

Yeasts collectively extend the limits of habitable temperatures by secreting glutathione

Laman Trip, Diederik S.; Youk, Hyun

DOI 10.1038/s41564-020-0704-2

Publication date 2020 Document Version Accepted author manuscript

Published in Nature Reviews Microbiology

Citation (APA)

Laman Trip, D. S., & Youk, H. (2020). Yeasts collectively extend the limits of habitable temperatures by secreting glutathione. *Nature Reviews Microbiology*, *5*(7), 943-954. https://doi.org/10.1038/s41564-020-0704-2

Important note

To cite this publication, please use the final published version (if applicable). Please check the document version above.

Copyright

Other than for strictly personal use, it is not permitted to download, forward or distribute the text or part of it, without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license such as Creative Commons.

Takedown policy

Please contact us and provide details if you believe this document breaches copyrights. We will remove access to the work immediately and investigate your claim.

Yeasts collectively extend the limits of habitable temperatures by 1 secreting glutathione 2 3 4 Diederik S. Laman Trip^{1,2} and Hyun Youk^{1,2,3,*} 5 6 7 8 ¹Kavli Institute of Nanoscience. 9 ²Department of Bionanoscience, Delft University of Technology, Delft 2628CJ, The Netherlands 10 ³CIFAR, CIFAR Azrieli Global Scholars Program, Toronto ON M5G 1M1, Canada *Corresponding author. Email: h.youk@tudelft.nl 11 12 13 14 SUMMARY 15 16 The conventional view is that high temperatures cause microbes to replicate slowly or die. 17 In this view, microbes autonomously combat heat-induced damages. Yet, microbes coexist with each other, raising the underexplored and timely question of whether microbes 18 19 can cooperatively combat heat-induced damages at high temperatures. Here we use the 20 budding yeast, Saccharomyces cerevisiae, to show that cells can help each other and their 21 future generations survive and replicate at high temperatures. As a surprising 22 consequence, even for the same temperature, a yeast population can either exponentially 23 grow, never grow, or grow after unpredictable durations (hours-to-days) of stasis, 24 depending on its population density. Through the same mechanism, yeasts collectively 25 delay and can eventually stop their approach to extinction, with higher population-26 densities stopping faster. These features arise from yeasts secreting and extracellularly 27 accumulating glutathione - a ubiquitous heat-damage-preventing antioxidant. We show 28 that secreting glutathione, which eliminates harmful extracellular chemicals, is both 29 necessary and sufficient for yeasts to collectively survive high temperatures. A 30 mathematical model, generally applicable to any cells that cooperatively replicate by 31 secreting molecules, recapitulates all these features. Our study demonstrates how 32 organisms can cooperatively define and extend the boundaries of life-permitting

33 34 temperatures.

Microbes live in a range of "habitable temperatures" (1-3). The conventional view is that increasing 35 36 the temperature above some optimal value causes microbes to take more time to self-replicate 37 and that once the temperature goes beyond the habitable range - into an "unlivable temperature" 38 regime - microbes cannot replicate and they die (1-4) (Figs. 1a-b). In this textbook view, a 39 microbe's ability to replicate at high temperatures hinges on whether the cell can combat heat-40 induced damages by itself such as misfolded proteins (5-8) which it cannot at sufficiently high 41 temperatures, leading to its death (Fig. 1c). Yet a microbe often lives with other cells instead of 42 alone, enabling them to work together for their collective survival (9-13). Given the timeliness of 43 understanding how the rising global temperatures affect organisms, we used the budding yeast. 44 Saccharomyces cerevisiae, to re-examine the conventional picture - one in which yeasts autonomously combat heat shocks - to investigate whether microbes can also collectively combat 45 46 high temperatures to avoid becoming extinct (Fig. 1d).

47

48 As our starting point, we reproduced the well-known, textbook picture of how temperature 49 affects microbial growths by measuring the population-level growth rates for a laboratory-standard 50 ("wild-type") strain of haploid budding yeast in liquid cultures (4,14-16) (Fig. 1b and Supplementary Fig. 1). In this picture, the population growth-rate is zero for temperatures of 40 °C and higher 51 52 (Fig. 1b and Supplementary Fig. 1). Despite being evidently true - as we reproduced it here - we 53 discovered that this textbook picture (Fig. 1c) is misleading and requires a revision. In this paper, 54 we revise this picture with experiments and a mathematical model, which reveal that, at sufficiently 55 high temperatures, yeasts secrete and extracellularly accumulate glutathione - a major antioxidant 56 for many species - that cleanses the extracellular environment of harmful reactive oxygen species 57 whose high reactivity is damaging for cells. Thus, we discovered that yeasts help each other and 58 their future generations replicate, survive, and avoid becoming extinct at high temperatures (Fig. 1d). In short, our work demonstrates the habitability of a temperature for a single-celled organism 59 60 emerging as a community-level property, determined by interactions among the members of the 61 microbial community.

