RESEARCH PLAN

AR3A010

Graduation Studio - Resourceful Housing Adapting 20th century heritage

A. 16 16

Julia Veerhuis | 4870123

3 November 2023

AR3A010

Graduation Studio - Resourceful Housing Adapting 20th century heritage

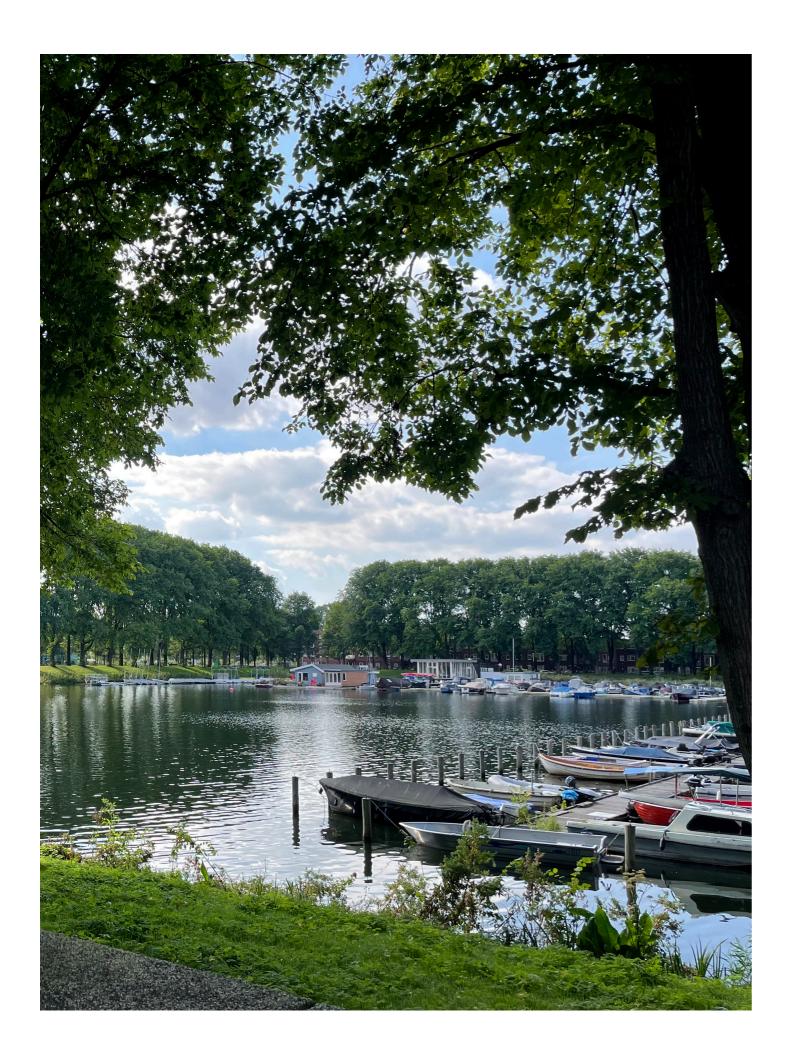
Julia Veerhuis | 4870123

3 November 2023

Delft University of Technology Master track Architecture Heritage & Architecture Department AR3AH105 | 2023/2024 Tutors - Telesilla Bristogianni (research) Uta Pottgiesser (design)

Reviving the past in modernity: Design guidelines for the transformation of 20th century residential buildings in Amsterdam Nieuw-West

A research on the principles of Western Garden Cities and the implementation of this through adaptable building systems in the transformation of 20th century residential buildings in Amsterdam Nieuw-West



CONTENT

01	Introduction				
	1.1 1.2 1.3	Housing crisis and circularity Amsterdam Nieuw-West Research			
02	Prob	lem statement			
	2.1 2.2 2.3	Housing crisis Need for circular solutions Quality Western Garden City			
03	Rese	arch questions			
	3.1 3.2 3.3 3.4 3.5	Research question Research aim Link to the project Broader relevance State-of-the-art			
04	Meth	odology			
	4.1 4.2 4.3	Methods Theoretical framework Timeline			
05	Diag	ram of Research Design			
	5.1 5.2	Diagram of Research Design Hypothesis			
06	References				
	6.1 6.2	Literature Figure list			
07	Арре	endices			
	7.1 7.2	Prelimenary structure research Research cases			

- 7.3 7.4
- Reference projects Relevant literature Western Garden Cities

report

01 INTRODUCTION

1.1 Housing crisis and circularity

One of the biggest social problems facing the Netherlands today is the lack of sufficient housing (Weijer, 2022a). A big change to tackle this issue is to rethink the existing building stock. In 2050, 90 percent of the current dwellings still exist, and these buildings are a great change for renovation (Weijer, 2022b).

"We now have 7.9 million homes of which about 7.3 million must be renovated in some way by 2050. In short: 270,000 renovations per year, and thus 1,000 homes per day to be addressed" - Weijer, 2022b

This can only be achieved by scaling up the Amsterdam Nieuw-West is a relatively new renovation concepts and execute this in many projects, a comprehensive approach. Building in an adaptable way is necessary states van Nunen, lecturer in Sustainable Renovation at the Hogeschool Rotterdam, advisor at BouwhulpGroep and columnist of RenovatieTotaal, in an article from Weijer (2022b). Building with adaptable building systems means thinking about using prefabricated materials, flexibility and demountability in order to accelerate the process, make it cost efficient and minimizing errors in the construction phase. And next to this, the large adventage is that this is a circular way of building. The lifespan of the buildings will be extended and the building materials can be reused in the future.

The Ministry of Economic Affairs and at that time VROM set up the Industrial, Flexible and Demountable (IFD) program. But, the IFD program has not been adequatley translated to the demand, so it never came to scale up in renovation projects. Meanwhile, the principles have also changed, but IFD is still relevant. IFD 2.0 is the follow-up program, where it is more about creating scale by producing building elements in an industrial and flexible way. Moreover, we have too few people on the construction site. So producing building elements in an efficient way is good for the whole construction chain.

Adding an extra layer on top of 20th century residential buildings forms a big change to tackle the renovation issue. This is mentioned in the SEV studies (social-economic research) on redevelopment of existing housing as one of the most promising possibilities (Weijer, 2022a). Next to this, many other interventions in the

current housing stock can be done in order to achieve more circularity, energy efficiency and differentiation in housings.

