# **Standing Strong Together**

Designing a community orientated dementia residential care neighbourhood

AR3AD110 Dwelling Graduation Studio

Designing for Care in an Inclusive Environment

P5 Presentation 19-06-2023

Tom Stuiver | 4479580



#### RESEARCH | Relevance of the research



Hersenaandoeningen Gevolgen Behandelingen Di



Hersenstichting. (2020). Verdubbeling aantal mensen met dementie in 2040. Hersenstichting. https://www.hersenstichting.nl/nieuws/verdubbeling-aantal-mensen-met-dementie-in-2040/

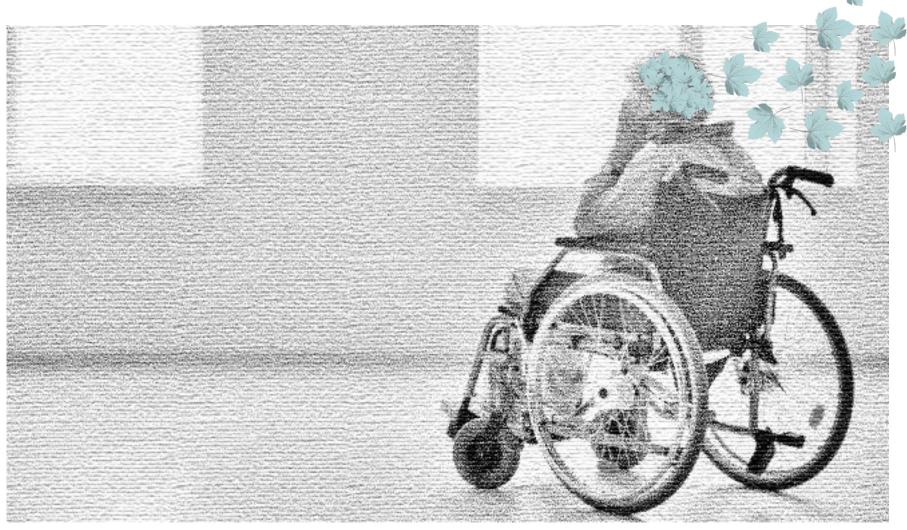
#### **Zorgen om toename dementie:** 'Snelst groeiende doodsoorzaak in Nederland'





Mantel, A. (2021, September 2). Zorgen om toename dementie: "Snelst groeiende doodsoorzaak in Nederland." Telegraaf. https://www.telegraaf.nl/nieuws/413193734/zorgen-om-toename-dementie-snelstgroeiende-doodsoorzaak-in-nederland

RESEARCH | Relevance of the research



Original image: Jansen, R. (2020, March 15). 'Geen bezoek vanwege corona maakt ouderen eenzaam' - TVV [Photo]. TVV. https://www.tvvtotaal.nl/geen-bezoek-vanwege-corona-maakt-ouderen-eenzaam/



Dax Dementia Village, NORD Architects

Original image: NORD Architects. (n.d.). Alzheimers Village / NORD Architects [Photo]. Archdaily. Retreived on April 5, 2023, from https://www.archdaily.com/973948/alzheimers-villa-nord-architects



Dax Dementia Village, NORD Architects



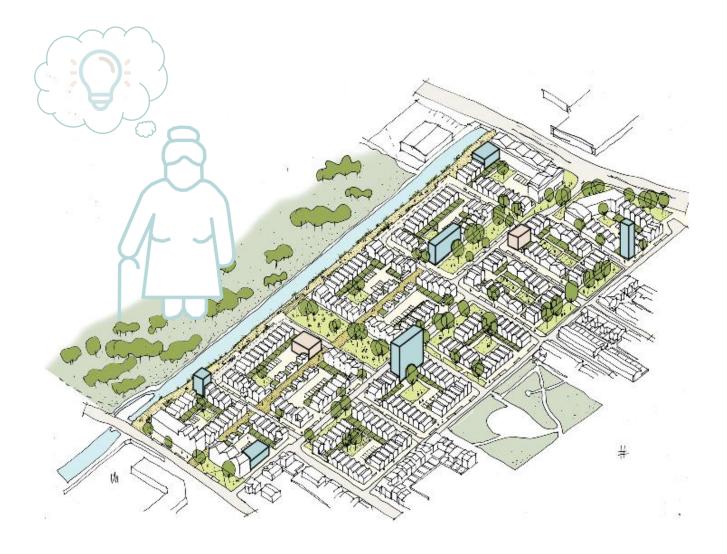




Original image: Archdaily. (2021, May 17). A Theme Park-Inspired Urban Design in Italy and a Floating Neighbourhood in Iran: 10 Unbuilt Projects Submitted to Archdaily

lSketchl. https://www.archdaily.com/961712/a-theme-park-inspired-urban-design-in-italy-and-a-floating-neighbourhood-in-iran-10-unbuilt-projects-submitted-to-archdaily/609fe0327480a60164087cbe-a-theme-park-inspired-urban-design-in-italy-and-a-floating-neighbourhood-in-iran-10-unbuilt-projects-submitted-to-archdaily-image

### RESEARCH | Research goal



- Supporting people with dementia to remain living in their familiar home environment
- Addressing the 'gap' between staying at home and the nursing home
- Preventing fear, stress, anxiety, and social exclusion of people with dementia

How can the Dementia Village living environment provide residential care for early-stage dementia patients on a larger community orientated neighbourhood scale?