62

63

64 **RESULTS**

65 Population-density determines replicability of cells and habitability of temperature

66 We re-examined the conventional, cell-autonomous picture by incubating populations of wild-type 67 yeasts in liquid media at a conventionally-defined habitable temperature (\sim 38 ^oC), unlivable 68 temperature (\sim 40 ^oC), and a transition temperature in between the two (\sim 39 ^oC). This time, and

in contrast with the conventional picture (Supplementary Fig. 1), we precisely set the initial 69 70 population-density (# of cells/mL) and studied its effect on population growth. With a flow 71 cytometer, we counted the integer numbers of cells per volume to determine the population-72 density over time. These experiments revealed surprising behaviors. Specifically, at the supposedly-habitable temperature of ~38 °C, none of the replicate populations that started with a 73 74 relatively low population-density (200 cells/mL) grew at all during ~12 days of incubation except 75 for a small, transient growth that occurred for a few hours right after the transfer from 30 °C (Fig. 2a - red curves). At the same temperature (~38 °C), setting the initial population-density to be just 76 77 five times larger (1,000 cells/mL) yielded a population whose behavior was completely unpredictable; it could either grow until it reached the carrying capacity (i.e., $\sim 10^7$ cells/mL) or not 78 79 grow at all after the initial transient-growth (Fig. 2a - green curves). When the population did grow, 80 it could wait four days or eight days or some other, unpredictable time before starting to grow (Fig. 2a - multiple green curves). Still, at the same temperature (~38 °C), setting the initial population-81 82 density to be again just five times larger (5,000 cells/mL) yielded populations that always grew 83 exponentially and identically over time up to the carrying capacity (Fig. 2a - blue curves). Thus, at 84 the supposedly "habitable" temperature of 38 °C, only the largest of the three initial populationdensities led to the deterministic growth that the conventional picture states should be exhibited 85 by every population (1,14-16). The same three, population-density-dependent growth behaviors 86 also occur near the upper limit of the habitable temperatures (~39 °C) (Fig. 2b). Moreover, we 87 found that populations with sufficiently many cells can grow at ~40 °C - a supposedly "unlivable" 88 89 temperature (Fig. 2c - non-red curves). These results show that in order to determine whether a 90 yeast-population grows or not, one must know both the temperature and the initial population-91 density.

92

93 Phase diagram summarizes population-level behaviors across temperatures

94 By incubating liquid cultures of populations with differing initial densities at multiple temperatures, 95 we constructed a "phase diagram" (Fig. 2d and Supplementary Figs. 3-4). The phase diagram, 96 summarizing the population-level growth behaviors, consists of four phases - deterministic growth, 97 random growth, no-growth, and no-growth due to insufficient nutrients - as a function of the initial 98 population-density and temperature. It reveals that the conventional picture (Figs. 1b-c) mistakenly 99 arises because one typically sets the initial population-density to lie within some narrow range 100 when studying population growths. This leads to, for example, the growth rate appearing to decrease as the temperature increases within a given range (e.g., 36.5 °C ~ 39 °C) (Fig. 1b). But, 101 102 in fact, for the same temperature range, we found that the populations' growth rates - when they 103 grew - were poorly correlated with temperature and could highly vary among populations even for 104 the same temperature if we widely varied the initial population-density (Fig. 2e). The phase 105 boundary between the deterministic-growth and random-growth phases (Fig. 2d) describes the 106 minimum, initial population-density necessary to guarantee that a population grew at each 107 temperature. Conversely, the phase boundary between the random-growth and no-growth phases 108 (Fig. 2d) describes the maximum, initial population-density necessary to guarantee that a 109 population never grew at each temperature. Both of these values are highly sensitive to 110 temperature (e.g., a ~100-fold change when going from 39 °C to 40 °C (Fig. 2d)). The randomgrowth phase may be seen as a hybrid of the deterministic-growth and no-growth phases. A small 111 112 change of either can transform a no-growth into a deterministic-growth and vice-versa (Fig. 2a). 113 Intriguingly, all phase boundaries converge at a single point ("fold-bifurcation point") located at 114 40.3 °C, leading to only the no-growth phase at temperatures beyond 40.3 °C (Fig. 2d). 115 Specifically, at temperatures higher than 40.3 °C, populations can grow but stop growing before 116 reaching the carrying capacity, with their final population-densities depending on their initial 117 population-densities. The term, "fold-bifurcation point" comes from dynamical systems theory and 118 is the point in the phase diagram where a stable fixed point (carrying capacity) merges with an 119 unstable fixed point (the upper boundary of the no-growth phase).

120

121 Expressing a superfluous gene reshapes phase diagram

122 We discovered that forcing yeasts to constitutively express the Green Fluorescent Protein (GFP), 123 which serves no function for cell growth, shifts the phase boundaries (Fig. 2f and Supplementary 124 Fig. 5). In particular, reducing the GFP expression could shift the phase boundaries by several 125 degree Celsius, suggesting that the cost of expressing superfluous genes can markedly alter the 126 phase diagram. In light of previous studies (17,18), this may be due to expressing GFP shifting 127 the intracellular resources, which may be especially crucial for surviving high temperatures, away 128 from performing roles that are for cell growth. While our study has revealed a genetic means for 129 reshaping the phase diagram, the molecular mechanisms that underlie the reshaping are left for 130 future studies.

