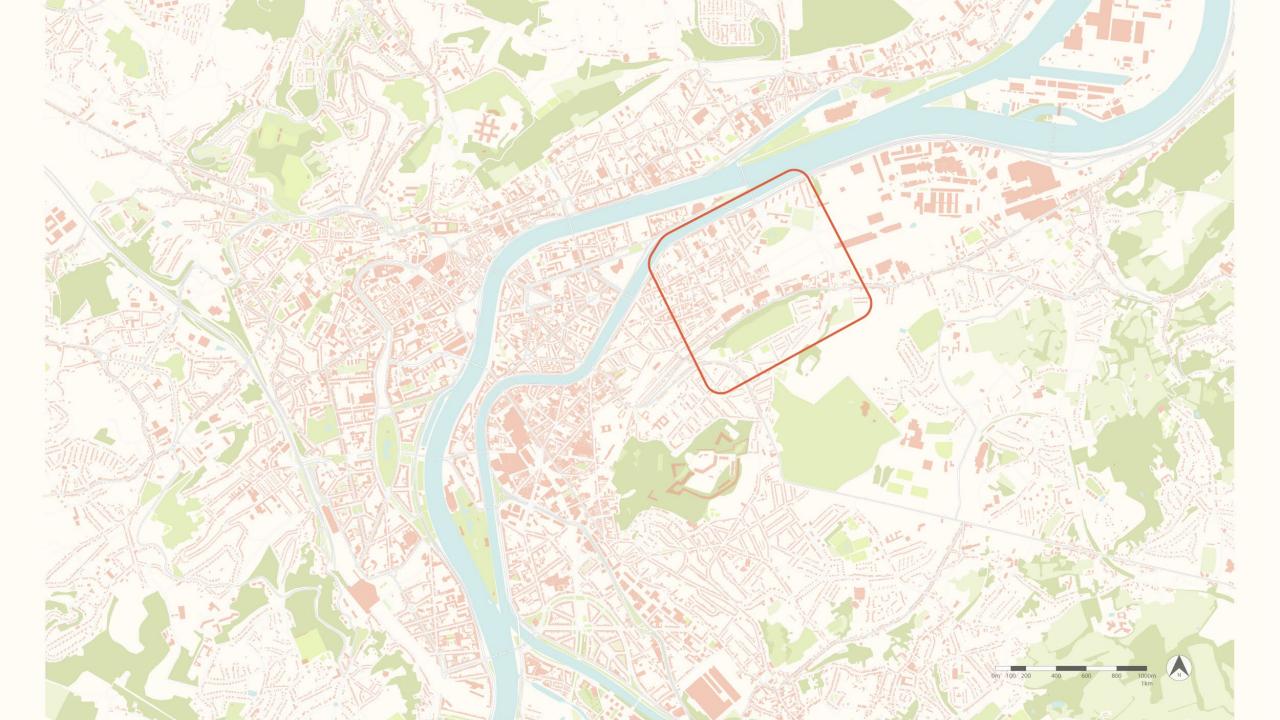
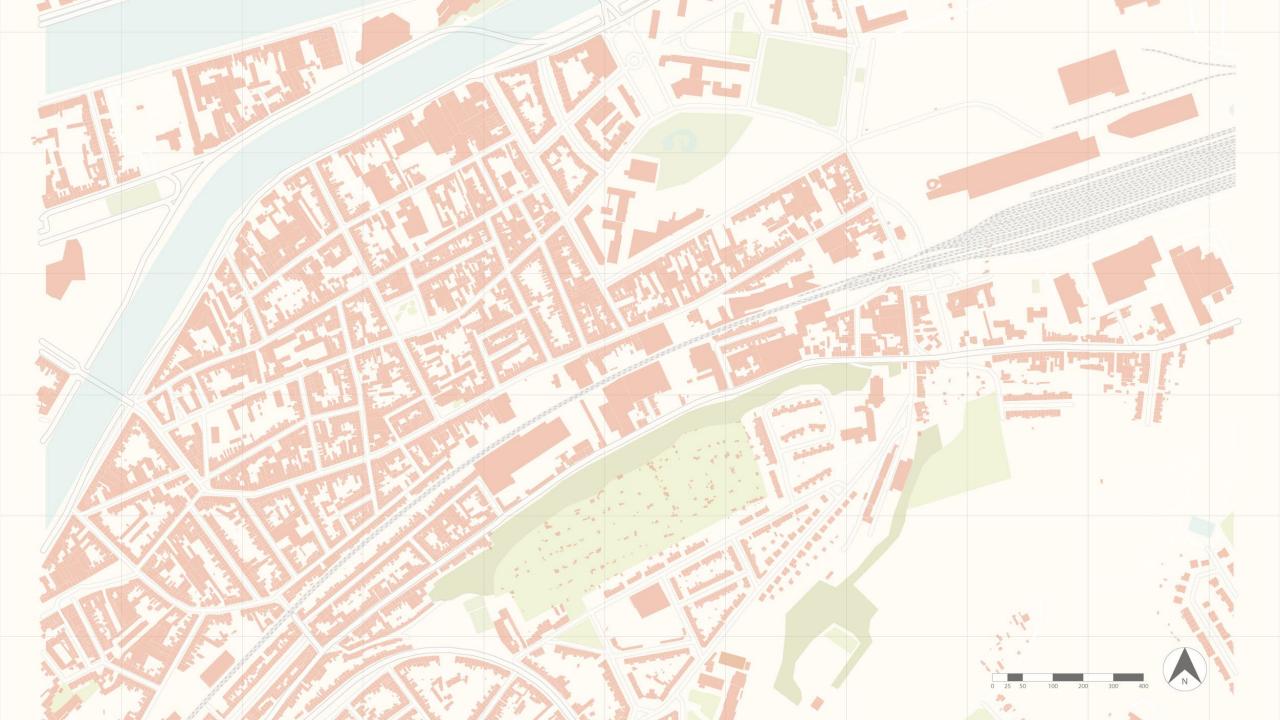
# Nurture in Nature













