# Advanced Housing

P5 - Jens Klappe

# Regenerative Housing



The periphery is like the cambium of a tree, the only living layer that thereby etermines the shape of iets growth.'

FLORIS ALKEMADE - 2016





#### 2. Regenerative design

Sustainable vs regenerative Research question Theoretical framework Ecosystem services

City as landscape Animals in the city People in urban nature Cohabitation

#### 4. Making urban nature

The Netherlands Rotterdam Masterplan Building In detail

Groot IJsselmonde

## Content

#### **1. Problem statement**

Dutch housing crisis Climate change Urbanization

#### 3. Urban ecology

Regenerative Design



Climate change

Housing Crisis





Lack of Space

Climate Change





Housing Crisis





Housing Shortage (quantities)







**1900** 

8 m2 per person

#### 2020

## **1950**

16 m2 per person

53 m2 per person

1900 2020 



Lack of Space













**Climate Change** 



**Housing Crisis** 

Lack of Space



Urbanization



Climate crisis



#### Heat Island Effect

Urban areas experience higher temperatures due to dense construction, reduced vegetation, and heat-absorbing materials like asphalt and concrete. This exacerbates heat stress, impacting vulnerable populations and biodiversity (IPCC, 2023).

Changing precipitation patterns and urban densification increase waterlogging and flood risks, overwhelming drainage systems and damaging ecosystems (European Parliament, 2020; IPCC, 2023).





## Waterlogging and Floods

## **Air Polution**

Climate change intensifies droughts by reducing rainfall and increasing evaporation rates, causing water scarcity for both human use and ecosystems (KNMI, 2024; IPCC, 2023).

Groot IJsselmonde



Groot IJsselmonde



Above average (leefbarometer)

Groot IJsselmonde



Above average greenery

Groot IJsselmonde



Postwar Neighborhoods



Groot IJsselmonde



#### Wijkgedachte

The 'wijk' (district) must be able to function as an independent unit.

#### Mirrored Stamps

The dwelling units (Stamps) are always mirrored in relation to each other, making the boundaries seem to blur.

#### **Residential Units**

Different types of household in a 'Residential Unit' with a common courtyard garden.





Groot IJsselmonde





Groot IJsselmonde

# Monoculture in the neighborhood

Groot-IJsselmonde is dominated by a monoculture in housing and green spaces, limiting social and ecological resilience. Uniform post-war apartment blocks fail to accommodate diverse user groups, hindering social diversity and adaptability. Similarly, green spaces prioritize recreation over ecological value, offering minimal support for biodiversity or ecosystem services like pollination and water retention. This monotony leaves urban wildlife, such as house sparrows and bats, without sufficient food, shelter, or nesting sites. Introducing varied housing options and ecologically rich green spaces with native vegetation can break this monoculture, fostering biodiversity, social inclusivity, and a more resilient urban environment.





Research Question

Wich regenerative design principles for the renovation and densification of a post-war building contribute to the densification of biodiversity within the ecologies of the urban fabric?

Personal Interest & Motivation

Design Brief

**Problem Statement** 

Regenerative Design





Reversal to pre-development environmntal conditions

#### human and natural systems actively co-evolving as one

Theoretical framework







Ecosystem Services



Ecosystem Services



#### **Reduced Heat Stress**

Green spaces lower urban temperatures by providing shade and cooling through evapotranspiration. This reduces heat stress and improves physical resilience, especially for vulnerable populations (IPCC, 2023; European Parliament, 2020).



#### Water Management

Green spaces improve water resilience by absorbing rainfall and reducing surface runoff. Features like permeable surfaces, rain gardens, and green roofs help mitigate flooding and waterlogging in urban areas (European Parliament, 2020; IPCC, 2023).

## **Improved Air Quality**

Vegetation filters pollutants and improves air quality, directly benefiting respiratory and cardiovascular health. Trees and green facades play a vital role in urban environments (Vink et al., 2023).

Ecosystem Services

Green spaces provide a calming environment that reduces stress and improves mental health. Studies show that even brief exposure to nature can lower stress hormones and enhance well-being (European Commission, 2020).