#### Dementia Village architecture



SQ1: What living environment features and conditions are of importance when designing for dementia patients?

#### Community orientated neighbourhood

How can the architectural design stimulate a community orientated living environment for early stage dementia patients?

#### Dementia Village architecture



Community orientated neighbourhood

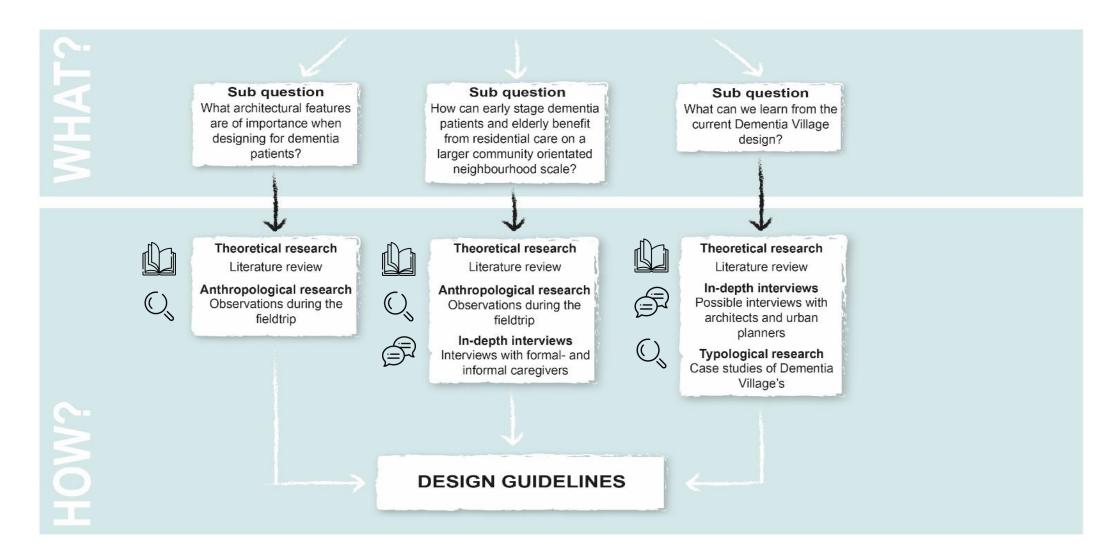
SQ1: What architectural features are of importance when designing for dementia patients?

How can the architectural design stimulate a community orientated neighbourhood for early stage dementia patients?

**Dementia Village case studies** 

SQ3: What can we learn from the current Dementia Village design?

#### RESEARCH | Methods



# RESEARCH | Fieldwork



De Reigershoeve, Heemskerk: 24 – 26 + 28 October

Zorgboerderij | Stichting Reigershoeve. (n.d.). [Photo]. https://reigershoeve.nl/



Van Der Linden (n.d.). Liv-Inn-Hilversum-Hilversum [Photo] https://www.vanderlinden.nl/huurwoning/Liv-Inn-Hilversum-Hilversum/101375

Liv inn, Hilversum: 31 October – 2 November

What architectural features are of importance when designing for dementia patients?

SQ1: What architectural features are of importance when designing for dementia patients?

Current literature focusses on dementia friendly design features in assisted-living healthcare facilities

e.g., Hou et al., 2019; Kleibusch, 2018; Marquardt, 2014; McAdam & Williams, 2017; Niedderer et al., 2019; van Buuren & Mohammadi, 2022

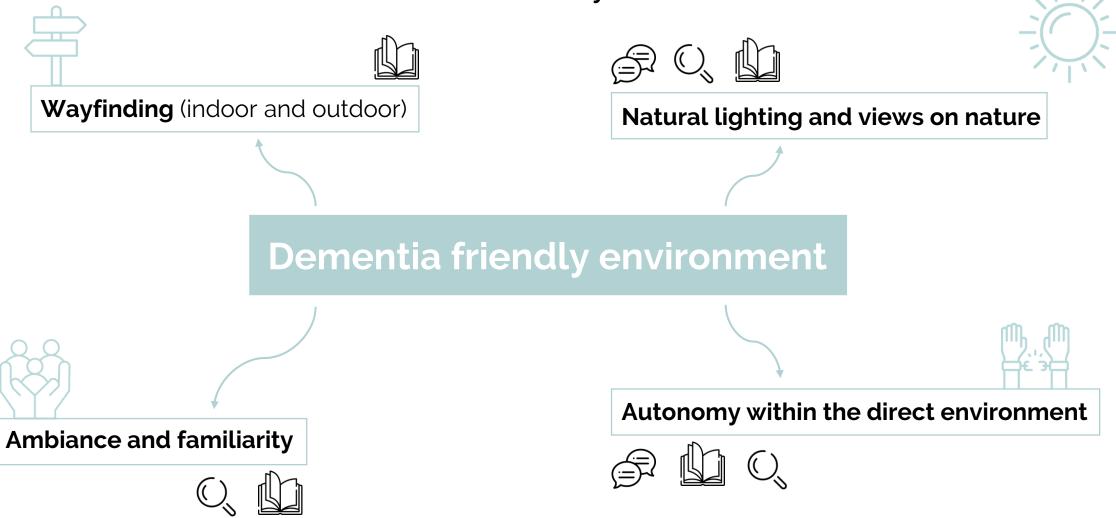
What architectural features are of importance when designing for dementia patients?