In this research, Amsterdam Nieuwis being investigated. This post-war West city district offers numerous opportunities for revitalization, making it a potential solution to the housing shortage in the Netherlands. This city district is part of the Western Garden Cities and has recently been listed by the National Cultural Heritage Agency of the Netherlands to have national importance (Havinga et al., 2019).

1.2 Amsterdam Nieuw-West

city district. It was created after the Second World War. The historical roots of the area lie in Sloten, which was initially characterized by peats (Vashti, 2021). Various efforts were made to transform it into a fertile agricultural land, supplying Amsterdam's daily needs. However, as urbanization gradually encroached on this rural landscape, the 'Algemeen Uitbreidingsplan' (AUP (General Expansion Plan)) emerged between 1934 and 1958 (van Eesteren Museum, 2017). The Western Garden Cities are considered a textbook example of modern urbanism as propagated in the 1930s by the architects of Nieuwe Bouwen, who had united in the Congres Internationaux d'Architecture Moderne (CIAM) (Mens, 2020). This is not remarkable, given that the AUP was designed by the chairman of CIAM, Cornelis van Eesteren. The AUP revolutionized Amsterdam's neighbourhood concept, leading to the creation of Amsterdam Nieuw-West.

The AUP was influenced by Ebenezer Howard's garden city concept, emphasizing greenbelts around the city and open building blocks that prioritized green spaces and improved living conditions. The result was an urban plan that featured segregated functions within neighbourhoods, a well-connected green structure, open building blocks, recreational opportunities for all residents, and optimal natural light and air flow.

These thoughts are also implemented in the Western Garden City of Nieuw-West, where the motto 'light, air and space' became important in the development of Dutch postwar expansions. The ideal image of the Western Garden City was about the design of a green structure that had to form a coherent whole,

with a hierarchical structure from the level of the neighbourhood to the level of the city. This created a balanced composition between the built and unbuilt space (Feddes, 2012). Besides this, the 'neighbourhood concept' also became important. This concept was developend from a sociological point of view (Havinga et al., 2019). Where every neighbourhood had its own facilities.

The execution of the plan started with Slotermeer in 1951, this is followed by the their existing building stock, the heritage values construction of the Garden Cities Geuzenveld. and the relationship between architecture and Slotervaart, Overtoomse Veld and Osdorp. The public spaces. entire area was completed in 1965. The focal point This indicates that although the of Nieuw-West is the Sloterplas, surrounded by principles of Western Garden Cities are not the named Western Garden Cities. With a later readily apparent now, it is an important aspect expansion in the 1990s with the neighbourhoods for this neighbourhood. The task of renovation Oostoever Sloterplas, Nieuw Sloten and De is a contemporary one, but can be linked to Aker. The main dwelling typologies in Nieuwprinciples of the past in order not to lose the West consist of tower blocks, slab blocks with qualities conceived then. gallery access, slab blocks with point access, row houses and duplexhouses (Havinga et al., 1.3 Research 2019). This research paper dives into Amsterdam

transformation and renewal.

Nieuw-West, exploring the principles of Western Garden Cities and the shift toward adaptable However, the euphoria about these neighbourhoods did not last for a long time. construction processes. Recognizing the In the 1980s, the Western Garden Cities even pressing housing crisis and the urgent need to became synonymous with squalor crime and transform existing buildings in a circular way, social problems (Mens, 2020). The current this research looks into innovative approaches housing stock is considered as obsolete, both of adaptable building systems, to efficiently architecturally and physically (van Eesteren revitalize this city district. The aim is to propose Museum, 2022). This area faces many problems design guidelines for the transformation of and threats, making it an ideal location for residential buildings in Amsterdam Nieuw-West that revive the Western Garden City principles in a modern way and to the current needs City planners in the past already created plans for urban renewal of this city district. while applying adaptable building systems. A The urban renewal led by Bureau Parkstad matrix will be made in order to get an overview of the principles and ways to transform. This ran from 1999 to 2007 was characterized by large-scale demolition and new construction will provide a comprehensive approach for the plans. The ambitions were concretized in the neighbourhood.



Figure 1: Nieuw-West with the Sloterplas (Stadsarchief, 1974)

development vision 'Richting Parkstad 2015'. that was published in 2001. The report contains the spatial, programmatic, social, financial and procedural aspects of the proposed renewal projects (Mens, 2020). However, the outbreak of the finincial and economic crisis in 2008 made the market fell silent, leading to the return of smaller-scale interventions. This had a postive effect on the initial principles of the AUP, they stay remained. Corporations began to focus more on



Figure 2: Daily life in Nieuw-West (Stadsarchief, n.d.)

02 PROBLEM STATEMENT

2.1 Housing crisis

The Netherlands currently faces a significant housing crisis (Weijer, 2022a). With a growing population and limited available land for new construction, finding a solution has become an urgent matter. The housing crisis is characterized by factors such as a shortage of affordable housing, rising property prices and an increasing demand for housing.

The housing crisis needs to be tackled. This can be done in two ways, building new houses or rethinking the existing housing stock. Where the last strategy is the most sustainable, as we have a large existing building stock. Thus, the housing crisis should be tackled with the transformation of buildings we currently have. They form a perfect opportunity for an innovative approach, also aligning with sustainability goals, making it a promising solution for the Netherlands. As mentioned in the introduction, this can only be achieved by scaling up the renovation concepts and create a comprehensive approach. It offers the opportunity to optimize available space and provide new spaces for dwellings.

2.2 Need for circular solutions

The earth is under great pressure, there are growing needs for raw materials and energy. The construction sector plays a big role in this, this is why change is necessary. Namely, the construction industry consumes 40% of the materials in the world economy, of which only an estimated 20-30% are recycled or reused at the end of their life (Leising et al, 2018). Until now, non-renewable materials are widely used in construction. The extraction, processing and transportation of these products causes a great environmental effect on the earth (Geldermans en Jacobsen, 2015). This means that currently, mainly the linear economy is going on, where products are scrapped after use and are landfilled or incinerated. A solution for this is going from linear processes to circular processes, see figure 4. The definition of building circular can be found in the Circular Economy. This is an economic system that focuses on structural changes in the existing economy. With an increasing population, and thus increasing demand for housing, measures will need to be taken. The Circular Economy is all about the infinite reuse of products, a closed loop.



