# Easing the wall: A workshop to support the identity development of bicultural children

## The problem

Bicultural children, between the ages of 9-12, often struggle with understanding and balancing their dual cultural identities. This challenge becomes more pronounced as they approach the "first wall," a phase of identity questioning and uncertainty about their sense of belonging.

Encourages children to explore and share their cultural heritage by pointing out regions linked to their backgrounds, fostering open dialogue and cultural exchange.

Interactive tool used during group discussions, lighting up in different colors to guide conversations, helping children express their emotions and connect with Zog and Miko.

Provides children with specific cultural activities to complete at home, like preparing traditional meals, encouraging hands-on exploration of their heritage.



## The goal

The project aims to design a workshop toolkit that supports bicultural children in exploring, reflecting on, and strengthening their cultural identity. By fostering cultural pride, empathy, and emotional awareness, the workshop prepares children to navigate this identity development phase with greater confidence before the pressures of adolescence intensify.

Allows children to decorate their printed photos, creating a "Cultural Memory Collage" on the classroom wall, leaving a lasting personal contribution to the space.

Features the story of Zog and Miko, immersing children in a relatable cultural discovery narrative, prompting reflection on their own experiences of identity and belonging.

A guide for teachers to facilitate the workshop, providing step-by-step instructions for each phase and tools to encourage thoughtful discussion and reflection.

#### **Phase 1: Sensitize**



#### **Phase 2: Cultural exploration homework**



### Phase 3: Back to school to discuss



#### Author

**Ryan Tsai** 

#### **Supervisors**

Annemiek van Boeijen Mathieu Gielen

#### **TUDelft**

**Design for Interaction** 

October, 2024





The toolkit is centered around the

cultural journey of Zog and Miko.

Together with them, the children will embark on an adventure to gain and preserve a sense of pride