Current literature focusses on dementia friendly design features in assisted-living healthcare facilities

e.g., Hou et al., 2019; Kleibusch, 2018; Marquardt, 2014; McAdam & Williams, 2017; Niedderer et al., 2019; van Buuren & Mohammadi, 2022

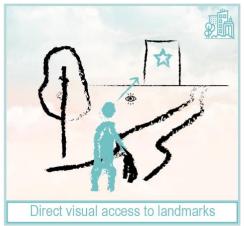


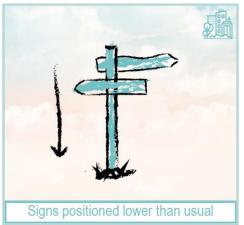
Missing research about the successful implementation of these design features within a home like environment



#### Wayfinding

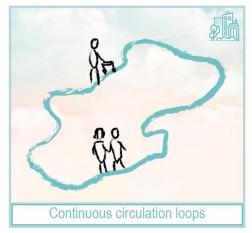




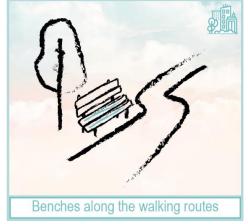




#### Autonomy within the direct environment











Mixing people with dementia along elderly

Bremmers, S. (2018, May 7). *lets doen voor de ander belangrijk voor ouderen [Photo].* Zorgvisie. https://www.zorgvisie.nl/iets-doen-voor-de-ander-belangrijk-voor-ouderen/



Mixing people with dementia along elderly



Mixing people with dementia along families with young children





Tienhooven, G. (2014, April 12). Omroep MAX laat bejaarden samenleven met kleuters [Photo]. AD. https://www.ad.nl/show/omroep-max-laat-bejaarden-samenleven-met-kleuters~a2fd3e91

#### A multifunctional neighbourhood

Multifunctional community centre







#### A multifunctional neighbourhood

Multifunctional community centre





Preserving the feeling of autonomy







#### A multifunctional neighbourhood

Multifunctional community centre





Preserving the feeling of autonomy







#### A multifunctional neighbourhood

Multifunctional community centre





Preserving the feeling of autonomy





Outdoor functions for children





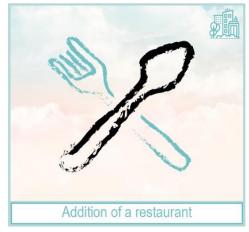


#### Design guidelines





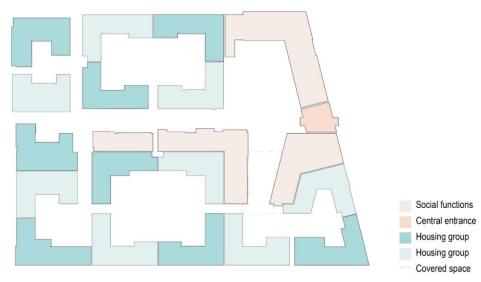








#### RESEARCH | Case studies

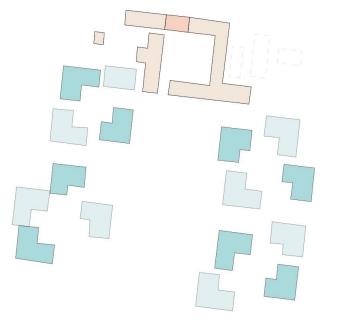


De Hogeweyk dementia village, The Netherlands

Courtyards with different identities







Dax dementia village, France

Link with nature



Social functions
Central entrance

Housing group

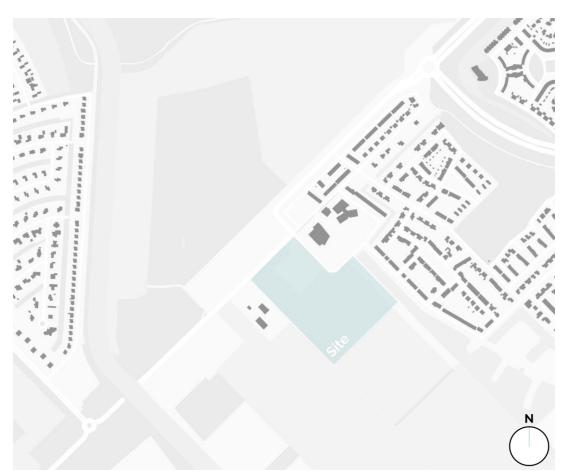
Housing group

Staff buildings

# DESIGN SITE | Location



Warande neighbourhood, Lelystad | 1:50.000



Design site, Warande | 1 : 10.000

#### DESIGN SITE | Current masterplan



- Fragmented
- Too much variety in building typologies
- Very rigid and orthogonal
- Lacking the desired 'living amongst nature' atmosphere