### le Courant d'air A.s.b.l.



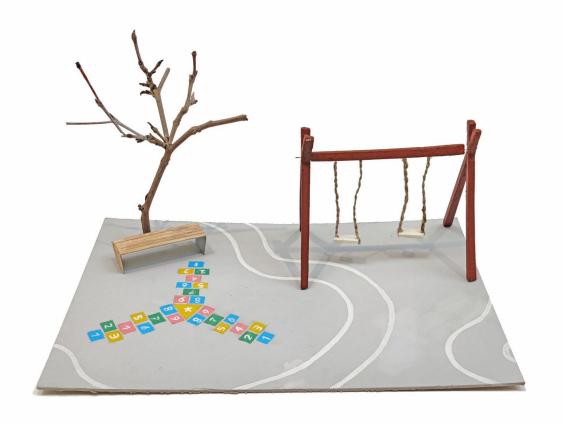


le Courant d'air A.s.b.l.

## Bibliothèque De Rue

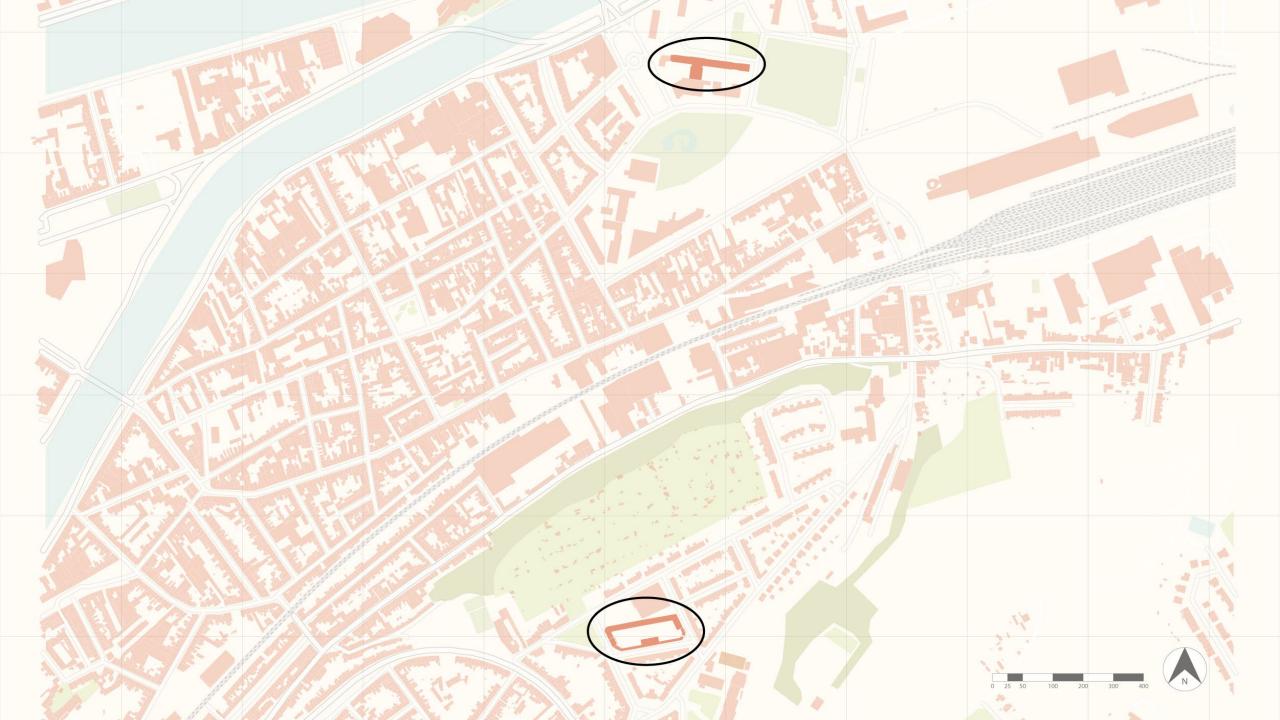


### Place de la Résistance



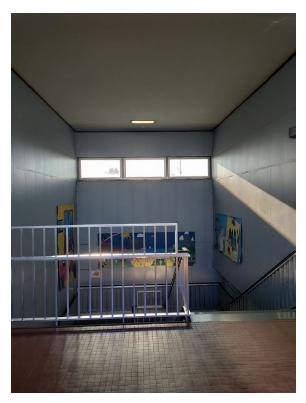


How do the children in Bressoux and Droixhe make use of- and experience their living environment in their free time?











What do you do in your free time? (after school)

What is 'nature'



Definition of nature according to Bratman, Hamilton and Daily:

"Areas containing elements of living systems that include plants and nonhuman animals across a range of scales and degrees of human management"

Personal definition of nature within the context of research:

"A significant (and predominant) concentration of flora and fauna with varying degrees of human management/interaction"













#### Tour Atlas

"Some children that I babysit from time to time almost never leave this neighbourhood with their parents to (for example) visit parks in the city centre." - Mireille Significance of the possibility to connect to nature

How can play and interaction with nature contribute to the psychological development of children in Bressoux and Droixhe?

"Individuals from urban environments have a disadvantage in processing stress when compared to their rural counterparts."

Research of F. Mayer et al. shows that exposure to nature improves attentional capacity, positive emotions and ability to reflect.