Public green spaces, such as parks and gardens, foster social interaction and a sense of community, benefiting mental resilience through emotional support and social connections (Convention on Biological Diversity, 2021). For example, these spaces provide opportunities for lonely elderly individuals to engage with others, reducing isolation and enhancing their well-being.

#### **Stress Reduction**

#### **Cognitive Restoration**

Nature helps restore mental focus and creativity by reducing cognitive fatigue. This is explained by the "attention restoration theory," where green environments improve concentration and productivity (Vink et al., 2023)..

#### **Social Cohesion**

#### **Cognitive Restoration**

Urban green spaces play a vital role in shaping children's environmental values and fostering climate awareness. Early exposure to nature encourages emotional connections, teaching children to appreciate biodiversity and ecosystems. Green environments also promote exploration, creativity, and learning, nurturing future generations committed to sustainability and the preservation of the planet (Kals et al., 1999).



Different Ecosystems



Synantrhopic



Animals in the City





#### The Hill

Supports insects and songbirds like house sparrows. Features include tall greenery (3-4m), sandbathing spots, and water sources. Designed for active users (e.g., gardeners), fostering human-animal symbiosis. Nesting areas (3-10m high) integrate into natural materials like brick to enhance biodiversity. Home to hedgehogs, amphibians, and small mammals. Includes sloped terrains with dense shrubs and layered vegetation. Focuses on passive human interaction, such as walking paths. Transition zones connect with garden and rock biotopes, ensuring ecological continuity.



#### The Garden

## The Rock

Mimics urban density for species like bats and urbanadapted birds. Features include crevices, vertical greenery, and nesting spots in high structures. Designed for minimal human interaction, offering species-specific habitats while connecting green corridors for ecological mobility.

Animals in the City



## The Hill

Insects like bees and butterflies thrive here, alongside songbirds such as house sparrows, which rely on nearby greenery, water, and sandbathing spots for feeding, nesting, and daily activities. Hedgehogs, amphibians, and small mammals inhabit this biotope, benefiting from dense shrubs, layered vegetation, and sloped terrains that provide shelter, food, and connectivity to other habitats.

#### The Garden

## The Rock

Wat voor soort dierenUrban-adapted birds and bats, such as the common pipistrelle, live here. They utilize high structures, crevices, and vertical greenery for nesting, roosting, and safe passage through dense urban environments.



Animals in the City



## Common pipistrelle

The common pipistrelle uses urban crevices for roosting and hunts flying insects at night, relying on green corridors for navigation and safe movement. . (BI12)

The house sparrow nests near human structures and feeds on seeds, insects, and food scraps. It thrives in green areas with water and sandbathing opportunities. (BI12)



#### House sparrow

#### Swift

The swift nests in building crevices and spends most of its time in flight, feeding on airborne insects and migrating between Europe and Africa annually. (BI12)

Yearly Patterns



### **Common Pipistrelle**

A resident species, active from spring to autumn. Hibernates in crevices during winter and returns to urban roosts in spring to breed and forage. (BI12)

A resident bird present year-round. Breeds in spring and summer near human habitats and adapts to urban environments for food and shelter. (BI12)

#### **House Sparrow**

### Swift

A summer bird, arriving in Europe in May to breed. Stays for 3-4 months, raising young, then migrates to Africa by late summer. (BI12)

#### **COLONIAL BIRD**

House sparrows are social animals: breeding, foraging, courtship, dust bathing, roosting and swarming out after breeding are all activities that take place in groups.

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#### **NESTING SIDE**

Nests of house sparrows are generally found in or against a variety of human buildings: under roof tiles, in nesting stones and in cracks and holes in walls.

14-16 CM

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#### **COMMON PIPISTRELLE BAT**

Pipistrelle pipistrellus

Lifespan 4 years weight 3,5 - 8 gram

#### LINEAR GREEN

Linear green structures, such as tree rows or hedgerows, are essential for pipistrelles. They use these corridors to navigate and forage, often flying just above these features.

