

### **August 2018 – February 2019**

After the second P2 presentation, together with my graduation committee it was decided to use the remaining time till graduation for a process of personal development. The relatively safe environment of a university provided this opportunity. The period from August 2018 to February 2019 was used to tackle the feeling of 'perfectionism and a fear of failure'. I look back on this afterwards as a period of 'pain relief'. This period gave also a new opportunity: a graduation internship at Colliers International. A new environment which provided me with new motivation and a structured daily schedule to continue working on my graduation.

This resulted in a P2 2.0 or P3 light presentation in which finally the research proposal and literature study came together in a clear story, translated into the conceptual design of the strategic decision approach. The first positive results of an intensive six months became visible.

### **March 2019 – September 2019**

However, after this period in which an upward trend had started, the process came to a halt again. Despite the previous period in which a process of personal development was started, the feelings around 'the fear of failure' came back. Hereupon I made the decision to go back to the psychologist again. A new process started but this time more focused on the cause of the problem instead of fighting the problem. The results resulting from this process provided insight into the process of graduation until then and in the years prior to graduation and even university.

Related to the strategic decision approach, the development process from a conceptual design into a preliminary design took a while as result of which the relationship with the case studies also was delayed. With the P4 presentation at the end of September, this was something which was still missing and needed to be finished.

### **October 2019 – December 2019**

With passing the P4 presentation, the insights out of the process of personal development, being offered a job and the opportunity to graduate before the Christmas holidays, all the puzzle pieces fell into place. A situation that felt unreal to me as after such a long and intensive period my time at the university would come to an end.

But as mentioned by Nelson Mandela: "the greatest glory in living lies not in never falling, but in rising every time we fall". This graduation process can be described as a process with a lot of falling, but with this moment of graduating also a time to rise again. With the final months, the development of the strategic decision approach will come to an end for now, the time for further personal development will just begin.