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14 ABSTRACT

15 Fluidic rectification refers to anisotropic flow resistance upon changing the flow direction. Polymeric solutions, in contrast to
 16 Newtonian fluids, can exhibit an anisotropic flow resistance in microfluidic devices by tuning the channel shape at low Reynolds
 17 number. Such a concept has not been investigated in an anisotropic porous medium. We have developed a fluidic rectifier based
 18 on an anisotropic porous medium consisting of a periodic array of triangular pillars that can operate at a low Reynolds number.
 19 Rectification is achieved, when the type of high Weissenberg number elastic instabilities changes with the flow direction. The
 20 flow resistance differs across the two directions of the anisotropic porous medium geometry. We have identified the type of
 21 elastic instabilities that appear in both forward and backward directions. Particularly, we found a qualitative relation between the
 22 dead-zone instability and the onset of fluidic rectification.

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24 I. INTRODUCTION

25 Understanding the flow of complex fluids such as colloidal
 26 dispersions, emulsions, liquid crystals, and polymer solutions
 27 through a porous medium plays a crucial role in various indus-
 28 trial and natural processes ranging from oil recovery, filtration,
 29 chemical reactors, polymer processing to blood, and interstitial
 30 flow in living tissues.^{1,2} In general, these fluids exhibit complex
 31 flow behaviour, which distinguishes them from Newtonian
 32 fluids.^{3,4} When a small amount of additive such as water-
 33 soluble polymer is added to water, the rheology of the result-
 34 ing polymer solution can change drastically.⁵ For instance,
 35 polymeric fluids often display strong viscoelastic effects at
 36 high deformation rates, due to a coupling between polymer
 37 conformation and flow field.⁶ Macromolecules dispersed in a
 38 liquid such as water can be deformed and stretched when sub-
 39 jected to external forces in both shear and extensional flow
 40 fields.^{7,8} The coil-stretch transition is one of the most fascinat-
 41 ing phenomena of long polymer chains during flow, wherein a
 42 sudden increase in a polymer's extension occurs as the flow
 43 rate (or shear rate, $\dot{\gamma}$) exceeds a critical value.⁹ Typically, the
 44 non-dimensional Weissenberg number ($Wi = \dot{\gamma}\tau$) has been

45 used to identify this transition. When the shear rate $\dot{\gamma}$ is higher
 46 than the reciprocal of polymer relaxation time τ , polymer mol-
 47 ecules may stretch during flow.¹⁰ In this regime, the elastic
 48 behavior dominates the rheological response, giving rise to a
 49 variety of elastic instabilities such as wall slip, shear banding,
 50 and flow inhomogeneity under different flow conditions.^{11,12}

51 High-Wi number and low-Reynolds number ($Re = \rho vd/\eta$,
 52 ρ is the fluid-density, v is the velocity, d is a characteristic
 53 length scale, and η is the shear-rate dependent viscosity)
 54 elastic instabilities occur in a wide class of flowing systems
 55 containing polymer solutions.^{11,13–15} For instance, polymer
 56 solutions flowing through a porous medium can exhibit a sig-
 57 nificant increase in the pressure-drop measurements beyond a
 58 certain flow rate.¹⁶ This increase in the pressure-drop, also
 59 known as the apparent shear thickening, has been observed
 60 experimentally^{17–23} as well as modelled numerically,^{24–27} occurs
 61 at low- to moderate-Re number and at high-Wi number. The
 62 origin of the elastic instability has been successfully linked to
 63 the dimensionless Mach number, $Ma = \sqrt{WiRe} \sim 1$.^{17,23,28,29}
 64 The Ma number represents the ratio of the viscoelastic wave
 65 speed to the flow velocity.

Microfluidic devices are widely used for characterization of polymeric fluids, due to their ability to achieve high-Wi number with low inertial effects (low-Re number).^{6,30,31} The typical length scale in these devices are few tens (or hundreds) of micrometers such that under flowing conditions, the Re number can be negligible, but the corresponding Wi could still be high enough for the elastic forces to dominate.^{11,32} The small length scale also enables process intensification of a typical bulk chemical process via the so-called lab-on-a-chip devices. Lab-on-a-chip devices mostly refer to microfluidic chips that offer either some or all of the following benefits—short analysis-time, high sensitivity and resolution, low cost, and small operating sample volumes.³³ In addition, the performance of these devices depends on highly precise manipulation, transport, and control of small fluid volumes. In order to enable application-specific functionality, discrete microfluidic modules are essential as they can be combined to design a complete lab-on-a-chip device.

Fluidic-rectifier is a lab-on-a-chip module that allows directional fluid-flow depending on the pressure gradient (or flow resistance) between two points. Its performance is quantified by diodicity,^{34–40} defined as the pressure-drop ratio at a constant volumetric flow-rate, Q. These fluidic rectifiers operate via two mechanisms: the first mechanism utilizes a physical check-valve (active fluidic rectifier) and the second mechanism utilizes an anisotropic flow-geometry (passive fluidic rectifier). One of the earliest designs of an active fluidic rectifier consisted of a multilayer elastomer membrane covering a fluid-flow channel.^{41,42} Subsequently, various other active fluidic rectifier designs were developed such as a flap and a diaphragm akin to a fluidic check-valve.^{38,43,44} However, an active fluidic rectifier with moving parts is prone to mechanical failure. Jeon et al. reported polydimethylsiloxane (PDMS) diaphragm valves that were tested for 10^5 continuous cycles with water and their device performance did not show any noticeable failure. However, the possibility of a mechanical failure of a fluidic rectifier module might pose a limitation for developing robust lab-on-a-chip devices. Passive fluidic rectifiers on the other hand are simpler, more affordable, and do not contain any moving parts, making them potentially suitable as a fluidic rectifier modules over the active fluidic rectifiers.