Figure 3: Vibrant plinth Amsterdam Nieuw-West (Stadsarchief Amsterdam, 1971)

For the building industry, we must consider adaptable building systems with a As stated in the introduction, Amsterdam focus on renewable materials, demountability Nieuw-West, while recognized as a post-war and flexibility. Prefabrication and off-site heritage site, is facing significant issues. The manufacturing leads to a reduced overall city district contains outdated buildings, limited construction schedule, improved quality, and living space, and shifting functions. reduced resource wastage (Lacey et al., 2018). When the city district Amsterdam Besides this, transformation or renovation of Nieuw-West developed, the vision of the existing buildings is more sustainable since Western Garden Cities was implemented, this the carbon emissions, development costs brought a new face to the city. This post-war and construction materials are lower than if neighbourhood with at that time an innovative demolished and rebuilt. approach. It was created with open building blocks in order to create more light, air and space. There is lots of space for greenery that Circular Linear promotes outdoor activity and stimulates social activities (figure 5). At the moment, this vision is long gone, green spaces around housing blocks are barely used and houses are outdated. There is a need for renewal and identifying the initial principles in order to create a liveable environment.

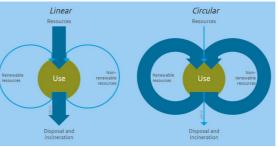
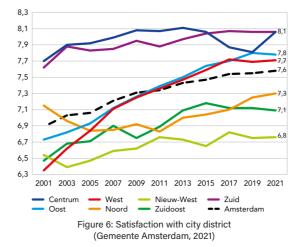


Figure 4: Linear to circular economy (Kenniskaarten, n.d.)



Figure 5: Children playing in Osdorp (Stadsarchief Amsterdam, n.d.)



2.3 Quality Western Garden City

Despite the challenges and changing urban dynamics over time, the Western Garden Cities remain significant in Amsterdam's urban development. The cultural-historical significance of the design and layout of Amsterdam Nieuw-West is expressed primarily in the way that housing plans, building subdivisions and the long lines of public spaces in the form of watercourses, roads and green spaces have been dimensioned and arranged in relation to each other (Mens, 2020). But some of these principles may not meet the current needs of the users.

The neighbourhood shows low satisfactory scores from its residents (figure 6). This is a worrying fact, and due to the lack of renewal and transformation in the neighbourhood the score will not improve soon. In the AUP, the Western Garden Cities should promote the urban quality and the living gualities with several facilities and lots of green, it seems that this failed.

Therefore an investigation is necessary into these principles in order to revive the district, preserve the values and meet the current needs of residents. Transformation is urgent in order to upgrade the buildings, add new dwellings and functions and create a comfortable environment for all its users.

03 RESEARCH OUESTION

3.1 Research question

The research question that will be tackled is a fundamental question that stems from the problem statement. It is a response to a pressing need for circular solutions in the building industry where there is a housing shortage, the growing dissatisfaction with the current living environments and the recognition that the quality of Western Garden Cities is no longer present in Amsterdam Nieuw-West.

What design guidelines can be employed to revive the Western Garden City principles into 20th century residential blocks in Amsterdam Nieuw-West while utilizing adaptable building systems?

The sub questions that will help to answer the main research question are divided into two categories. With each their own research guestion in order to come to a conclusion. The questions are

formulated as follows:

- What are the principles of Western Garden . Cities?
- What are the Western Garden City principles of the urban plan?
- What are the Western Garden City principles of the building typologies?
- What are the Western Garden City principles of the urban life?

- What adaptable building systems are suitable to transform in a sustainable way?
- What can we learn from literature?
- What is the transformation potential of Nieuw-West residential buildings?
- What building systems are used in transformation projects?

3.2 Research aim

This research aims at investigating the Western Garden City principles while embracing adaptable building systems in order to create a sustainable, resilient, and vibrant living environment. Transformation is very important nowadays and helps to improve the building and living qualities while creating space for new dwellings and variations in floorplans. This research investigates the heritage value of the Western Garden City in Amsterdam Nieuw-West and looks at projects with innovative adaptive building systems that help to transform in a circular, cost-efficient and fast way. The importance of the past needs to be brought back to the modern times and relate to the current needs.

Three buildings in Nieuw-West will be evaluated in order to create design guidelines that will revive the district. These buildings are typical residential buildings in Nieuw-West and will therefore represent the housing stock in the neighbourhood. The three research cases, see appendix 7.2, differ in their typology, construction system, parcel form, materials and other aspects.



Figure 7: Sloterplas (own image)

overarching strategy for addressing the present The research will provide design guidelines in the form of a matrix on a spatial condition comprehensively. Because this city scale and building scale for Amsterdam Nieuwdistrict contains a lot of the same residential West to transform existing post-war residential buildings, there is an opportunity to establish buildings to a modern, innovative and community guidelines for the neighbourhood to transform. based design while reviving the vision of the This could help the city district transform to a liveable environment with the use of efficient past. interventions.

3.3 Link to the project

This research links to the graduation project in two ways. (1) The investigation and goal of Many research has been done about the Western reviving the Western Garden Cities relates to Garden Cities, different books and articles form the spirit of the city district Amsterdam Nieuwa very good overview of the principles on the West. The neighbourhood needs a boost and neighbourhood and building scale (appendix 7.4) revaluation about the Western Garden Cities. (2) They all address the need for the neighbourhood to transform and their characteristics. Their is a Next to this, there is an urgent need to transform in a circular way in order to stop the world from discussion on how to transform and there is no clear answer, this research will try to fill this gap running out of its supplies sooner and sooner. Adaptive building systems can be applied when and create a comprehensive approach. transforming. These two parts of the research Adaptable building systems is a common

link to the question of the studio: How can approach in the construction of new buildings, there are many theories and examples of these circularity and heritage approaches join forces? Thus, the past meets modern times. structures. But, in transformation projects, this falls behind. As stated in the introduction, there 3.4 Broader relevance is the IFD program (Weijer, 2022b). This is a There is little knowledge of building with contemporary approach in existing projects but adaptable building systems in the transformation still needs more attention and needs to scale-up. of existing residential buildings. In the future, The gap in using adaptable systems in existing this can be very relevant in order to transform buildings will be filled with this research, in order these buildings in an efficient and fast way. Also, to transform in faster and more circular in the local residents will be less inconvenienced by future. The theoretical framework will further the construction work. Additionaly, Amsterdam elaborate on theories that will be used in order Nieuw-West recognizes the importance of the to form a conclusion on the research questions. principles of the past, yet there's currently no



Figure 8: Amsterdam Nieuw-West (own image)

3.5 State-of-the-art

04 METHODOLOGY

4.1 Methods

The research question consists of two parts, where the principles of the Western Garden Cities will be investigated on the one hand and the adaptable systems on the other hand. These two parts are subdivided by several questions in order to define a conclusion. Every subquestion has their own methods, where some will overlap. Literature review for example is very important for background information.