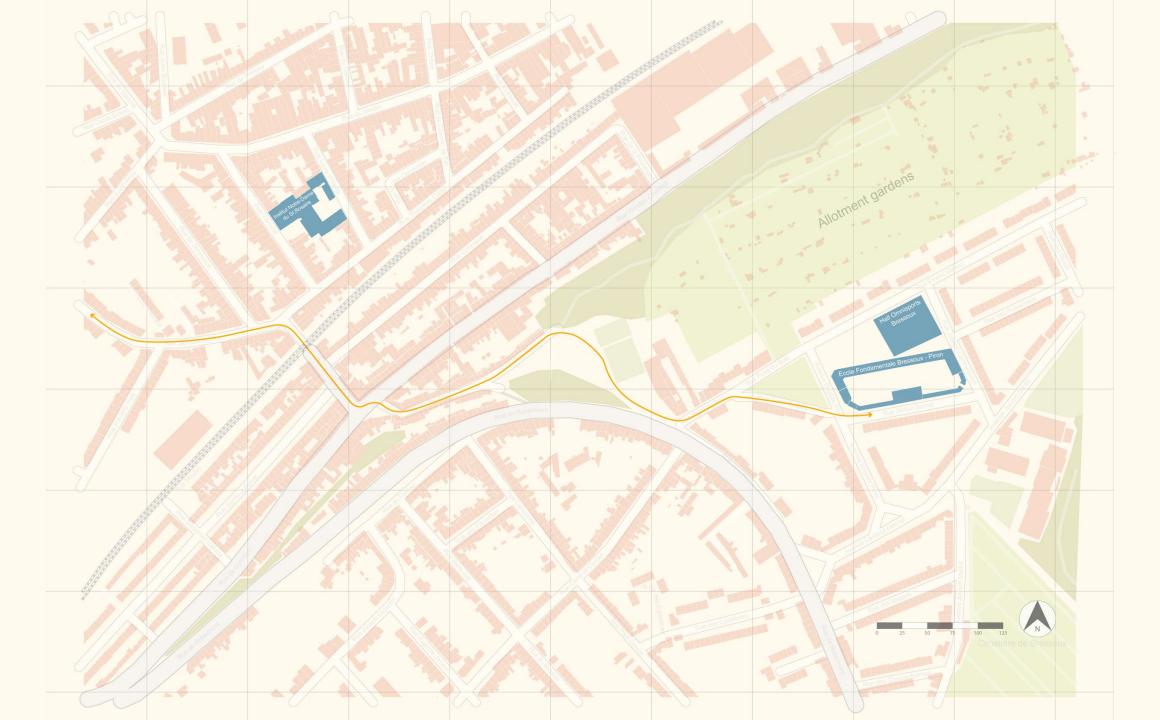
"On average, the more natural a view from home, the better the performance on various concentration, memory and impulse inhibition tests

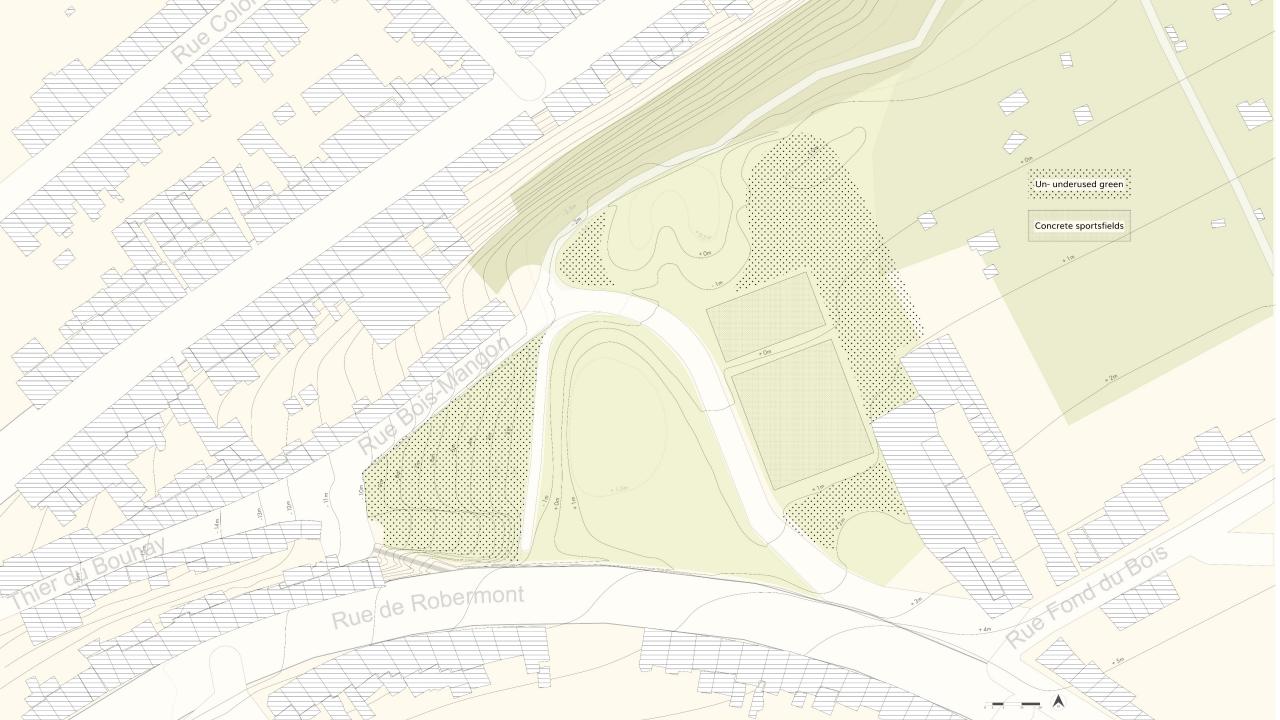
the authors consider the aggregate performance on these tests to correspond to a form of 'self-discipline.' (1)