Warande Cittanova masterplan, Lelystad | 1 : 5.000

### DESIGN SITE | SWOT analysis



#### STRENGHTS

- Situated nearby a national nature reserve
- Social heart with supermarket, primary school and healthcare facility
- The Stadshoeve as a central meeting spot and place for day care
- Vision from the municipality shows strong connections with the research
- Parking spots on fixed positions near the edge of the site to encourage daily movement and possible ways to interact with other residents

#### WEAKNESSES



- Apart from the social heart no strong connections with the surrounding neighbourhoods, making the site quite isolated
  - The greenery is currently not really accessible
  - Only one way of public transport to the city centre
  - No strong implementation of wayfinding within the masterplan, divergence between types of roads etc.
- The road system in the masterplan is very rigid and perpendicular, not really suiting this 'living amongst nature' organic feeling and not providing ways for people with dementia a possibility to simply wander around

#### **SWOT**

Waranda design site and Cittanova masterplan

- Implementation of the 'freedom feeling' within e.g. possible activities like a cafe, restaurant, etc.
- Implementation of more variation within the types of greenery
- Nearby retiring farm creates possibilities for farm based dementia day care
- Better implementation of water within the site, Lelystad is known for its playfulness with water heights
- Implementation of height differences to encourage movement and a healthy lifestyle while keeping the paths flat and accessible.
- Upgrading the Stadshoeve into a multifunctional space, surrounded by public greenery to maximize its potential
- Creating a view on nature from each dwelling



- The plot is 4,5 meters below sea-level
   The East part of the plot could feel isolated compared to the West where all
   the social functions are located
  - Dividing the plot in different zones with different styles could disturb the orientation and create confusion for people with dementia
- The masterplan is not interactive enough, providing not enough incentives
  - Lack of benches and public toilets creates a barrier for people with dementia to make use of the public space