Passive fluidic rectifiers are based on the difference in pressure-drop as the flow direction reverses in an anisotropic flow geometry such as a nozzle/diffuser shape. These devices utilize the high-Re inertial effects for Newtonian fluids^{34,35,45–47} and low-Re, high-Wi elastic effects for non-Newtonian fluids.^{36,39,40,48–51} Typically, microfluidic devices operate at a low-Re number (creeping flow) and consequently, the pressure-drop (δP) during flow of Newtonian fluid does not vary significantly as the flow direction reverses. In such situations, rectification could be achieved by adding a small quantity of additives (such as polymers or micelles) that impart viscoelasticity to the fluid. The low-Re and high-Wi number elastic instabilities of viscoelastic fluids like polymer solutions could be exploited to achieve passive rectification. In this spirit, microfluidic devices with single-flow-channels containing triangular,⁴⁹ hyperbolic,^{36,50} and nozzle/diffuser shapes of

varying angles⁴⁰ have been developed. In hyperbolic^{36,50} and nozzle/diffuser shape,⁴⁰ rectification has been attributed to the difference in the pressure-drop due to two distinct types of corner vortexes as the flow direction reversed. In the triangular shape,⁴⁹ the rectification has been attributed to the presence of chaotic instabilities with corner vortices that seemed to appear and disappear randomly. Ejlebjerg Jensen et al. have resorted to topology optimization to determine the optimum layout of a passive fluidic rectifier for viscoelastic fluids. Their numerical study⁵¹ has identified a design consisting of a nozzle/diffuser-like shape with an airfoil-like obstacle on the diffuser side of the flow geometry. In our earlier study, we have investigated the flow of polymer solutions through porous media consisting of periodic arrays of obstacles with different shapes.^{17,28} The ability of a structured porous medium such that the flow resistance depends on the direction of flow, however, has not been explored until now.

Previously, several groups have investigated high-Wi and low-Re elastic instabilities occurring in a porous medium during the flow of polymer solutions relevant for polymer enhanced oil recovery.^{17,18,52–54} Below $Wi \sim 1$, the creeping flow is observed. As the Wi increases, the flow-field transitions into series of elastic instabilities. In the sequence of increasing Wi number, the stationary dead-zone elastic instability can be observed followed by the time-dependant dead-zone elastic instability. A dead-zone refers to a part in the entire flow field which appears to be stationary relative to the mean flow velocity, as confirmed by particle image velocimetry.^{17,20,28} Both the stationary and the time-dependant instabilities of the dead-zones have been investigated previously by visualizing streamlines and particle image velocimetry. Furthermore, a detailed investigation of steady-state and dynamic velocity field in polymer solution flow through periodic array can also be found in previous literature.²¹ The flow resistance of the stationary and the time-dependant instabilities depends on the shape of the obstacle in a microfluidic device.¹⁷ The performance of a rectifier design based on a microfluidic device containing a periodic array of obstacles has not been investigated in the past.¹⁶¹ Previous experimental studies on polymer solution flow through microfluidic porous media containing uniform obstacles^{17,18,20,21,53} and/or randomly oriented obstacles²⁷ focused on the apparent shear-thickening behaviour. Recent numerical studies showed that the various flow resistance curves in an array of cylinders can superimpose to a master curve when \sqrt{k} is chosen as the length scale, where k is permeability.^{55,56} In the current study, we present for the first time a passive fluidic rectifier design that exploits the apparent shear-thickening behaviour of an anisotropic porous medium.¹⁷¹ Our porous medium consists of triangular obstacles in a staggered layout. By measuring the pressure-drop and simultaneously visualizing the flow-streamlines, we investigate the flow-features that appear to affect rectification in our devices. In Secs. II and III, we first explain the experimental details and then present the results with specific discussions.¹⁷⁶ Finally, we conclude by describing the relation between elastic instabilities and the rectification.¹⁷⁹

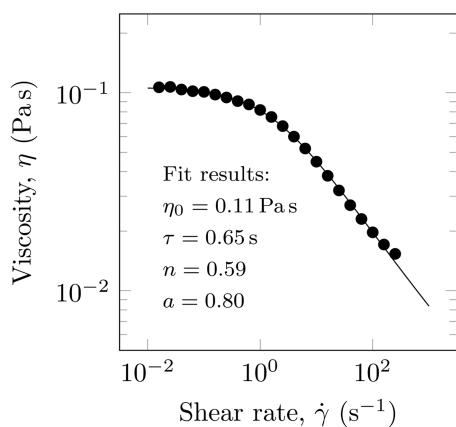


FIG. 1. Steady-shear viscosity of 0.3% (w/w) HPAM solution in 4% (w/w) NaCl, 100 ppm (w/w) NaN₃ at 22°. The solid line is a fit of experimental data (markers) to the Carreau-Yasuda model shown below to calculate the polymer relaxation time.

180 II. MATERIALS AND METHODS

181 A. Polymer solution preparation and characterization

182 All microfluidic experiments with polymer solutions were
183 performed using an aqueous solution of hydrolyzed poly-
184 acrylamide, HPAM 3530s (0.3% w/w, MW = 15 × 10⁶ g mol⁻¹,
185 30% hydrolysis; SNF Floerger, France). The aqueous solvent
186 used to disperse polymer granules consisted of 4% (w/w)
187 NaCl to fix the ionic strength and 100 ppm (w/w) NaN₃ as a
188 biocide. The procedure for preparing polymer solution is as
189 follows: (1) filter de-ionized (DI) water through a 0.4 μm filter,
190 (2) dissolve required amount of NaCl in the filtered DI water,
191 (3) generate a vortex in the solvent by using a magnetic stirrer,
192 (4) disperse polymer granules slowly in the vortex while avoid-
193 ing polymer lump formation, (5) purge the bottle containing
194 dispersed polymer granules with (nitrogen) N₂, and (6) lower-
195 ing the stirring rate to ~ 200 rpm. Typically, the polymer

granules were fully dissolved in ~24 h. The polymer solution used for all experiments was no more than a week old and every time the bottle was opened, it was purged with N₂.

We characterized the steady-shear viscosity of polymer solution in a Couette cell (cup ID = 30.36 mm, bob OD = 28 mm, gap = 1.18 mm) using the AR-G2 rheometer (TA Instruments). All experiments were performed at the room temperature, T = (22 ± 2)°C. The polymer solution is shear-thinning as shown in Fig. 1. We fit the experimental steady-shear viscosity to the Carreau-Yasuda model shown below to calculate the polymer relaxation time.

$$\eta - \eta_\infty = (\eta_0 - \eta_\infty) [1 + (\tau \dot{\gamma})^a]^{\frac{n-1}{a}}. \quad (1)$$

Here, η is the viscosity, $\dot{\gamma}$ is the shear rate, η_0 is the zero-shear viscosity, τ is the polymer relaxation time, n is the power-law slope, and a controls the transition from zero-shear-viscosity plateau to the shear-thinning region. As we could not measure the infinite-shear viscosity, η_∞ , we set it to the viscosity of the solvent (0.001 Pa s).