This has been shown to act as a mediating factor for lower levels of aggression and violence, as well as higher levels of scholastic and career success " (2)











#### Position on Architecture and Nature

In its essence, architecture can not be nature.
It is in its core a synthetic structure with more physical and regulated limits than nature.

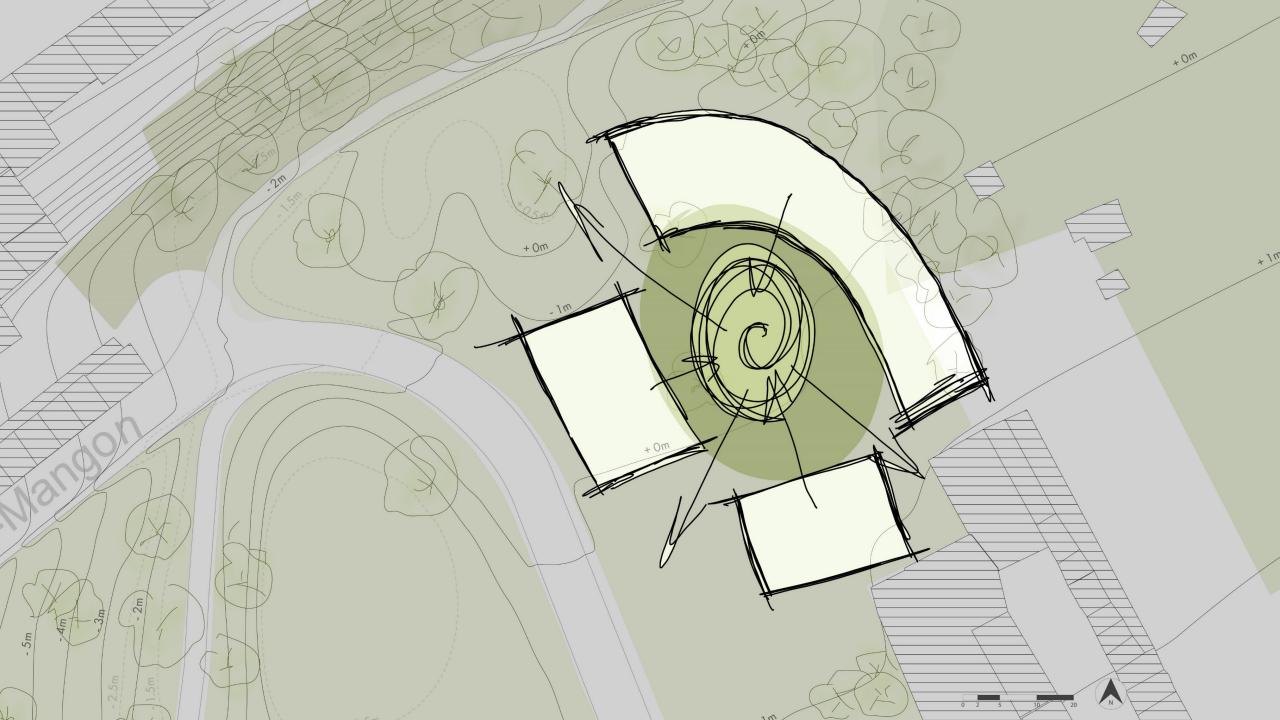
Nevertheless, instead of coexisting, architecture should act upon its (natural) environment and, in a respectful way, create an alliance with nature where one strengthens the other, thereby increasing the users natural experience and connection, which in its way allows for improvement in the psychological wellbeing.