THREATS





Warande Cittanova masterplan, Lelystad | 1:5.000



Warande Cittanova masterplan, Lelystad | 1:5.000



Warande Cittanova masterplan, Lelystad | 1:5.000



Warande Cittanova masterplan, Lelystad | 1:5.000



Warande Cittanova masterplan, Lelystad | 1:5.000



Warande Cittanova masterplan, Lelystad | 1:5.000

### DESIGN SITE | Adjusted masterplan



Warande Cittanova masterplan, Lelystad | 1 : 5.000

New masterplan, Lelystad | 1:5.000

### DESIGN SITE | Site selection

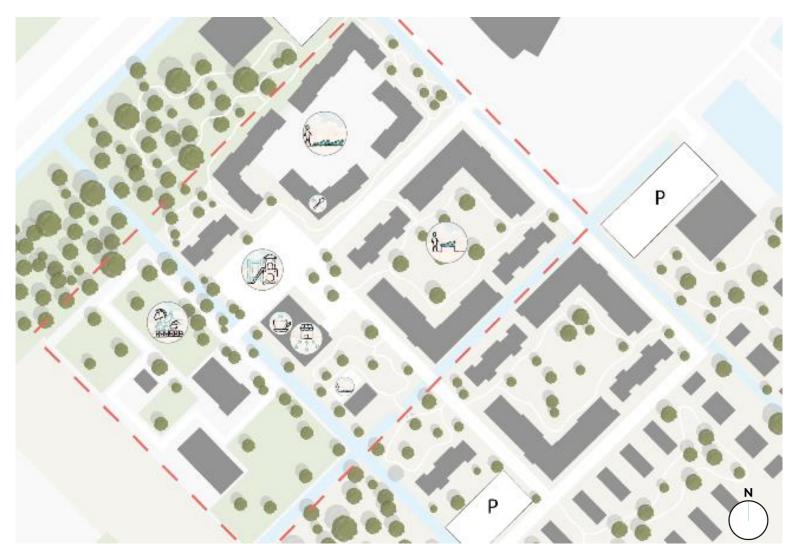


Current surfaces present within masterplan



Selected site in masterplan | 1 : 5.000

### DESIGN SITE | Addition of community







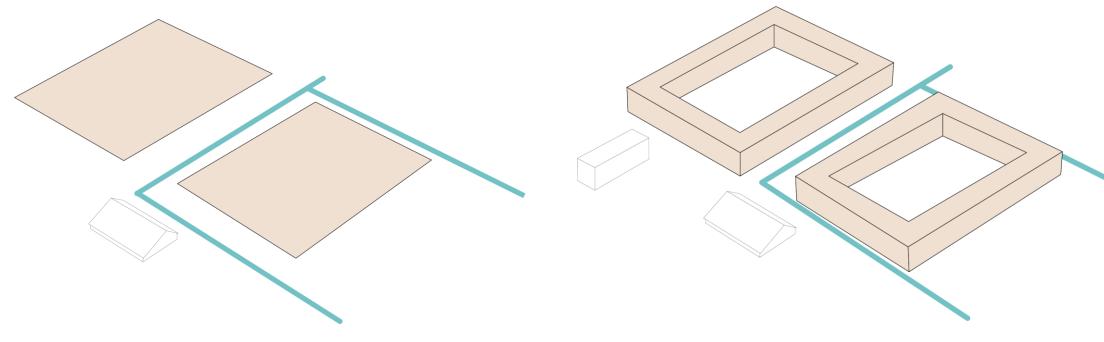








Addition of amenities on a central spot | 1:2500

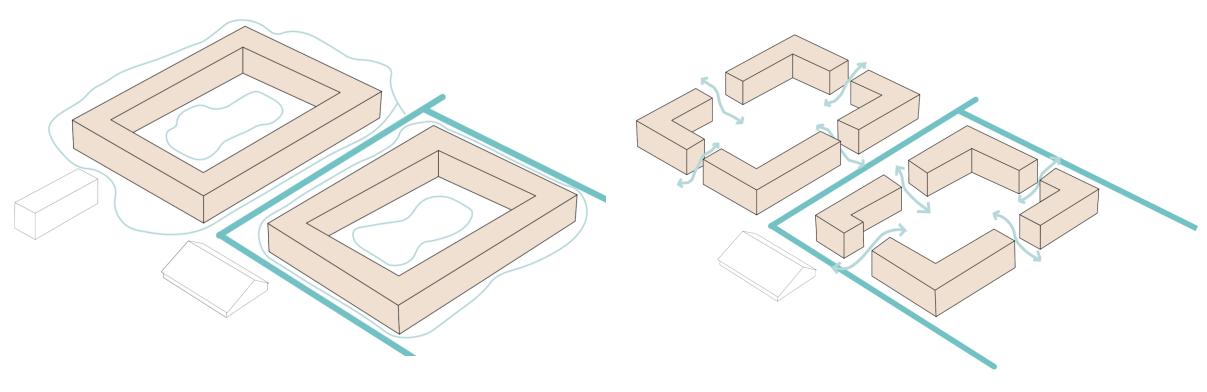


1. Definition of two zones near the main route, according to master plan



2. Addition of courtyards

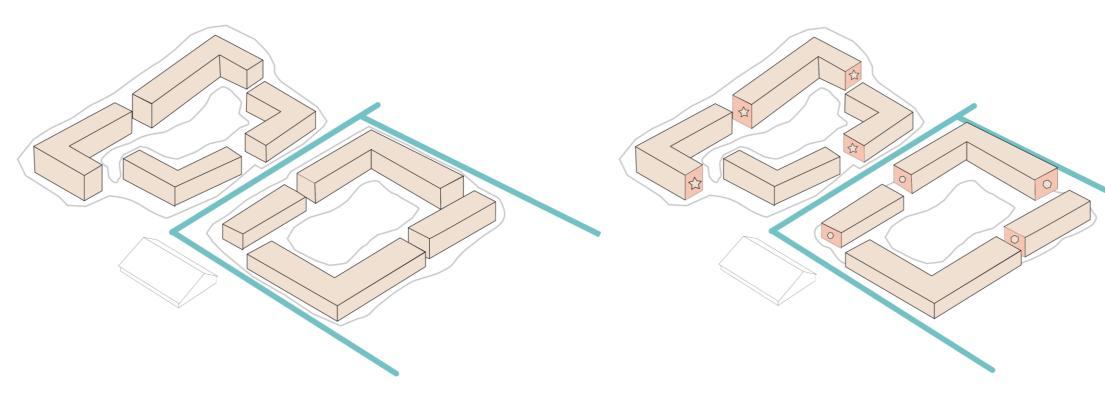




3. Addition of routing within and around the courtyards

4. Opening the courtyards for better accessibility



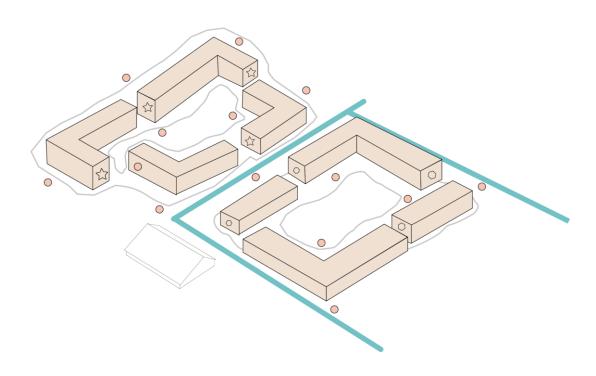


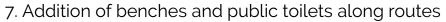
5. Slightly tilting building blocks for better view on nature



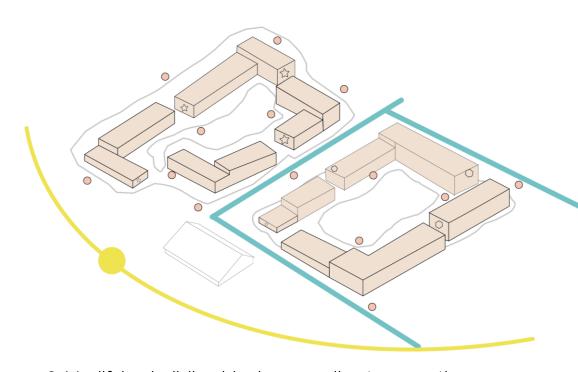
6. Addition of mosaics on blind facades as landmarks