213 B. Microfluidic devices

The microfluidic devices used in the current study were fabricated using standard soft lithography techniques^{17,57,58} and PDMS (polydimethylsiloxane; Sylgard® 184, Dow Corning Corporation). The devices consist of a central region with a periodic array of pillars. Two holes at the edges of the device serve as the inlet and the outlet. Two additional holes across the periodic array of pillars are used to connect the pressure sensors (see Fig. 2 for further details).

The fabricated microfluidic chip consists of an array of pillars representing the porous medium. The shape of these pillars, when observed from top/bottom of the device, resembles an equilateral triangle of side 262 μm. All pillars are spread over a 2D-array in a staggered layout [see Fig. 2(b)]. Table I lists the relevant dimensions of the microfluidic device used in this study.

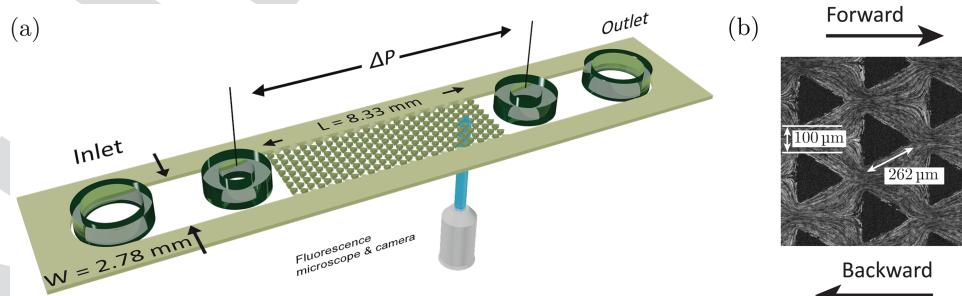


FIG. 2. (a) A schematic of the anisotropic microfluidic device and the inverted microscope for streamline visualization and pressure drop measurement. The microfluidic device height is 100 μm, the width is 2.78 mm, and the periodic array length is 8.33 mm. (b) An optical fluorescent image of triangular pillars showing the two directions of flow—forward and backward, with respect to the pillar orientation. Each triangular pillar is an equilateral triangle with a side of 262 μm when viewed from top or bottom of the microfluidic device. The triangular pillars are spaced 100 μm apart from each other.

TABLE I. Dimensions of the microfluidic geometry.

Parameter	Value
Bed length	8.5 mm
Height	(101 \pm 2) μ m
Width	2.75 mm
Pillar side	262 μ m
Porosity (φ)	0.75

229 C. Pressure drop measurement

230 The pressure is measured at the two pressure-taps
 231 located across the periodic array of pillars as shown in
 232 Fig. 2(a). As the pressure-taps were placed close to the array,
 233 the inlet/outlet contributions could be neglected. We con-
 234 firmed that the flow field was not affected by placing the
 235 pressure-taps close to the array by visualizing flow without
 236 pressure taps (results not shown). The difference between
 237 these two point-pressure measurements is defined as the
 238 pressure-drop. We have used two piezoresistive silicon pres-
 239 sure sensors (HSCMRNT005PGAA5, Honeywell Sensing and
 240 Control) connected to a National Instruments data acquisition
 241 device. The data were logged using an in-house-developed
 242 LabVIEW program at 100 Hz. These pressure sensors measure
 243 the gauge pressure with each having a pressure range of 0
 244 mbar to 330 mbar and an accuracy of 0.25% of the full scale
 245 span. A pressure pump (MFCS™, Fluigent GmbH) is used to
 246 calibrate our sensors. The instantaneous pressure value fluc-
 247 tuated with a standard deviation of 0.1 mbar around the mean.

248 D. Streamline visualization

249 In order to push fluids through the microfluidic device,
 250 we have used a syringe pump (PHD2000, Harvard Instruments)
 251 connected to a PTFE tubing (0.8 mm ID and 1.6 mm OD). The
 252 pressure sensors are connected to the pressure taps using a
 253 silicone tubing (see the *supplementary material*, Sec. S2 for
 254 additional details).

255 The streamlines are visualized using 1 μ m fluorescent
 256 polystyrene beads (542/612 nm, Catalog no. R100, Thermo
 257 Scientific™) excited by UV light (X-Cite series 120Q, Lumen
 258 Dynamics). The microfluidic device has been integrated with
 259 an inverted microscope (Axiovert 100M, Carl Zeiss AG) fitted
 260 with a 10 \times (N.A. = 0.5) magnification objective and a high
 261 speed camera (Phantom v9.1, Vision Research Inc.). The focal
 262 point of the visualization has been adjusted to the middle
 263 plane along the channel height. The fluorescent particles
 264 sticking on the bottom surface of the microfluidic device are
 265 used a reference point to adjust the focal plane at the mid-
 266 point along the device height. The focal depth is $\delta z = \pm 7.4 \mu\text{m}$
 267 for the combination of optics in setup.⁵⁹ Therefore, the stream-
 268 lines visualized represent instabilities over a $\delta z = \pm 7.4 \mu\text{m}$
 269 height around the middle plane of the device. The location
 270 along the device length was fixed near the downstream edge of
 271 the array. The streamlines have been visualized when the expo-
 272 sure time on the high speed camera was adjusted suitably at

each flow rates (see Fig. S2 in the *supplementary material*).²⁷³
 Further image processing was performed using an open
 source image processing program (ImageJ). The image quality
 was improved by adjusting the gamma, gain, brightness, and
 contrast.²⁷⁴²⁷⁵²⁷⁶²⁷⁷

278 E. Experimental procedure

279 After a microfluidic device is fabricated, it is integrated
 280 on the inverted microscope. We first flush the device with
 281 ethanol and ensure all the air in the device is displaced. The
 282 flow is switched to the polymer solution via a switching valve.²⁸²
 All the flow lines are purged with corresponding liquids to
 displace any trapped air bubbles.²⁸³²⁸⁴