The used methods are outlined below:

1. Literature review

A literature review will be used in order to collect information about the historical development of Western Garden Cities and apdaptable building systems. The information will be collected from books, municipal documents and other public documents. This will gain insight in the different A lot of buildings nowadays are built with topics and gives a comprehensive overview.

2. Site observation

This research looks at the existing situation of the built environment and collects information about the current state. Also, how the spaces are being used will be observed. This will provide pictures and an understandig about the neighbourhood and the current state.

3. Documentary analysis

This documentary analysis will look at historical photos from the 20th century derived from Stadsarchief. This will give insight in how the previous condition was and how this has changed over time. This is somehow also a comparative study where the values of the past will be compared to the current state.

4. Spatial mapping

Through mapping, the urban typology and principles will be made clear. The current situation has been changed over time and thus, the current situation will be compared with the historic map. This will make it visible that the Western Garden City has been changed. Shops are gone, green spaces are empty etc.

5. Comparative study (matrix)

modular systems, adaptable structures or are designed to be disassembled in the future. This provides an efficient and circular way of builling. Through the comparison of multiple references, a matrix will be set up with some key aspects. This provides an overview of used systems in the building industry. Appendix 7.3 already shows examples of projects that could be relevant for this study. However, there is little knowledge about adaptable building systems, thus we can also learn from other references like



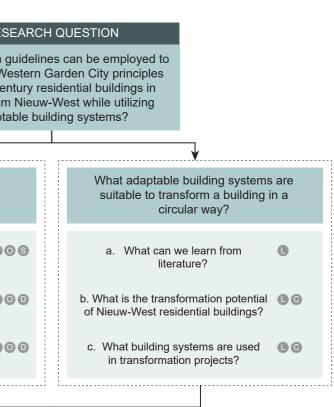
Figure 9: Impression Amsterdam Nieuw-West (own image)

a church or an office building. This expands the The methodological framework (figure 10) research.

comparative study on three different buildings in the area (appendix 7.2), who represent the neighbourhood. These buildings will be assesed on their ability to transform, their role in Nieuw-West and the user preferences.

RESEARCH RES What design of revive the Weight of		
INVESTIGATION What are the principles of Western Garden Cities? Methods What are the Western Garden Cities? What are the Western Garden City principles of the urban plan? b. What are the Western Garden City principles of the urban plan? c. What are the Western Garden City principles of the urban life? What are the Western Garden City (a) b. What are the Western Garden City (b) c. What are the Western Garden City (b) c. What are the Western Garden City (b) c. What are the Western Garden City (c) d. What are the Western Gar	RES	RESEARCH
Methods Iterature review Image: Comparative study	revive the W into 20 th ce Amsterdan	
Methods Iterature review Image: Comparative study	↓	
Methods Literature review • Site observation • Occumentary analysis • Spatial mapping • Comparative study • INTEGRATION •	What are the principles of Western	INVESTIGATION
Site observation Site observation Documentary analysis Documentary analysis Spatial mapping Solution Comparative study Comparative study Comparative study Stepsilon INTEGRATION ANALYSIS How can the transformation of transformatio		Methods
Site observation Documentary analysis Spatial mapping Somparative study Comparative study INTEGRATION INTEGRATION ANALYSIS How can the transformation of transfo	a. What are the Western Garden	Literature review
Spatial mapping Image: S	City principles of the urban plan?	Site observation O
Comparative study C. What are the Western Garden City principles of the urban life? INTEGRATION ANALYSIS How can to tranformation of Eggue 10: Method		Documentary analysis
Comparative study City principles of the urban life? INTEGRATION ANALYSIS How can t tranformation o E Guideli Figure 10: Method		Spatial mapping
How can t tranformation o DEs Guideli Figure 10: Method		Comparative study
How can t tranformation o DEs Guideli Figure 10: Method		
tranformation o DES Guideli Figure 10: Method	ANALYSI	INTEGRATION
Guideli Figure 10: Method		
Guideli Figure 10: Method		
Figure 10: Method	DE	
	Guideli	

forms an overview of the used methods for The reserach will also conduct a the research. The different research methods are here connected to the subquestions of this research. Appendix 7.1 contains a preliminary structure for the research.



S OF FINDINGS - MATRIX

this be implemented in the of a 20th century building block?

SIGN STRATEGIES

nes of how to transform

dological framework ed by author)

04 METHODOLOGY

4.2 Theoretical framework

The research question will be answered by using the methods described on the previous pages. Some subjects in the research need extra theory in order to collect data. Therefore, a theoretical framework has been established (figure 11).

The transformation potential of Nieuw-West buildings will be assessed according to Bernard Leupen his approach from Yegenoglu at al., (2008). Leupen guestions changeability of the permanent. Where a building is designed to research as there is still little information about last while society continues to grow. He identifies four functions in his framework to examine the layers of the building: the load-bearing structure, the skin, the interior and the serving elements. Yegenoglu et al. extend these functions by also looking at the surroundings, the framework is expanded to include the functions of parcel form, outdoor space and infrastructure. By applying Leupen's model at these two levels, it is possible to describe the transformation possibilities of the Western Garden Cities.

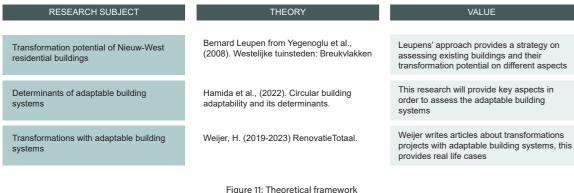
The adaptable building systems of existing transformation projects also need to be reviewed, therefore different aspects of these project will be assessed in order see how circular their adaptable building system is. To find these key aspects to form a matrix, the determinants of Hamida et al., (2022) will be used. They define aspects such as: flexibility, maintainability, materiality and dismantlability.

Also, material need to be collected about these projects. Weijer is specialised in renovations with adaptable building systems and writes a lot of articles about it. These articles from RenovatieTotaal will be used to collect several projects and information about it, see appendix 7.3.