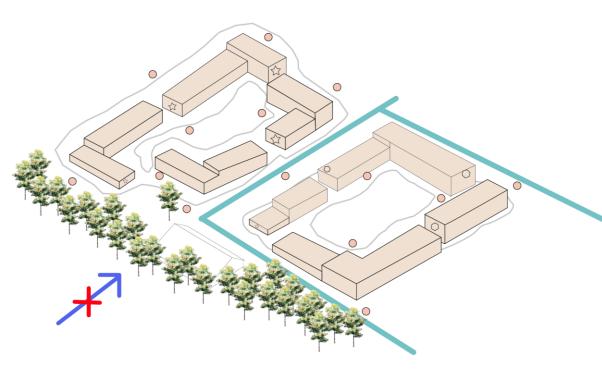




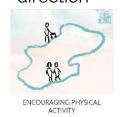


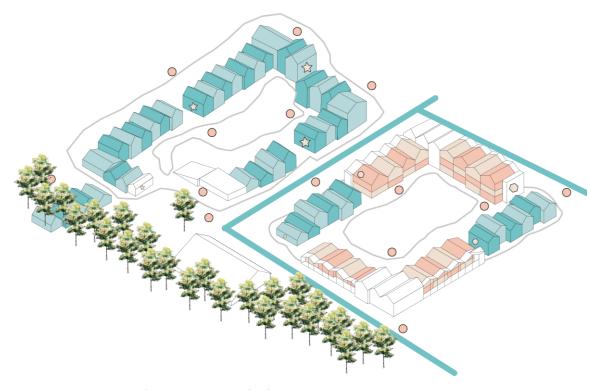


8. Modifying building blocks according to sunpath



9. Addition of nature on South-West side to block predominant wind direction





10. Addition of slanted roofs for more 'home like' and small-scale environment













ENCOURAGING SOCIA CONTACT BETWEEN

Design site- Urban planning | 1:500

## DESIGN SITE | Main roads



Design site- Urban planning | 1:500







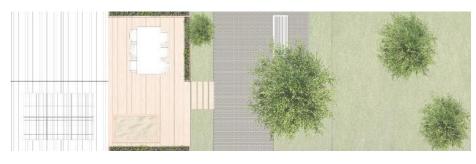
Street profile - Main road | 1:50

# DESIGN SITE | Secondary roads



Design site- Urban planning | 1:500







Street profile - Secondary road | 1:50





Typical residential care apartment – Ground floor | 1:50







Typical residential care apartment – Ground floor | 1:50

Climate scheme- Residential care apartment | 1:50







Typical residential care apartment – Ground floor | 1:50

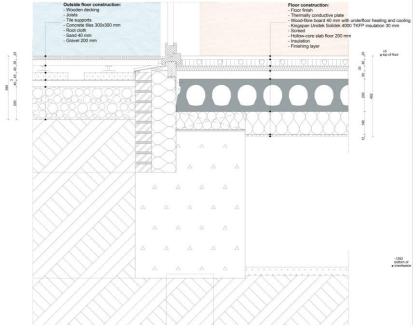


Typical residential care apartment – Ground floor | 1:50





RIENDLY ENCOURAGING PHYSI MENT ACTIVITY



Foundation detail- Residential care apartment | 1 : 20







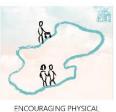