285 The pressure drop measurements and flow visualization
 286 experiments are performed simultaneously. For all experi-
 287 ments, the flow rate is increased stepwise while waiting for
 288 ~ 2 min to reach equilibrium at each step increase in the flow
 289 rate. To ensure a smooth pumping of liquids, we used small
 290 volume syringes (Hamilton Gastight 1000 series) at low flow
 291 rates. A new microfluidic device was used in each new experi-
 292 mental run. Reproducibility of the pressure drop measure-
 293 ments across independent experiments was found to be
 294 within ~ 2 mbar.²⁹⁴

295 III. RESULTS AND DISCUSSION

296 A. Newtonian fluid flow

297 The pressure drop in the forward and the backward
 298 directions was measured for a Newtonian fluid (50% glycerol
 299 in DI water). Figure 3(a) shows the pressure drop in the
 300 forward and the backward directions for a non-inertial
 301 ($Re \ll 1$) flow of the Newtonian fluid. We fit a general
 302 linear equation to the pressure drop versus the flow rate
 303 measurements to demonstrate the linearity. Typically, the
 304 Kozeny-Carmen equation or the Ergun equation is used to cal-
 305 culate the pressure drop in a porous medium.² However, these
 306 equations fail to predict pressure drop in microfluidic porous
 307 media.^{60–63} The slope of pressure drop versus flow rate curves
 308 differs in the forward and in the backward directions. This dif-
 309 ference, also known as directional permeability, is typical for
 310 an anisotropic pore-shape structure.^{64–66} In striking contrast,
 311 the pressure-drop versus flow-rate slope in the forward/back-
 312 ward flow through single-channel fluidic rectifiers was found
 313 to be constant.^{36,40,50}

314 We have also confirmed that the Newtonian fluid at the
 315 non-inertial condition $Re \ll 1$ creeps around the periodic
 316 array of obstacles in both the forward and the backward
 317 directions. For example, Figs. 3(b) and 3(c) show the creeping
 318 flow streamlines during the Newtonian fluid flow at a flow
 319 rate of $10 \mu\text{l min}^{-1}$ ($Re = 1.29 \times 10^{-2}$) and at $100 \mu\text{l min}^{-1}$
 320 ($Re = 1.29 \times 10^{-1}$). The length scale is taken as side of the tri-
 321 angle, 262 μm , for calculating Re. Note that the vertical lines
 322 in Fig. 3 are an artefact of our camera and the visualization
 323 setup. These lines do not affect the flow field.³²³

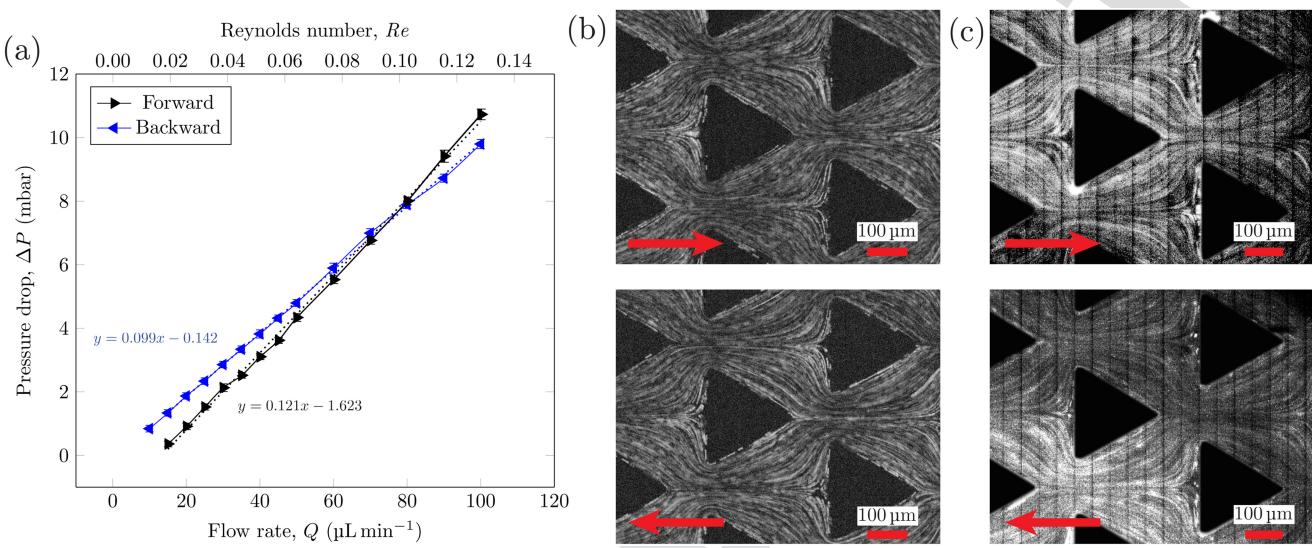


FIG. 3. (a) Newtonian fluid pressure drop measurements. (b) Streamlines of a Newtonian fluid flow at a flow rate of $10 \mu\text{l min}^{-1}$, $\text{Re} = 1.29 \times 10^{-2}$. (c) Streamlines at a flow rate of $100 \mu\text{m min}^{-1}$. Fluid: 50% glycerol in DI water.

324 B. Polymer fluid flow

325 1. Pressure-drop measurements

326 We have characterized the rectification performance of
327 our porous medium fluidic rectifier by measuring the pressure-
328 drop in the forward and in the backward directions. Figure 4(a)
329 shows the pressure-drop versus the imposed flow rate and the
330 corresponding Wi number. At low flow rates ($Q \leq 15 \mu\text{l min}^{-1}$,
331 $\text{Re} \leq 3.64 \times 10^{-3}$, $\text{Wi} \leq 6.5$), the pressure-drop is linearly
332 dependent on the flow rate. Beyond $Q \sim 15 \mu\text{l min}^{-1}$, the
333 pressure-drop for both the forward and the backward flow
334 direction becomes non-linear. The pressure-drop in the back-
335 ward direction is higher than in the forward direction. The
336 standard deviation of the pressure-drop fluctuations, $S(\Delta P)$ as a
337 function of the imposed flow rate is shown in Fig. 4(b). Beyond
338 $Q \sim 15 \mu\text{l min}^{-1}$, the $S(\Delta P)$ for polymer flow in both backward
339 and forward direction increases significantly compared to the
340 Newtonian fluid flowing in the backward and the forward
341 directions. Contrary to the difference between forward and
342 backward mean pressure-drop, the $S(\Delta P)$ does not differ
343 between the forward and the backward directions. At this
344 point, it is instructive to compare the mean pressure-drop ratio
345 in both directions by defining the Diodicity parameter at a
346 constant flow rate as

$$\text{Diodicity}|_Q = \frac{\Delta P_{\text{backward}}}{\Delta P_{\text{forward}}}, \quad (2)$$