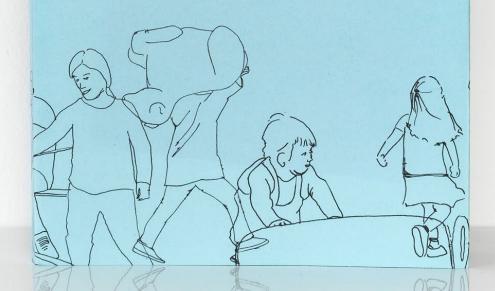






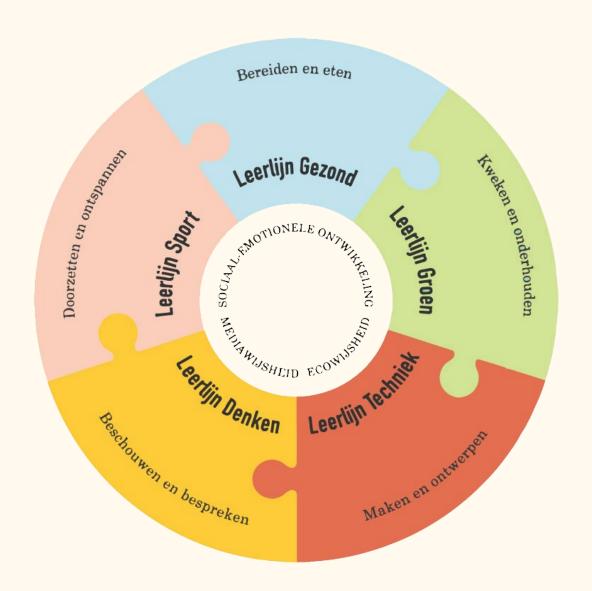
## SPELEN IN DE STAD PLAYING IN THE CITY