4.3 Process & timeline

The process is visible in the timeline, figure 12. After a site visit and defining the problem statement, the research begins by collecting material from adaptive building systems in buildings (appendix 7.3), a selection will be made from this and what is useful for answering the sub-question. After collecting, the projects will be studied and see if enough information is available. This could also be a risk in the transformation projects with smart building systems. If this is the case, a construction company or architectural firm will be approached.

A lot of information has already been gathered about Western Garden Cities, but this will be further elaborated and compared with the current wishes of residents starting in week 10. For the different scales of the sub questions, maps will be made prior to that period in order to gain more insight into the area and already perform an initial analysis. After this, further work can be done to implement the principles during this time.



(illustrated by author)

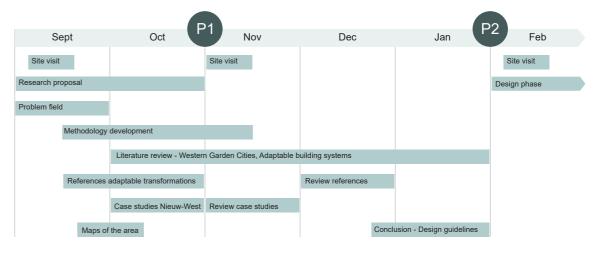




Figure 13: Impression Amsterdam Nieuw-West (illustrated by author)

Figure 12: Timeline first semester (illustrated by author)

05 DIAGRAM OF RESEARCH DESIGN

5.1 Diagram of research design

Figure 14 shows the diagram of research design. This provides an overview of the research in relation to the design case. The research came out of a personal interest about the technical side of buildings and the interest of diving into the history of existing urban plans in order to transform in the best possible way and not let past visions be lost. Besides this, transformation of existing buildings is a very sustainable solution to the houding crisis and smart building systems can help to do this quickly and efficiently.

In order to formulate the research question, the problems were defined. This problem statement results in a research question and a design question. The research question can be answered through a thematic research where literature, reference projects and other related aspects will be studied. This results in a analysis of the findings that can give grip and provide design guidelines, in the form of a matrix, for the design in the next semester. The design question overlaps with the research question, the findings of the research will be implemented in the design. But, the design case also needs an eleborate study. Where the site and building itself need to be analyzed, with apsects like context, scale, technology or typology. After this, a value assessment will be done that provides a framework of what to preserve and what to change.

5.2 Hypothesis

There are a lot of residential buildings in Amsterdam Nieuw-West with the same typologies, for this the research will give general guidelines to transform efficiently with adaptable building systems that contribute to a circular future. Because this area is recognized as national heritage, it is important to dive into the principles of the area and revive it in modern times. Of course, urban dynamics and residents' desires have also changed from the past, so some values will not matter and need to be modernized. It is expected that this research will provide a solid basis for transforming residential buildings in Nieuw-West, providing the municipality a matrix with guidelines. In the design case, this will be tested on one of the three research cases (appendix 7.2). The design case will form an example on how to transform residential buildings in Nieuw-West and revive the city district while not losing the vision of the past.

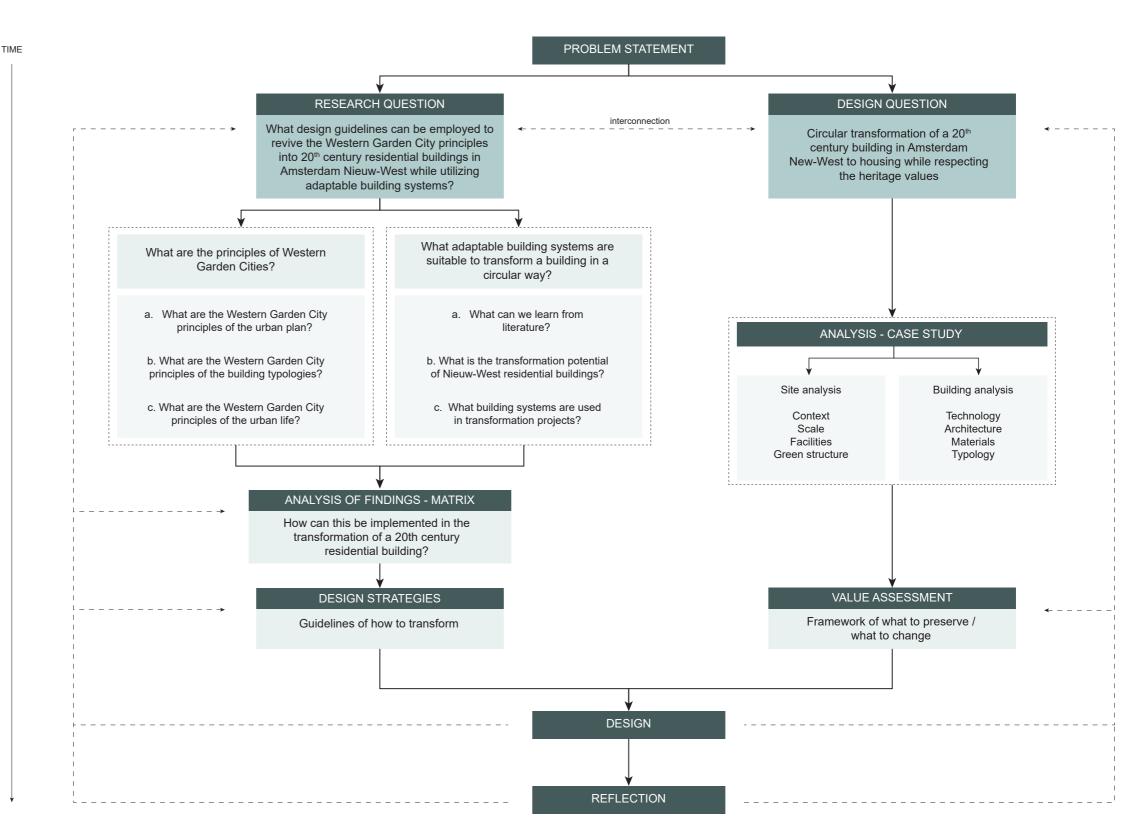


Figure 14: Diagram of research design (illustrated by author)

06 REFERENCES

6.1 Literature

Feddes, Y., (2012). Het groene kapitaal van tuinsteden. AGORA Magazine 28(2), 14-16. https://doi. org/10.21825/agora.v28i2.2212

Geldermans, R. J., & Jacobsen, L. R. (2015). Materialen & Circulair Bouwen: Vervolgonderzoek Pieken in de Delta project REAP+. TU Delft Open.