347 where $\Delta P_{\text{backward}}$ is the pressure drop in the backward direction
348 and $\Delta P_{\text{forward}}$ is the pressure drop in the forward direction. In
349 the linear regime of the pressure-drop versus flow rate curve,
350 the diodicity is around 1 within experimental uncertainty

[Fig. 4(c)]. In the non-linear regime, the diodicity increases 351 gradually until a maximum value of ~ 2 [Fig. 4(c)]. We have 352 further validated the rectification performance of our aniso- 353 tropic porous medium microfluidic device by two additional 354 polymer solutions, namely, (1) 0.4% HPAM 3530s and (2) 0.5% 355 HPAM 3330 s. Both these polymer solutions demonstrated rec- 356 tification with a maximum diodicity of 2.25 and 1.5, respectively 357 (see the [supplementary material](#), Sec. S1). 358

The maximum value of the diodicity depends on several 359 factors such as fluid type, shape of obstacles, and aspect 360 ratio.^{36,39,40,49,50} For a single-channel fluidic rectifier, Sousa 361 et al.⁵⁰ have showed that a hyperbolic wall shape exhibited 362 higher diodicity than a triangular shape for a wide variety of 363 fluid types. In a follow-up study, Sousa et al.³⁶ have found that 364 the maximum diodicity in a hyperbolic single-channel fluidic 365 rectifier can be increased by increasing the aspect ratio. They 366 have been able to achieve a diodicity of ~ 6.5 for an aspect 367 ratio of ~ 1.7 . Typically, a single-channel fluidic rectifier with 368 triangular shaped walls was found to have a maximum diodic- 369 ity of ~ 2 with variations of around ± 0.5 depending on the 370 fluid type.^{40,49,50} Replacing the triangular pillars with hyper- 371 bolic wall shape might also lead to higher diodicity in the 372 anisotropic porous medium geometry. Furthermore, porosity 373 is another parameter that can be used to vary the diodicity in 374 our device. Additional research is needed to address the 375 precise effects of porosity on diodicity. In Subsection III B 2, 376 we will discuss specific flow-field features over the entire 377 range of the diodicity values. 378

379 2. Flow visualization

The flow patterns in the linear regime ($\text{Re} \ll 1$, $\text{Wi} < 1$) of 380 the pressure-drop versus flow rate are comparable to the 381

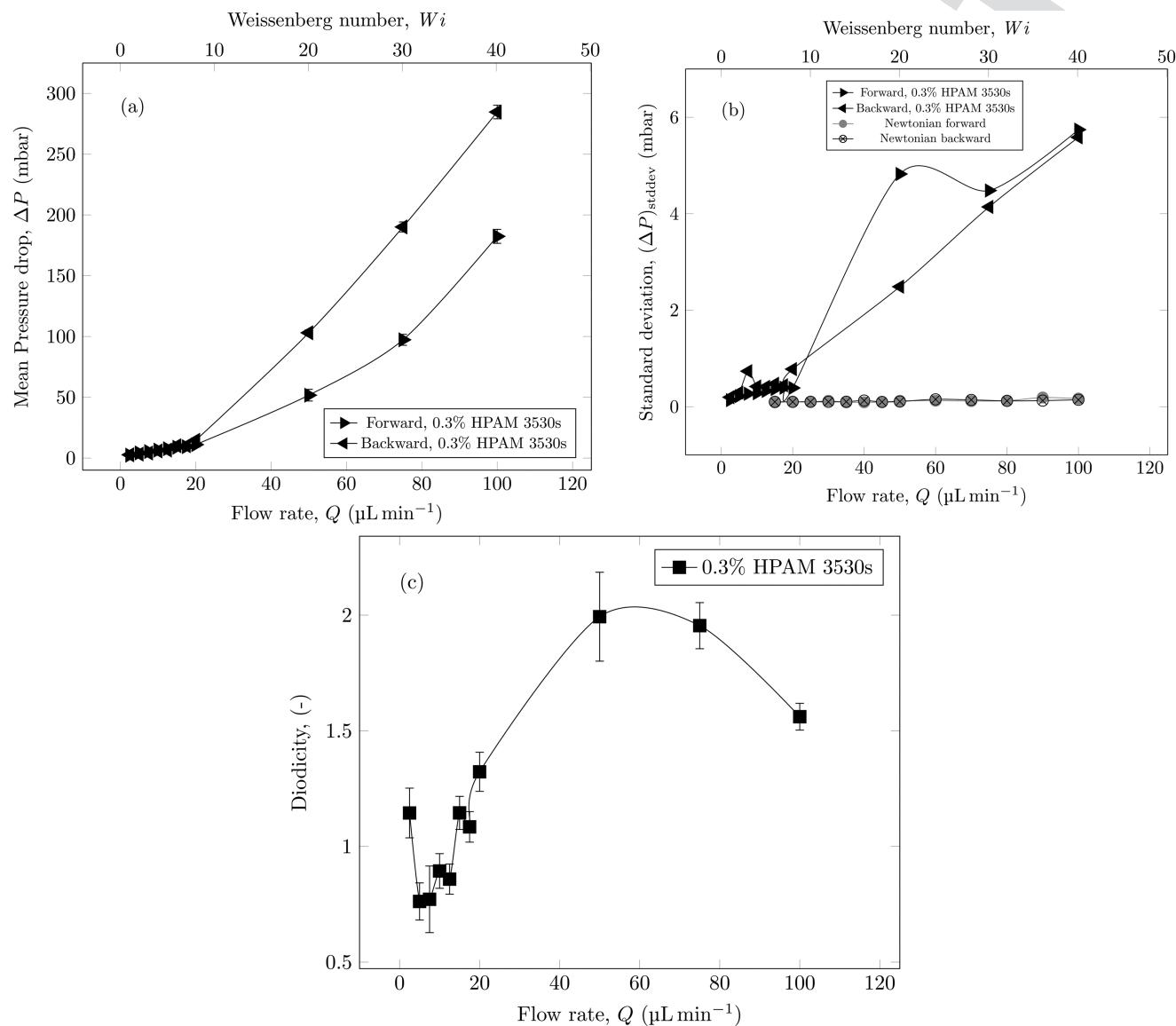


FIG. 4. Pressure drop was measured over a period of 300 s. (a) Mean pressure-drop and (b) the standard deviation versus the flow rate and the Wi number over the measurement period. The error bars in (a) show the standard deviation. (c) The diodicity as a function of the flow rate and the Wi number with error bars showing propagated error based on the pressure-drop fluctuation standard deviation.