#### **NOCTURNAL ANIMALS**

Pipistrelle bats are nocturnal, emerging at dusk to hunt. Their night activity reduces competition with diurnal species and takes advantage of abundant nocturnal insect prey.

## **ROOSTING SITES**

Pipistrelle bats use various roosts throughout the year, including summer, winter, and maternity roosts. For roosts in cavity walls, spaces must be at least 2.5 cm wide.






The swift is a summer bird, arriving in the Netherlands to breed. They stay from May to August before migrating to Africa for the winter.

### SWIFT Apus apus

**Lifespan** 7 years **weight** 38 - 42 gram

### NESTING

Swifts nest in small crevices, often in urban environments like under roof tiles or within building gaps. They are highly loyal to their nesting sites, returning to the same spot each year.

40-44et

**SUMMER BIRD** 

### (SEMI)COLONIAL BIRD

Swifts are semi-colonial birds, often seen flying in large, synchronized flocks. These swirling groups, known as "screaming parties," are most common during summer evenings.

### EATING

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Swifts feed exclusively on flying insects, catching their prey mid-flight. Their diet includes flies, mosquitoes, and other small airborne insects, supporting their highly aerial lifestyle.

### SLEEPING

Swifts are unique as they can sleep while flying. During migration or adverse weather, they remain airborne, resting high in the sky.

People in Urban Nature





### **Peace Seekers**

Residents and visitors use green spaces passively by enjoying the scenery, relaxing, or walking, gaining mental and emotional benefits without directly altering or engaging with the environment. Gardeners and outdoor enthusiasts actively engage with green spaces for cultivation, exercise, or maintenance, benefiting from direct interaction with nature and contributing to its upkeep and productivity.



### **Active Users**

### **Connection Seekers**

Families, children, and groups use green spaces for recreation, such as picnicking, playing, or socializing. These activities make greenery a backdrop for social connection and leisure.

Symbiose















bacteria

feeds on

human









spider kills+consumes fly



human

cutting grass







resource human

rabbit











Design Sategies





Design Sategies





### **Location-based**

Base interventions on the specific animals you aim to assist.

Design Sategies



Variation in scale, Porosity, Height, Sun/Shade, and Much More: Embracing Diversity in Design

### Variation

Design Sategies



Connection or the Lack Thereof: The Impact of Connectivity Across Various Areas, Elevations, and Scales

### Connection(?)

Design Sategies





The Netherlands



The Netherlands

Stepping stone April -



Groot IJsselmonde



Groot IJsselmonde

### 'Wijkgedachte'

Peter van Drimmelen's "wijkgedachte" shaped Groot-IJsselmonde as a self-sufficient urban neighborhood. His design emphasized functional zoning, with separate areas for living, working, and recreation, connected by green spaces and infrastructure. Central to the concept was creating a balanced community with accessible amenities and a clear structure.



Groot IJsselmonde

### 'Green Fingers'

The green structures in great ijsselmonde enter the area from the edge in some places as 'green fingers'. These 'green fingers' also run from the park in the centre to the surrounding neighbourhoods. The green structures almost all run parallel to the infrastructure that differentiates the various neighbourhoods, creating line-shaped greenery, which is beneficial to some species.



Groot IJsselmonde



Groot IJsselmonde

### 'Green Fingers'

The green structures in Groot-IJsselmonde extend like veins through the neighborhood, connecting courtyards, streets, and parks. These branching networks integrate greenery into the urban fabric, providing ecological corridors and accessible green spaces for residents and wildlife.



Groot IJsselmonde

### 'Greenery Concept'

Peter van Drimmelen's "wijkgedachte" emphasized inner courtyards designed for all age groups, featuring playgrounds for young children and football fields for older youth to promote interaction and community. Over time, many of these ageinclusive spaces have disappeared, reducing their ability to serve diverse social needs.