Gemeente Amsterdam. (2021) Wonen in Amsterdam 2021 Leefbaarheid. Amsterdamse Federatie van Woningcorporaties.

Havinga, L., Colenbrander, B., & Schellen, H. (2019). Heritage attributes of post-war housing in Amsterdam. Frontiers of Architectural Research, 9(1), 1–19. https://doi.org/10.1016/j.foar.2019.04.002

Lacey, A. W., Chen, W., Hao, H., & Bi, K. (2018). Structural response of modular buildings - An overview. Journal of Building Engineering, 16, 45–56. https://doi.org/10.1016/j.jobe.2017.12.008

Leising, E., Quist, J., & Bocken, N. (2018). Circular Economy in the building sector: Three cases and a collaboration tool. Journal of Cleaner Production, 176, 976-989. https://doi.org/10.1016/j. jclepro.2017.12.010

Mens, N. (2020). Waardering en stedelijke vernieuwing van de Westelijke Tuinsteden in Amsterdam. Bulletin KNOB, 19-37. https://doi.org/10.7480/knob.119.2020.3.689

Renovatietotaal (2022, December). Prefab oplossingen voor uw technische vraagstuk. RenovatieTotaal. Nr 7.

RenovatieTotaal. (2023, June). Opgehoogde galerijen Wiltonflats worden echte ontmoetingsplaats. Renovatiekrant. Nr 4.

Rijksdienst voor Cultureel Erfgoed. (2016). Wederopbouw, een kansrijke erfenis. Ministerie van Onderwijs, Cultuur en Wetenschap. Rijksdienst voor Cultureel erfgoed, 2016.

Van Eesteren Museum. (2017, March 19). Westelijke Tuinsteden. Van Eesteren Museum. https:// vaneesterenmuseum.nl/nl/de-tuinsteden/westelijke-tuinsteden-2/

Van Eesteren Museum. (2022, May 23). Vernieuwing Westelijke Tuinsteden - sociale huisvesting en erfgoed. Van Eesteren Museum. https://vaneesterenmuseum.nl/nl/vernieuwing-westelijketuinsteden-sociale-huisvesting-en-erfgoed/

Vashti, M., (2021). Finding Common Grounds - Adapting Heritage Meaning in the Renewal of Socially Diverse Couperusbuurt. Delft University of Technology.

Weijer, H. (2019, September). Duurzame renovatie van woningen kan sneller en goedkoper met prefab. RenovatieTotaal. Nr 5.

Weijer, H. (2021, December). Energieleverende hoogbouwflat in Utrecht dankzij prefab gevel. RenovatieTotaal. Nr 7.

Weijer, H. (2022a, June). Optoppen als redding voor de woningnood. RenovatieTotaal. Nr 3.

Weijer, H. (2022b, December). "IFD 2.0 hard nodig voor renovatie van 1000 woningen per dat tot 2050", Renovatiekrant, Nr 7.

Weijer, H. (2022c, December)."Prefab moet altijd ten dienste zijn van ontzorging in een project". Renovatiekrant. Nr 7.

Woutersen, B. (2022, September). Circulaire renovatie op Schiphol Trade Park geeft gebouw iets extra's. RenovatieTotaal. Nr 5.

Yegenoglu, H., Droog, M., Bolier, D., Vullings, N., Supèr, M., Goossens, L., Rohaan, G., Van Der Ham, M., Gielleit, T., & Avdic, M. (2008). Westelijke Tuinsteden: Breukvlakken - Urbane woontypologiën in de Westelijke Tuinsteden, Amsterdam. TU Delft.

6.2 Figure list

1. Nieuw-West with the Sloterplas (1974). Luchtfoto Slotermeer-Zuidwest. Stadsarchief Amsterdam.

2. Daily life in Nieuw-West (1971). De kar van kaashandel Gerrit Wals op Tussen Meer. Stadsarchief Amsterdam

3. Virbrant plinth Amsterdam Nieuw-West (1971). Behang Centrum West 'De Houtban' Stadsarchief Amsterdam

4. Linear to circular economy (2021, March 16). A circular economy differs from a linear economy, but how? Kenniskaarten - Het Groene Brein. https://kenniskaarten.hetgroenebrein.nl/en/knowledgemap-circular-economy/how-is-a-circular-economy-different-from-a-linear-economy/

5. Children playing in Osdorp (n.d.). Het winkelcentrum Osdorp met een beeldengroep en fontein naar het ontwerp van Bolhuis. Stadsarchief Amsterdam.

6. Satisfaction with city district (2021). Wonen in Amsterdam 2021 Leefbaarheid. Gemeente Amsterdam. Amsterdamse Federatie van Woningcorporaties.