382 Newtonian fluid flow streamlines [Fig. 3(b)] as shown in
 383 Figs. 5(a) and 5(b). In this situation, the streamlines in both
 384 directions are similar and appear symmetric along an axis
 385 parallel to the mean flow direction.

386 As the flow rate increases and the corresponding pressure-
 387 drop curve becomes non-linear, we observe elastic instabilities
 388 in both forward and backward directions. Above $Wi \sim 1$, we first
 389 observe a *dead-zone* (DZ), which is a time-independent flow
 390 instability in the forward direction. A DZ instability consists of a

391 large stagnation region in front of the obstacle where the local 391 velocity magnitude is significantly lower than the velocity mag- 392 nitude outside of the DZ. The velocity in the DZ is significantly 393 lower than the velocity in the region surrounding the DZ as 394 evident by the stationary fluorescent beads over multiple 395 frames. Such a dead zone has also been previously observed in 396 microfluidic porous media.^{17,28} The dead-zones exhibit washing 397 dynamics as it forms, first growing in size and then eventually 398 being washed away (see movies in the [supplementary material](#), 399

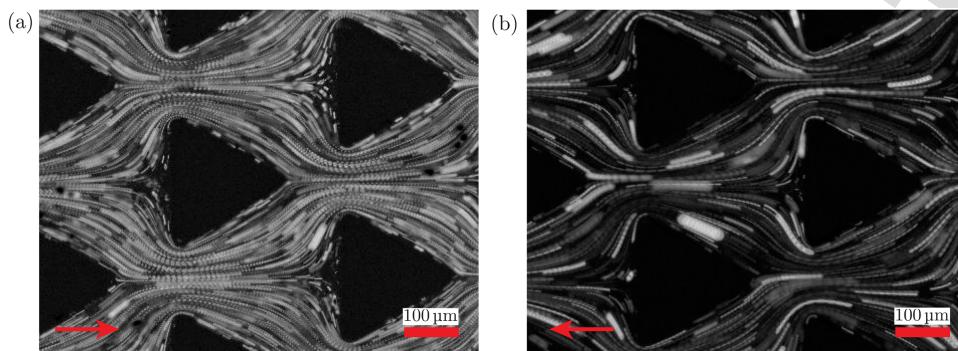


FIG. 5. Streamlines in the (a) forward and the (b) backward directions during the polymer solution flow at a flow rate of $1 \mu\text{l min}^{-1}$, $\text{Re} = 1.27 \times 10^{-4}$, and $\text{Wi} = 0.4$.

400 Sec. S4). The DZ washing frequency has been found to reach a
 401 steady value at ~ 4 mm distance from the upstream edge for the
 402 square and the circular staggered geometry.¹⁷ Therefore, the
 403 flow field was visualized near the downstream edge of the
 404 array of pillars where it had achieved pseudo-steady state. We
 405 have previously reported in detail the DZ instability in flow of
 406 shear-thinning polymer solutions through a periodic array of
 407 obstacles.¹⁷ Here, we will emphasize the key differences
 408 between the DZ instabilities in the forward and the backward
 409 directions.

410 In the forward direction, a single-large DZ is formed
 411 upstream of every obstacle [see Fig. 6(a)]. For the range of
 412 flow-rates investigated in the current study, no downstream
 413 DZ was observed in the forward direction. In the backward
 414 directions, two small DZs are formed upstream of every
 415 obstacle [see Fig. 6(b)]. These two small DZs in the backward
 416 direction are located on the top and the bottom inclined edge
 417 of the triangular obstacle. The difference between the
 418 pressure-drop between the forward and the backward direc-
 419 tions could be related to the dead-zone dynamics. In the
 420 forward direction, the large upstream dead-zone has a stabi-
 421 lising effect on the fast moving streamlines in between the
 422 pillars [Figs. 6(a) and 6(c)] with limited expansions and con-
 423 tractions. On the other hand, the absence of a large upstream
 424 dead-zone in the backward direction allows the flow field to
 425 experience relatively greater contractions and expansions
 426 than in the forward direction. These elastic stresses are
 427 amplified at higher Wi number giving rise to the anisotropic
 428 flow resistance. In general, the increase in flow resistance at
 429 high Wi number (for both forward and backward directions)
 430 has been linked to shear dominated flow features.^{55,56,67}
 431 Therefore, the shear dominated flow features in the backward
 432 direction are perhaps relatively stronger than those in the
 433 forward direction. Previous studies in single-channel rectifi-
 434 ers with a nozzle/diffuser geometry also found flow resis-
 435 tance in the backward direction to be higher than in the
 436 forward direction.^{36,40,68} The upstream inertio-elastic DZ
 437 time dependent instability has been linked to originate at
 438 $\text{Ma} \sim 1$.^{17,23,28,29} The DZ instability in both forward and back-
 439 ward directions also originates at $\text{Ma} \sim 1$ in agreement with

the previous observations. The image quality is compromised
 440 at high flow rates in the backward direction due to a higher
 441 number of fluorescent beads sticking on the top and the
 442 bottom surface of the microfluidic device. In order to reduce
 443 the uncertainty of backward upstream DZ area measurement,
 444 we considered the DZ areas that were distinguishable over
 445 multiple frames. The distinguishing aspect of the backward
 446 upstream DZ is the displacement of bright fluorescent beads
 447 along a vortex near the triangular pillar edges. A backward
 448 downstream DZ was observed in the backward direction at
 449 flow rates higher than $\sim 75 \mu\text{l min}^{-1}$ ($\text{Wi} \sim 32$). At lower flow
 450 rates, no backward downstream DZ has been observed. The
 451 single-large DZ in the forward direction grows and wobbles in
 452 a direction perpendicular to the average flow direction, until it
 453 washes away eventually. The entire DZ growth-wobbling-
 454 washing cycle repeats periodically. Figure 6(c) shows the wob-
 455 bling motion of DZs over time for the forward direction, and
 456 Fig. 6(d) shows the relative lack of DZ motion over time for the
 457 backward direction.