Groot IJsselmonde



Observations 2023 (waarneming.nl)

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Masterplan

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Masterplan

### WONINGVOORRAAD

STEMPEL:	
Aantal woningen:	136
Lagen:	4
Grond Opp:	<i>2912</i> m2
Vloer Opp:	<i>11.648</i> m2
TOTAAL:	
Aantal woningen:	458
Lagen:	4
Grond Opp:	<i>9776</i> m2
Vloer Opp:	<i>39.134</i> m2



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Masterplan

### Green MONOCULTURE

The existing masterplan focuses on uniform green spaces designed primarily for social purposes, catering solely to human needs. This monoculture approach limits biodiversity and fails to provide essential ecosystem services, such as habitat creation or species connectivity.



Masterplan

**Plan** - 1:1500



Masterplan



**Plan** - 1:1500



Masterplan







Masterplan

![](_page_63_Picture_2.jpeg)

![](_page_63_Picture_3.jpeg)

### **Common Pippistrelle**

Linear green structures, like tree rows, support bats by providing sheltered pathways for foraging and migration. These urban corridors connect habitats, ensuring species movement and biodiversity within cities.

A masterplan can support house sparrows by ensuring food, water, and sandbathing spots are within 100 meters of nesting sites. This proximity creates a self-sustaining, localized ecological network.

### **House sparrow**

### Swift

Buildings with suitable nesting sites, like crevices for swifts (Apus apus), act as stepping stones in ecological networks. They connect fragmented habitats, supporting swift migration and breeding on a national scale.

![](_page_63_Picture_12.jpeg)

Masterplan

![](_page_64_Figure_2.jpeg)

![](_page_64_Picture_3.jpeg)

![](_page_64_Picture_5.jpeg)

![](_page_65_Figure_0.jpeg)

# Connections

Humans

![](_page_66_Picture_2.jpeg)

### **Peace Seekers**

This target group seeks urban nature to unwind. mainly green structures with few stimuli (light and noise) creeping through an area. (Veer & Van Middelkoop, 2002). Urban nature is the backdrop of the activity in this case.

![](_page_66_Picture_5.jpeg)

Uses urban nature actively, think of gardening in a large private garden or having a vegetable garden, shared or not. (Veer & Van Middelkoop, 2002).

### **Active Users**

![](_page_66_Picture_8.jpeg)

### **Connection Seekers**

The urban nature that the conenction seeker wants is a lot broader, it involves places where people can meet to have a picnic, sit on a terrace for a while or do other activities. (Veer & Van Middelkoop, 2002). Urban nature is the backdrop of the activity in this case

# Connections

Humans

![](_page_67_Picture_2.jpeg)

![](_page_67_Picture_3.jpeg)

## Winding Paths

Winding paths full of greenery throughout the planning area, the paths will be linked together to create a large recreational area with a diverse green structure.

### (shared) Vegatable Garden

Kitchen gardens, shared or not, provide an opportunity for people in the city to provide themselves with vegetables. The gardens are scattered throughout the plan area and adjacent to the houses for a strong connection between home and garden.

### **Green Squares**

Large, green, open places where people can meet. The places are centrally located in the different stamps and function as meeting places of the surrounding houses.

# Connections

Humans

![](_page_68_Picture_2.jpeg)

### Playground with Treehouses

To A nature-inspired playground is central to the design, featuring treehouses, climbing structures, and shaded areas. By blending play with greenery, it encourages physical activity and imaginative exploration for children, while reinforcing the connection between urban life and natural elements.

### **Bird Observation Tower**

To restore the branching green structures in Groot-IJsselmonde, my design includes a bird observation tower within the inner courtyards. This structure provides both an educational experience and a habitat for local bird species, fostering awareness of urban biodiversity among residents and creating a peaceful space for reflection.

![](_page_68_Picture_7.jpeg)

![](_page_68_Picture_8.jpeg)

### **Educational Nature Lab**

To promote learning within the courtyards, an outdoor nature lab will feature interactive elements like insect hotels, mini gardens, and composting areas. These facilities teach residents, especially children, about ecology and sustainability, turning the courtyard into a hub of environmental education and community engagement.