7. Sloterplas (2023). Own image.

8. Amsterdam Nieuw-West (2023). Own image.

9. Impression Amsterdam Nieuw-West (2023). Own image.

10. Methodological framework (2023). Illustrated by author.

11. Theoretical framework (2023). Illustrated by author.

12. Timeline first semester (2023). Illustrated by author.

13. Impression Amsterdam Nieuw-West (2023). Own image.

14. Diagram of research design (2023). Illustrated by author.

07 APPENDICES

7.1 Prelimenary structure research report

00	Abstract		5.3	5.2.3 Housing typology 5.2.4 Courtyard Values of the residents
01			5.5	5.3.1 Statistics
01	Introduction			5.3.2 Social segregation
	1.1 Site introuction			5.3.3 Public functions
	1.1.1 City of Amsterdam			5.3.4 Daily life
	1.1.2 Amsterdam Nieuw-West		5.4	Preferences of the residents
	1.2 Algemeen Uitbreidingsplan			5.4.1 Current needs
	1.2.1 Background		5.6	Conclusion and reflection
	1.2.2 Concepts of the expansion plan1.2.3 Development of Western Garden Cities			
		06	Δda	ptable building systems
	1.3 Housing crisis 1.3.1 The task	00	6.1	Learning from literature
			0.1	6.1.1 Background information
	1.3.2 Solutions			6.1.2 Why is there a need
	1.4 Circular economy			6.1.3 Building materials
	1.4.1 Definition 1.4.2 Shifting			6.1.4 Material joints
	1.4.2 Shifting 1.4.3 Adaptable building systems		6.2	Transformation possibilities
	1.5 Diagram of research design		0.2	6.2.1 Assessment framework
	1.5 Diagram of research design			6.2.2 Building typologies
				6.2.3 Analysis
02	Problem statement			6.2.4 Findings
	2.1 Problem analysis		6.3	Transformation projects
	2.1.1 Need for sustainable solutions		010	6.3.1 Introduction
	2.1.2 Quality Western Garden Cities			6.3.2 Adaptable building syste
	2.1.3 Dissatisfaction with the living environment			6.3.3 Conclusion
	2.2 Problem statement		6.4	Conclusion and reflection
03	Research question 07		Desi	gn guidelines
	3.1 Research question		7.1	Spatial strategy
	3.2 Research aim		7.2	Building strategy
	3.3 Link to the project		/12	Building chalogy
	3.4 Broader relevance			
	3.5 State-of-the-art	08	Cone	clusion
			8.1	Conclusion
			8.2	Discussion
04	Methodology			
	4.1 Theoretical framework			
	4.2 Methodology	09	Refle	ection
	4.2.1 Methods			
	4.2.2 Methodological framework	10		
	4.2.3 Timeline	10	Refe	rences
			10.1	Literature list
05	Drinsinles of Western Conden Oities		10.2	Figure list
05	Principles of Western Garden Cities			
	5.1 Principles of the urban plan			
	5.1.1 Urban structure	11	App	endices
	5.1.2 Green structures		••	
	5.1.3 Connection Sloterplas			
	5.2 Principles of the building typologies			
	5.2.1 Open building blocks			
	5.2.2 Building block typology			

IS ion

stems

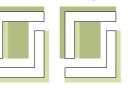
7.2 Research cases



Marcellus Emantsstraat

Area:

Slotermeer Typology: Duplexwoningen Levels: 2 Construction: Concrete + timber Parcel form: Open

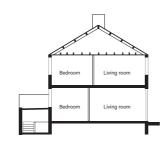


間

LIT : LINK No // Packtria

Section

Section





Ground Floor



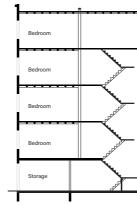
Johan Jongkindstraat

Slotervaart Area: Typology: Porch flat Levels: 5 Airey Construction: Parcel form: Strips









Ground Floor





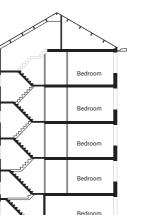
Isaak Gosseshof

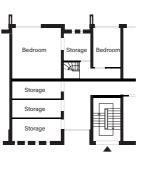
Slotervaart Area: Porch flat Typology: Levels: 5 Concrete + timber Construction: Parcel form: Hooked





Section





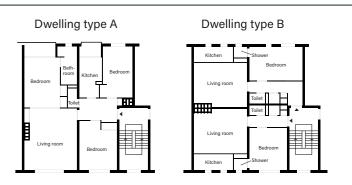
Ground Floor



22

First Floor





First floor



Second, third, fourth floor



7.3 Reference projects

- 1. Jan Kattein Architects Garages into studios for young entrepreneurs Noth London, United Kingdom
- Minimum amount of construction work, they use the existing structure
- Use of low-carbon materials, that can be repurposed later
- Temporary project, demountable



Frearson, A. (2023, July 14). Jan Kattein Architects converts garages into studios for young entrepreneurs. Dezeen. https:// www.dezeen.com/2023/07/12/angel-yard-studios-jan-kattein-architects/#:~:text=Jan%20Kattein%20Architects%20 has%20created,facility%20that%20supports%20young%20enterprise.

- 2. Solar Decathlon Delft University of Technology Transforming 'portiekflats' The Netherlands
- Transform the buildings blocks to comfortable and low-energy homes
- Turning porch flats into gallery flats to achieve more social cohesion and create more space
- Circular facade system, newly devoloped composite material from recycled materials and with high insulation values
- Focus on rapid execution, teams works with prefabricated materials



BNA Branchevereniging Nederlandse architectenbureaus. (2022, January 12). Nederlandse inzending Solar Decathlon biedt oplossing voor circulaire transformatie van naoorlogse portiekwoningen. https://www.bna.nl/nieuws/nederlandseinzending-solar-decathlon-biedt-oplossing-voor-circulaire-transformatie-van-naoorlogse-portiekwoningen

3. De Loods Architectenen Adviseurs - Office spaces to housing Flierbosdreef, Amsterdam

- Transformation and addition of two storeys
- Plinth is transformed to mostly glass for transparency, connect with the public space
- Smart and flexible solutions, future proof
- Relate to the human scale, new facade panels, more subtle frame layouts
- Prefab elements



GoedverzorgdOnline. (2022, May 30). Transformatie Flierbosdreef | Projecten | De Loods Architecten en Adviseurs. De Loods Architecten En Adviseurs. https://deloods.nl/projecten/transformatie-flierbosdreef/

4. Plegt-Vos (commissioned by housing corporation SWZ) - Office spaces to housing Zwolle, The Netherlands

- existing buildings to new houses in a quick way
- Fast, sustainable en affordable housing



verhalen/transformatie-kantoor-levert-zwolle-88-woningen-op/

- The new 'Stimuleringsregeling Flex- en Transformatiewoningen' makes it possible to transform

- Use of the 'Slimme Huizenfabriek', a factory that builds standard / prefab materials

Plegt-Vos. (n.d.). Transformatie kantoor levert Zwolle 88 woningen op | Plegt-Vos. Plegt-Vos. https://www.plegt-vos.nl/

5. MOR Studio - From abandoned data centre to sustainable housing Utrecht, The Netherlands

- A net-positive transformation of an old data centre into housing for 206 students

- This adaptive reuse strives for a positive social impact while being as sustainable as possible
- Materials are being reused and carefully selected, water and energy strategies are implemented so
- that the building contributes positively to its surroundings
- Striving for an energy positive and nature inclusive design



MOR Studio. (n.d.). Baobab Utrecht, Van leegstaand datacenter Naar Duurzame Studentenhuisvesting. https://www. morstudio.nl/nl/baobab-utrecht

6. Space&Matter - Transforming Nokia Island into an innovation district for circularity Tehdassaari, Finland

- Combining sustainable development and circular economy solutions
- "Once closed off to much of the general public, the Nokia factory will be transformed into a site where all people can see, feel and experience first-hand the principles of the circular economy."