458 In order to evaluate the relation of the DZs in both
 459 forward and backward directions, we have measured the DZ
 460 area from the streamline images. We have measured three
 461 types of areas—(1) the area of the upstream single-large DZ in
 462 the forward direction, (2) the area of the upstream two DZs in
 463 the backward direction, and (3) the area of the downstream
 464 DZ in the backward direction [as represented schematically in
 465 Fig. 7(a)]. All types of DZ areas refer to the largest observed
 466 area over its lifetime. In Fig. 7(b), we plot the DZ areas normal-
 467 ized with the top surface area of the triangular obstacle over
 468 a range of flow rates. Note that in each case, the area of 10
 469 DZs is measured, and Fig. 7(b) shows the average value with
 470 the error bars showing the standard deviation. We can see
 471 that at a flow rate of $20 \mu\text{l min}^{-1}$ all the DZ areas are the same
 472 (~ 0.4) with the corresponding diodicity of ~ 1 [Fig. 4(b)]. As
 473 the flow rate is increased to $50 \mu\text{l min}^{-1}$, the upstream DZ area
 474 in the forward direction increased to ~ 0.6 , whereas the
 475 upstream DZ area in the backward direction remains constant
 476 at ~ 0.4 . Additional information on marking the DZ area on
 477 the streamline images is shown in the [supplementary material](#)
 478 (Sec. S3). The corresponding diodicity has also increased to
 479

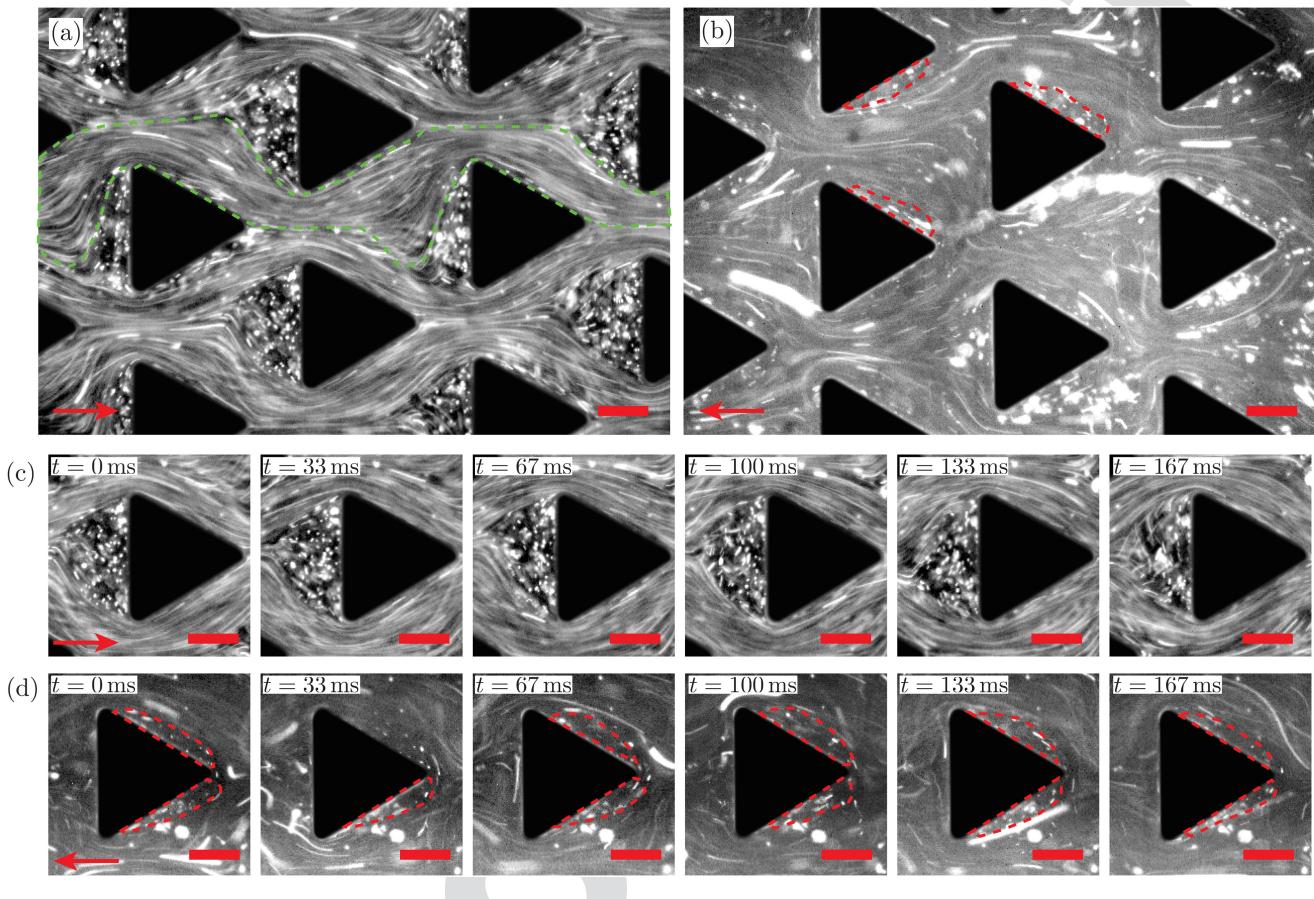


FIG. 6. The streamline images of polymer solution flow in the (a) forward and the (b) backward directions showing persistent dead zones. (c) shows the dead zone wobbling in the forward direction, whereas (d) shows the dead zone in the backward direction. The green dotted line in (a) shows flow-field channelling due to DZ formation. The red dotted regions in (b) and (d) show the upstream DZ in the backward direction. Flow rate = $50 \mu\text{l min}^{-1}$, $\text{Re} = 1.85 \times 10^2$, and $\text{Wi} = 21.5$ (max diodicity). Scale bar = $100 \mu\text{m}$.

