

	Horizon 1 2023	Horizon 2 2024	Horizon 3 2025	Horizon 4 2030			
Timespacing							
Goal	Local enthusiasm for development	Local setup of LooS centre	Region without waiting time due to recovery module	Everywhere a place to proactively work on well-being			
Level of impact	Local		Regional	National			
Target age group	12 - 18 years old	12 - 18 years old	12 - 23 years old	12 - 27 years old			
Actions	<p>STEP 1</p> <p>Pilot launch in Eindhoven</p> <ul style="list-style-type: none"> Develop a pilot program for LooS in collaboration with mental health professionals in Eindhoven. Identify potential clients and reach out to them through various channels such as mental health clinics, social media, and community organisations. Launch the pilot program simultaneously with multiple providers and the municipality and gather feedback from clients and mental health professionals. 	<p>STEP 2</p> <p>Refine the service based on feedback</p> <ul style="list-style-type: none"> Establish a feedback loop where all feedback from the LooS centre comes back to Shoshin for analysis. Refine the service based on the feedback received to improve its effectiveness and user experience. Dive deeper into the specific needs of vulnerable groups, such as youth transitioning from youth to adult mental healthcare or individuals from marginalised communities. Simultaneously launch the pilot program in Twente with multiple providers and the municipality. <p>STEP 3</p> <p>Involve network and create online accessibility</p> <ul style="list-style-type: none"> Collaborate with schools to create a monthly visit to the LooS gym for students. Develop a website for LooS to make the service accessible online. 	<p>STEP 4</p> <p>Expand to the region and phase out the maintenance</p> <ul style="list-style-type: none"> Once the pilot program is successful, expand the service to other regions in the Netherlands. Identify potential clients in these regions and reach out to them through various channels such as mental health clinics and community organisations. Develop an app for LooS to further increase accessibility and user experience. Develop an app for LooS to further increase accessibility and user experience. <p>STEP 5</p> <p>Continuously evaluate and improve</p> <ul style="list-style-type: none"> Continuously evaluate the effectiveness and user experience of the service and make necessary improvements. Gather feedback from clients and mental health professionals and use it to inform future development of LooS centres. 	<p>STEP 6</p> <p>Partner with national centers that cover multiple regions</p> <ul style="list-style-type: none"> Once LooS has been successfully implemented in multiple regions, partner with a national mental health center to expand the reach of LooS and offer training and support to the centre's staff. Collaborate and establish a feedback loop with the centre's mental health professionals to promote LooS and ensure its success. Focus on extending the extended youth law up to 27 years instead of up to 23 years via connections (OZJ) <p>STEP 7</p> <p>Launch a national campaign for proactive well being</p> <ul style="list-style-type: none"> Launch a national campaign to promote LooS as a place to relax and build psychological well-being for youth. Continue to gather feedback and make necessary improvements to the service to ensure its effectiveness and user satisfaction. 			
Trends	Increase in psychological unhealthiness amongst youth.	More collaboration between healthcare providers, social services, and insurance companies.	Technological advancements in e-health applications	Growing demand for mental healthcare services and simplified occupational structure in psychological care	Greater focus on evaluating the effectiveness of mental health interventions.	Increased focus on prevention and early intervention.	Continued emphasis on diversity and inclusivity.
Team	Municipality executives JGGZ executives	Neighbourhood team professionals JGGZ GP / POH School	Region manager JGZ	Region managers Ministry VWS			
Role of Shoshin	Liaison for local entities	Local co-creation facilitator and designer	Regional co-production facilitator and iterative designer	National co-production facilitator and iterater of the national framework			
KPI's	<ul style="list-style-type: none"> Number of youth health care providers reached. Number of municipalities reached. Satisfaction rate of youth healthcare providers with the development of LooS. 	<ul style="list-style-type: none"> Number of primary care providers who refer youth to the mental health service. Number of youth health care providers engaged in co-production process for LooS. Number of youth accessing LooS. Satisfaction rate of youth and their families with LooS. 	<ul style="list-style-type: none"> Number of counseling sessions delivered with LooS. Number of digital tools or technologies implemented in LooS. Number of youth accessing LooS compared to previous year. Improvement in the effectiveness of LooS as intervention. Reduction in the wait time for accessing mental health care. 	<ul style="list-style-type: none"> Number of diverse cultural groups reached and served. Number of youth accessing prevention and early intervention services via LooS. Improved long-term outcomes for youth in LooS care. Increased proportion of youth accessing LooS via primary care providers compared to previous years. 			