Space&Matter. (n.d.). Transforming Nokia Island into an innovation district for circularity. https://www.spaceandmatter.nl/ work/tehdassaari

- 7. Space&Matter Transforming a municipal district office into an open, residential building Amsterdam, The Netherlands
- Giving new meaning to existing structures
- residential building filled with 36 distinct Smartlofts and various shared spaces - Efficient layout: with minimal circulation space and no separation of functions, the residents are free to define and adapt the infill of their homes however they please



Space&Matter. (n.d.). JFK Smartlofts - Transforming a municipal district office into an open, residential building. https:// www.spaceandmatter.nl/work/jfk-smartlofts

8. Zijdekwartier (commissioned by Willems Vastgoed) - Elevated galleries in Schiedam Wilton flats become real meeting places Schiedam, The Netherlands

- Focussed on sustainability, increased comfort and improved liveability
- Indoor balconies have become outward-facing
- Galeries twice as wide



RenovatieTotaal. (2023, June). Opgehoogde galerijen Wiltonflats worden echte ontmoetingsplaats. Renovatiekrant. Nr 4.

- Together with future inhabitants, they transformed a former municipal district office into a multi-



9. Bouwhulpgroep - Renovation of 10 houses Montfoort, The Netherlands

- 1970s social housing owned by housing corporation GroenWest

- De Poorters of Montfoort are the first houses in the Netherlands renovated according to the principles of Active House, using a sustainable renovation concept developed by the VELUX Group and Danfoss

- Completely natural gas-free and demountable renovated
- Energy-generating dwellings



Weijer, H. (2022b, December). "IFD 2.0 hard nodig voor renovatie van 1000 woningen per dat tot 2050". Renovatiekrant. Nr 7.

10. HappelCornelisseVerhoeven - Transformation of Christus Koningkerk into depot of Historical Center Heerlen, The Netherlands

- Modernist parish church designed in 1965 by Jan Jozef Fanchamps

- Hebel aerated concrete was used in this project, because of its good fire resistance properties and speed and efficiency in execution

- After assembly of the steel structure, construction of Hebel walls in combination with sandwich panels could start immediately. The construction time was now several days versus weeks, if plaster walls had been used



Weijer, H. (2022c, December)."Prefab moet altijd ten dienste zijn van ontzorging in een project". Renovatiekrant. Nr 7.

11. BBM Architects - Tranformation of the Heilige Hart Kerk to housing Breda, The Netherlands

- 18th century church designed by Piet van Genk
- to 232 m²
- Built in between the existing structure



Weijer, H. (2022c, December)." Prefab moet altijd ten dienste zijn van ontzorging in een project". Renovatiekrant. Nr 7.

12. Kokon Architectuur & Stedenbouw - Addition of 5 homes on top of existing Heiligharn apartment building

Den Helder, The Netherlands

- Apartment building 1970, 237 rental homes

- On the roof, a steel structure is made on steel legs, which rest on the existing exterior walls and load-bearing partitions. The steel beams form the foundation for the Ytong Cascos system. Aerated concrete is 3x lighter than concrete, which is a significant advantage when elevated. But besides the light weight, the building physics properties of aerated concrete were also very important in the choice of housing foundation Den Helder. This mainly concerned the heataccumulating, sound-insulating and fire-resistant properties.



Weijer, H. (2022c, December)."Prefab moet altijd ten dienste zijn van ontzorging in een project". Renovatiekrant. Nr 7.

- Using Silka sand-lime brick elements, twenty homes were built, varying in surface area from 50



13. Heembouw - Renovation of the Circular Pavilion at business park Schiphol Trade Park Hoofddorp, The Netherlands

The architect had placed rental units in the remnants of the original shed, and for the construction of those rental units we chose Skellet profiles. Such a Skellet profile is a cruciform, steel tube with recessed surfaces, in which holes are punched every 25 mm. Each connecting piece is developed with the same holes and can connect to this grid each time, making building with Skellet very easy
 A new structure can be built using the loose parts, even with a completely new function



Woutersen, B. (2022, September). Circulaire renovatie op Schiphol Trade Park geeft gebouw iets extra's. RenovatieTotaal. Nr 5.

14. Inside Out - Renovation of a high-rise apartment building Utrecht, The Netherlands

- High-rise apartment building with 58 social housing units owned by housing corporation Bo-Ex
- Europe's first energy-producing high-rise apartment building
- Prefab solutions

- Innovative Inside Out renovation system, which integrates installation components such as heating, ventilation and energy generation into one multifunctional building element that is placed on the outside of the apartment.



Weijer, H. (2021, December). Energieleverende hoogbouwflat in Utrecht dankzij prefab gevel. RenovatieTotaal. Nr 7.

7.4 Relevant literature Western Garden Cities



Nio, I., Bekkering, H., Berkelbach, C., Michel, H., & Vrolijk, D. (2004). De tweede impuls: vernieuwing van de Westelijke tuinsteden. Tijdschrift voor de volkshuisvesting: 2004/5 supplement. Bijlage van Stedebouw & Ruimtelijke ordening: 2004/4.



Yegenoglu, H., Droog, M., Bolier, D., Vullings, N., Supèr, M., Goossens, L., Rohaan, G., Van Der Ham, M., Gielleit, T., & Avdic, M. (2008). Westelijke Tuinsteden: Breukvlakken - Urbane woontypologiën in de Westelijke Tuinsteden, Amsterdam. TU Delft.



Hellinga, H. (2005). Onrust in park en stad: Stedelijke vernieuwing in de Amsterdamse Westelijke Tuinsteden. Het Spinhuis.



Agricola, E., Feddes, Y., Hartman, H., De Hoog, M., Roosebeek, M., Van Rossem, V., Schilt, J., Sorgedrager, B., & Van Der Werf, J. (2013). Atlas AUP Gebieden Amsterdam. Valiz, Amsterdam. Bureau Monumenten & Archeologie.



Sabaté, J., & Galindo, J. (2000). De kwaliteiten van de Westelijke Tuinsteden. Amsterdamse Raad voor de Stadsontwikkeling.



Nio, I., Reijndorp, A., & Veldhuis, W. N. (2008). Atlas westelijke tuinsteden Amsterdam: de geplande en de geleefde stad. Trancity / EFL Stichting.