480 ~ 2 [Fig. 4(b)]. We do not observe a downstream DZ in the
481 backward direction at this flow rate. As the flow rate is
482 further increased to $75 \mu\text{l min}^{-1}$ and to $100 \mu\text{l min}^{-1}$, the
483 upstream DZ area in the forward direction remains constant
484 at ~ 0.6 and the upstream DZ area in the backward direction
485 also remains constant at ~ 0.4 . At these flow rates, we
486 observe the formation of the downstream DZ in the backward
487 direction. When we add the upstream DZ area and the down-
488 stream DZ area in the backward direction, the total DZ area in
489 the backward direction matches with the upstream DZ area in
490 the forward direction (also see Sec. S3 in [supplementary material](#)). Correspondingly, the diodicity under this condition
491 also decreases to ~ 1.5 [Fig. 4(b)]. The diodicity values appear
492 to be related qualitatively to the DZ areas in the following
493 manner—higher diodicity values are correlated to a higher
494 difference between the total DZ area in the forward and the
495 backward directions. One of the consequences of a DZ in the
496 forward direction is to confine the flow between the pillars in
497

498 channels [for instance, see the green dotted region in Fig. 6(a)]. Such a channeling limits the contraction and expansion
499 of the fluid compared to the flow in the backward direction between $20 \mu\text{l min}^{-1}$ and $50 \mu\text{l min}^{-1}$, causing an increase
500 in the diodicity. Above $50 \mu\text{l min}^{-1}$, a downstream DZ is formed thereby minimizing the contraction and expansion of
501 the fluid. Formation of the downstream DZ is accompanied by
502 a decrease in diodicity. In future, it will be insightful to study
503 the impact of microfluidic anisotropic porous medium geometry
504 on DZ shape and on diodicity.
505

506 In general, our observation of a higher pressure-drop in
507 the direction of gradual-contraction to rapid-expansion
508 (backward direction) is consistent with previous experiments.
509 For single-channel experiments, the higher pressure-drop
510 has also been observed when the flow moved from a gradually
511 contracting to a rapidly expanding direction.^{36,40,49,50} In
512 single-channel experiments, the reason for observing rectifi-
513 cation was reported because of the strong extensional flow in
514

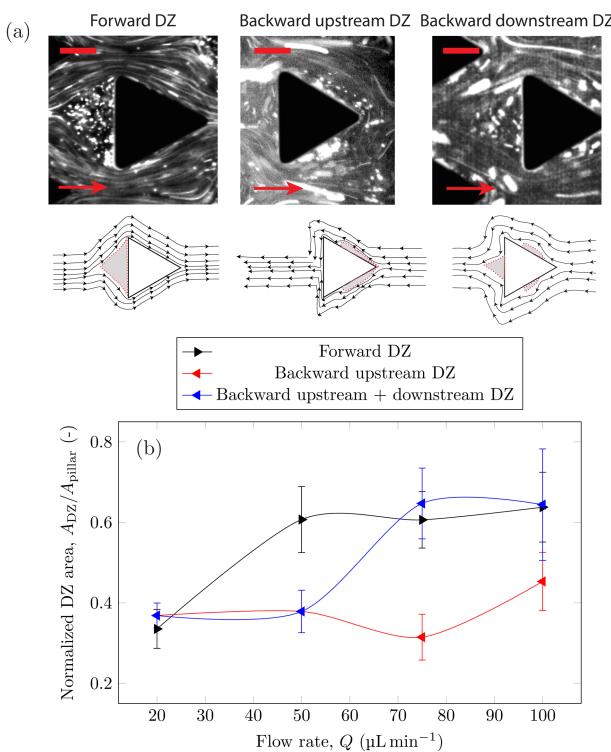


FIG. 7. (a) A representative streamline image and its corresponding schematic showing (left) the forward DZ at $Q = 50 \mu\text{L min}^{-1}$, (middle) backward upstream DZ at $Q = 50 \mu\text{L min}^{-1}$, and (right) the backward downstream DZ at $Q = 100 \mu\text{L min}^{-1}$. (b) The normalized DZ area for the three DZs as shown in (a) over the range of flow rates of polymer solution. Solid line is shown as a guide to the eye. Scale bar = $100 \mu\text{m}$.

516 the backward direction compared to the forward direction,
517 with forward/backward direction referred according to defi-
518 nition in this manuscript.

519 IV. CONCLUSIONS

520 We have investigated low-Re, high-Wi fluidic rectification
521 in an anisotropic porous medium consisting of a periodic
522 array of triangles. The anisotropic geometry has produced
523 different flow-fields as the flow direction has been reversed.
524 At low flow rates, the creeping flow has been observed in
525 both forward and backward flow directions. At a certain onset
526 flow rate, ($Wi \sim 1.0$) the flow field becomes unstable. These
527 instabilities are well correlated with the rapid increase in the
528 flow resistance typically observed for polymer solutions
529 flowing through porous media.^{17,18,20,28,54} In agreement with
530 our previous studies, we show that as the polymer solutions
531 flow through anisotropic porous medium in both forward/
532 backward directions, the flow field transitions to a time-
533 dependent elastic instability with the pressure-drop fluctua-
534 tions increasing simultaneously at $Ma \sim 1.0$. The differences

in the time-dependent elastic instabilities in the forward and
535 the backward directions lead to a difference in the value of
536 pressure-drop. The backward to forward pressure-drop ratio
537 can vary up to a factor of 2 with the flow rate. In addition, we
538 have discovered that the area of the dead-zone type instabil-
539 ity appears to be qualitatively related to the diodicity. We
540 believe that this microfluidic rectifier can be used and inte-
541 grated as passive valves in generic microfluidic porous
542 medium for broad applications ranging from rheological char-
543 acterization to cell/bio-particle separation in lab-on-a-chip
544 technologies.⁶⁹

SUPPLEMENTARY MATERIAL

See the [supplementary material](#) for (1) rectification behaviour with additional polymer solutions, (2) experimental set-up of flow visualization, (3) additional data on the streamline visualization at a flow rate of 50 and $100 \mu\text{L min}^{-1}$ (at room temperature), (4) movies of flow in the forward and the backward directions, and (5) PIV characterization in the creeping flow regime.

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