Typical residential care apartment – Ground floor | 1:50



Typical residential care apartment – Ground floor | 1:50



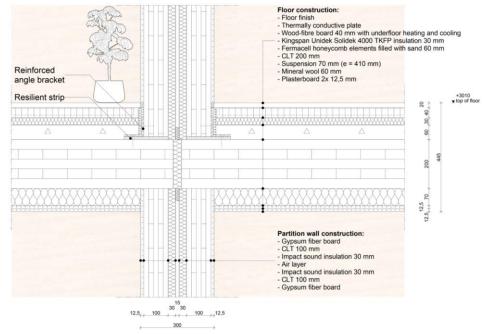




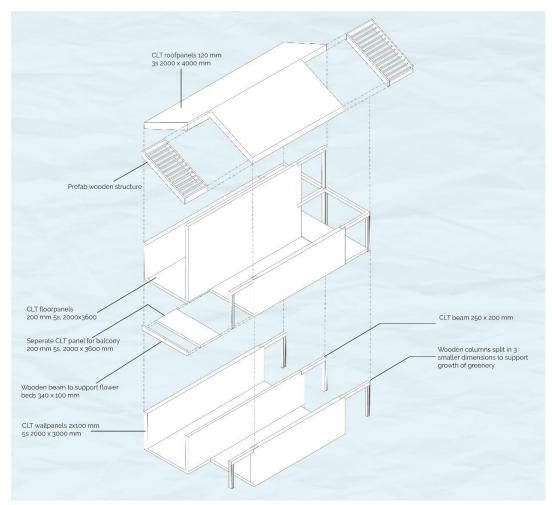
ENVIRONMENT

ACTIVITY

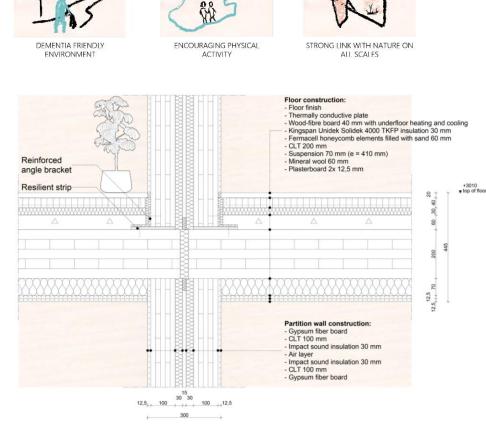
ALL SCALES



Separation wall detail—Residential care apartment | 1:20



Wooden construction - Residential care apartment



Separation wall detail- Residential care apartment | 1:20









Typical residential care apartment – First floor | 1:50

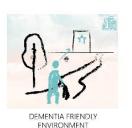


**ENCOURAGING PHYSICAL** ACTIVITY ALL SCALES Wood-fibre board 40 mm with underfloor heating and cooling Kingspan Unidek Solidek 4000 TKFP insulation 30 mm Fermacell honeycomb elements filled with sand 60 mm - Suspension 70 mm - Mineral wool 60 mm Breathable membrane

Typical residential care apartment – First floor | 1:50

Balcony detail- Residential care apartment | 1:20









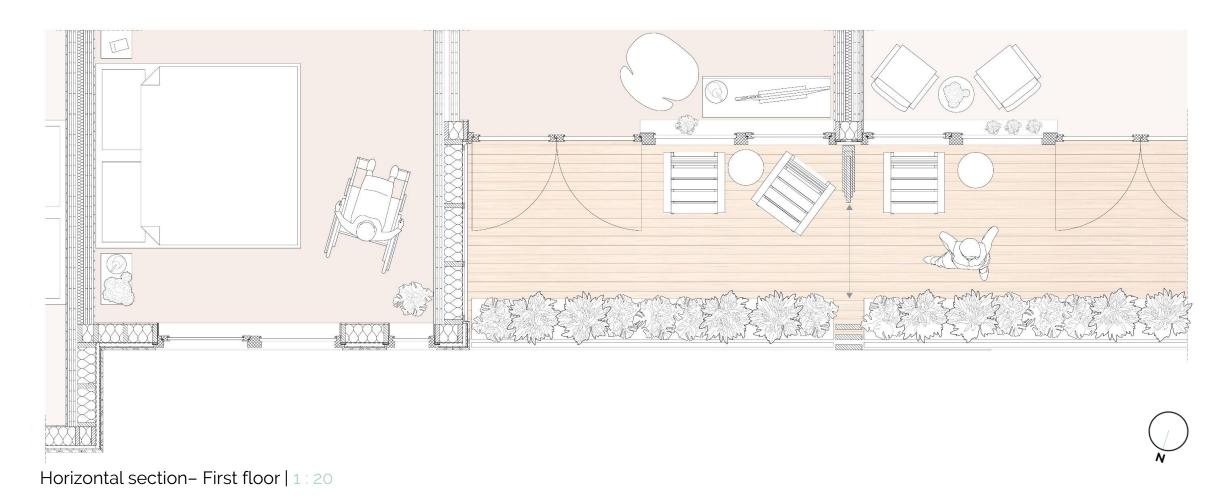
COURAGING PHYSICAL STRONG LINK WITH NA ACTIVITY ALL SCALES

White rockpanel

Chain for drainage of excess water

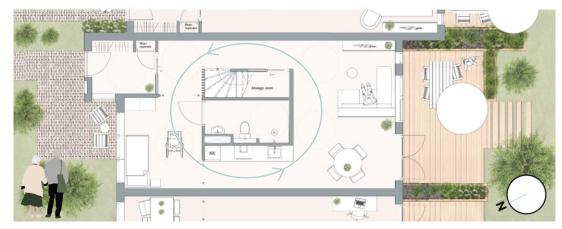
Typical residential care apartment – First floor | 1:50