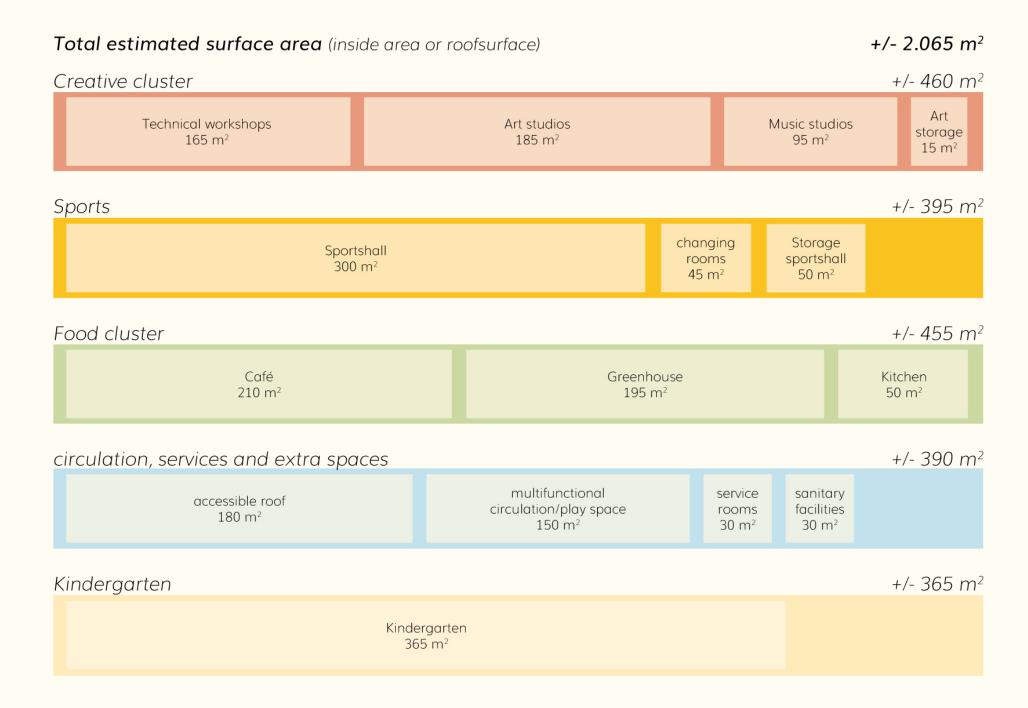
BERTE DAAN KARIN PEETERS ANNA FINK



## Vakmanstad Rotterdam

Skill development and ecological awareness