![](_page_69_Picture_0.jpeg)

# Masterplan

People in urban nature

 $x_1, x_2, x_3, x_4 \in \mathbb{R}$ 

**Plan** - 1:1500

![](_page_70_Picture_3.jpeg)

# Masterplan

 $|x_1| + |x_2| + |x_2| = 1$ 

Encounters

![](_page_71_Figure_2.jpeg)

![](_page_71_Picture_3.jpeg)
### Masterplan

Encounters

#### - Bats

Can benefit from calming areas with low light and noise pollution

#### + Insects

Insects can be beneficial for pollination in gardens, by creating flower-rich gardens you attract more insects.











## Variation

Heights





## Masterplan

Landscaping









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## Masterplan

Final





### **Location based**

Heights









# Building

Heights



### Variation

Porosity











### Construction

Existing builing



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### Construction



### Construction





Stabilit core

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### **Ecosystem services**



#### Shading & cooling

Green façades and trees block sunlight during summer when vegetation is dense, reducing heat absorption by buildings and lowering indoor temperatures. This natural shading minimizes energy consumption for cooling, enhancing climate resilience (IPCC, 2023).



#### Water retention

Green roofs and rain gardens absorb rainfall, storing water during heavy precipitation. This reduces runoff, preventing floods and drought by retaining moisture for reuse in drier periods (European Parliament, 2020).

#### Air Cooling and Purification

Vegetation cools the air through evapotranspiration, reducing the urban heat island effect. Additionally, plants filter pollutants, improving air quality and contributing to healthier urban environments (Vink et al., 2023).





Design principles



#### **House Sparrow**

Winding paths full of greenery throughout the planning area, the paths will be linked together to create a large recreational area with a diverse green structure. In winter, the house sparrow mainly uses evergreen shrubs, dense vegetation with a height of usually 3 to 4 meters or facade vegetation as places to spend the night (together). (BIJ12)







#### Greenery

#### Insects

Large, green, open places where people can meet. The places are centrally located in the different stamps and function as meeting places of the surrounding houses.



Ground floor





1st floor









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### Ground floor









### **The hill** Design principles



#### **Common pipistrelle**

Winding paths full of greenery throughout the planning area, the paths will be linked together to create a large recreational area with a diverse green structure.



#### **Frame greenery**

In winter, the house sparrow mainly uses evergreen shrubs, dense vegetation with a height of usually 3 to 4 meters or facade vegetation as places to spend the night (together). (BIJ12)

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# The rock

Design principles



### Swift

Winding paths full of greenery throughout the planning area, the paths will be linked together to create a large recreational area with a diverse green structure. In winter, the house sparrow mainly uses evergreen shrubs, dense vegetation with a height of usually 3 to 4 meters or facade vegetation as places to spend the night (together). (BIJ12)





### Cracks

### Conection

Large, green, open places where people can meet. The places are centrally located in the different stamps and function as meeting places of the surrounding houses.

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# The rock

7th floor







## Elevation



#### Elevation







## Facade

Basic

#### TIMBER FRAME CONSTRUCTION LIGHT CLADDING

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20 mm wooden cladding 28x45 mm horizontal framework 28x45 mm vertical framework vapour-permeable film 180 mm icynene insulation foam 50x180 mm h.t.h. 600 mm wooden studs vapor barrier film 9 mm fibreboard 13 mm plasterboard



## Facade

The garden



#### TIMBER FRAME CONSTRUCTION MASONRY

100 mm masonry
40 mm air space - accessible to bats
vapour-permeable film
180 mm icynene insulation foam
50x180 mm h.t.h. 600 mm wooden studs
vapor barrier film
9 mm fibreboard
13 mm plasterboard



\_\_\_\_\_

13

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9

## Facade

The Hill



#### TIMBER FRAME CONSTRUCTION LIGHT CLADDING

\_\_\_\_

13

9

20 mm wooden cladding 28x45 mm horizontal framework 28x45 mm vertical framework vapour-permeable film 180 mm icynene insulation foam 50x180 mm h.t.h. 600 mm wooden studs vapor barrier film 9 mm fibreboard 13 mm plasterboard



## Roofs







**Common Pipistrelle** 



**House Sparrow** 



Swift

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