Balcony detail- Residential care apartment | 1:20





Typical rowhouse – Ground floor | 1:50



Typical rowhouse - Ground floor | 1:50

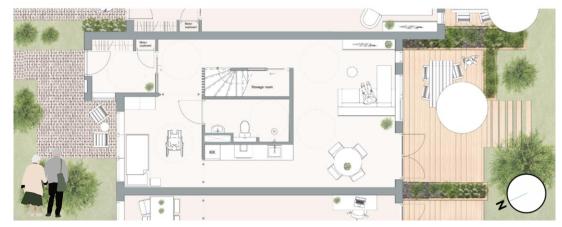






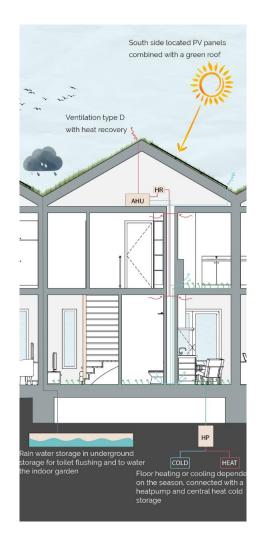


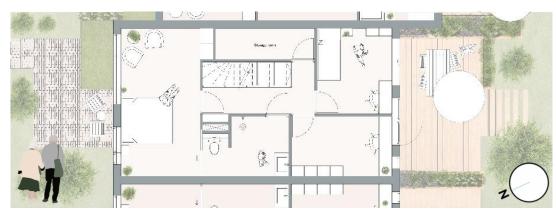
Typical rowhouse – Ground floor | 1:50



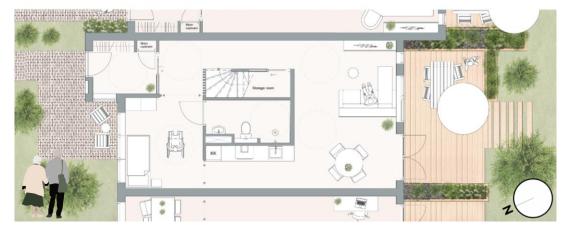
Typical rowhouse - Ground floor | 1:50







Typical rowhouse – First floor | 1:50



Typical rowhouse - Ground floor | 1:50



Typical rowhouse – First floor | 1:50



Typical rowhouse – Ground floor | 1:50



Residential care complex – Long section | 1:50



Typical rowhouse – Long section | 1:50



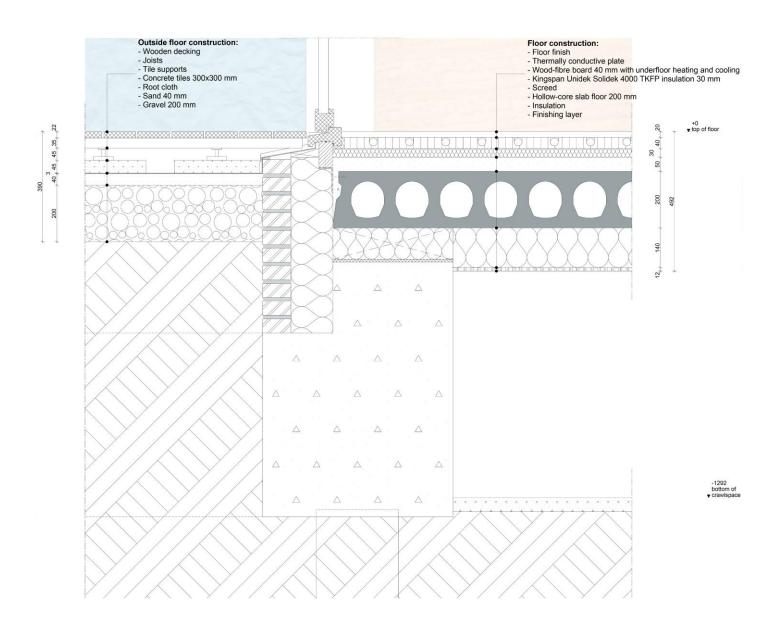
Façade fragment and vertical section | 1:20

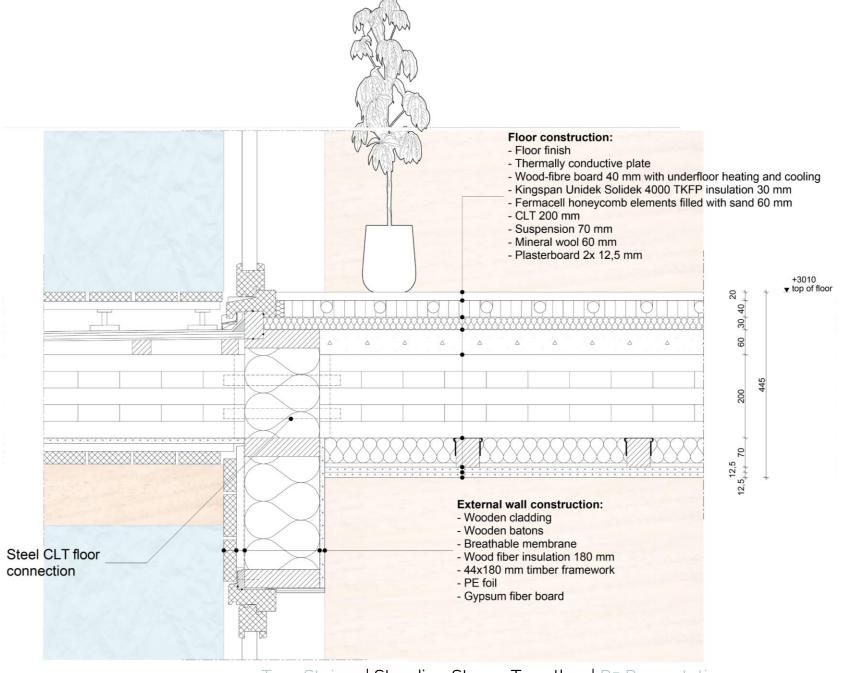


Original image: Jansen, R. (2020, March 15). 'Geen bezoek vanwege corona maakt ouderen eenzaam' - TVV [Photo]. TVV. https://www.tvvtotaal.nl/geen-bezoek-vanwege-corona-maakt-ouderen-eenzaam/









Tom Stuiver | Standing Strong Together | P5 Presentation