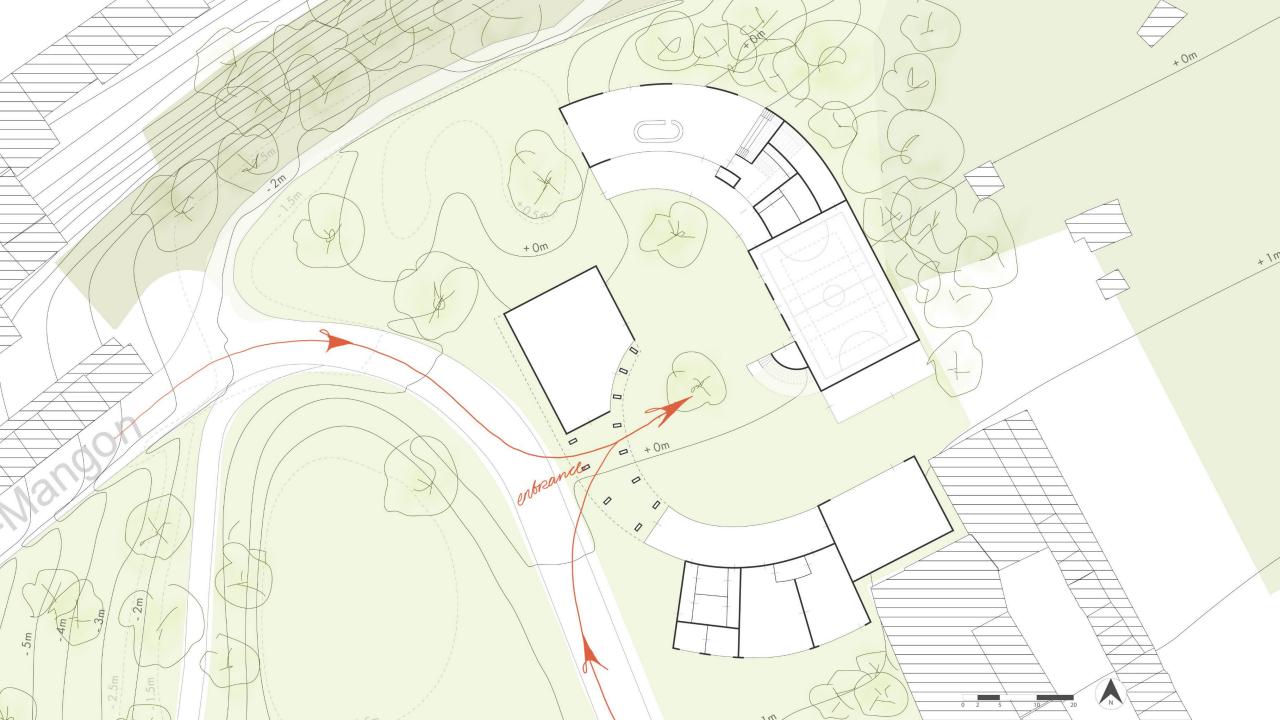








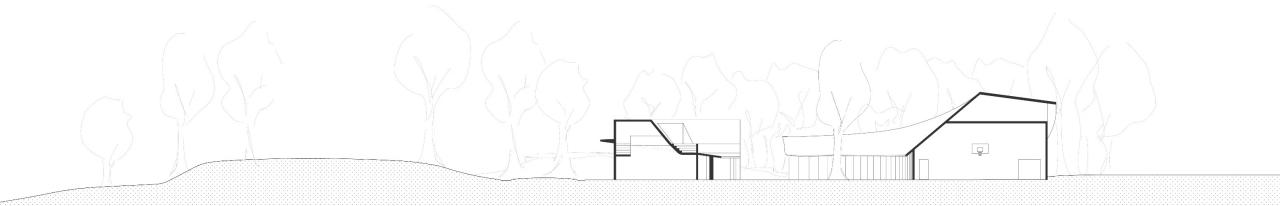












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