131

A few cells initiate population growth in random-growth phase and transiently replicating sub-populations exist in non-growing populations

We turned to single-cell-level measurements for further insights. The wild-type strain has a mutated *ade2* gene that causes a cell to accumulate a red pigment, which can only be diluted by persistent cell divisions (*19*). Thus, we could use our flow cytometer's red-fluorescence detector

137 to determine which cells had been replicating and which cells had not (Extended Data Fig. 1). For 138 a deterministically growing population, we discovered that, after a short transient growth 139 associated with the transfer from 30 °C to the high temperature, the number of replicators 140 exponentially increased over time up to the carrying capacity (Extended Data Fig. 1). In contrast, 141 for random-growth and no-growth populations, the number of replicators typically decreased until 142 very few cells (~1-5% of population) remained as replicators. Subsequently, the number of 143 replicators either spontaneously increased by orders of magnitude after an unpredictable hours or 144 days (random-growth) or remained sustainably low and fluctuated by few-folds over nearly a week (no-growth) (Extended Data Fig. 1). These fluctuations were sufficiently small that the total 145 146 population-density remained nearly constant. These results establish that a small sub-population 147 of transiently replicating cells exist and that the fraction of replicators in the population could stably 148 remain in low numbers (e.g., ~1% of total population). We will later return to these features with a 149 mathematical model that recapitulates them.

150

151 Cells collectively combat extinctions at high temperatures

152 We next asked whether cell death, like cell replication, also depends on the initial population-153 density. At several temperatures, we measured how the number of surviving cells changed over 154 time for no-growth phase populations (Supplementary Fig. 6). Surprisingly, these measurements 155 deviated gualitatively, not just guantitatively, from the textbook picture in which microbes such as 156 yeasts autonomously die and that dictates that the number of survivors should exponentially 157 decrease over time (4) (Fig. 3a - brown line). Yet, we discovered that the number of survivors 158 decreases over time in a heavy-tailed (power-law-like) manner (Fig. 3a - blue curve). In other 159 words, the population continuously decelerates, and eventually would cease, its approach to extinction. For example, after three days at 41 °C, the number of survivors in a population deviated 160 161 by ~ 10^7 -fold from the expected value dictated by the conventional theory (Fig. 3a - last time point; 162 Supplementary Figs. 6). Moreover, we discovered that the rate at which cells die at high 163 temperatures depends on the initial population-density (Fig. 3b and Supplementary Fig. 6). 164 Specifically, the number of survivors appears to exponentially decrease during the first day before 165 it noticeably enters a heavy-tailed decay regime on later days (Fig. 3b). Hence, we can assign a 166 constant rate of decay to each population to describe how the number of survivors initially 167 decreases (e.g., during the first day at a high temperature). We found that this rate ("initial death-168 rate") decreases as the initial population-density increases, meaning that the number of survivors 169 decreases more slowly for higher initial population-densities (Fig. 3b - three dashed lines). These 170 results suggest a highly non-linear, cooperative effect that cells have on each other's survival.

171

172 Temperature of the fold-bifurcation point separates two extinction-avoidance regimes

173 We next measured the initial death-rate at multiple temperatures for populations of differing initial 174 densities. The population half-life, which is derived from the initial death-rate and is the time taken 175 for the number of survivors to be halved, should be independent of the initial population-density, 176 according to the conventional view in which yeasts autonomously die (Fig. 3c). Instead, we 177 discovered that increasing the initial population-density always increases the population half-life 178 and that the temperature determines how sensitively the population half-life depends on the initial population-density (Fig. 3d). Specifically, a population half-life has two regimes of sensitivities. 179 Temperatures below 40.3 ^oC exhibit the first regime. Here the population half-life is highly 180 181 sensitive to the initial population-density: it increases from hours to days if the initial populationdensity nearly doubles (Fig. 3d - vellow curves for 39 °C ~ 40 °C). Moreover, as the initial 182 183 population-density keeps increasing, the population half-life keeps increasing and eventually 184 becomes infinity. This is because a sufficiently high-density population grows at these temperatures (Fig. 2d). Temperatures above 40.3 ^oC exhibit the second regime: increasing the 185 186 initial population-density above some value hardly changes the population half-life, which 187 eventually plateaus at a finite value as the initial population-density keeps increasing (Fig. 3d purple curves for 41 °C ~ 43 °C). This occurs because populations cannot grow regardless of 188 their initial densities at these temperatures (Fig. 2d). At the fold-bifurcation point (Fig. 2d), the 189 190 population-density can remain at a nearly constant value (i.e., population half-life is infinite 191 because the initial death-rate is zero). The fold-bifurcation point is the only place in the phase diagram (at 40.3 $^{\circ}$ C with ~1 x 10⁵ cells/mL) at which a non-growing population's half-life is infinite. 192 193 In other words, a population at the fold-bifurcation point can constantly maintain its density, 194 apparently indefinitely, unless fluctuations cause its demise. Taken together, our results establish 195 that a yeast's death depends on the other cells in the population. Moreover, we determined that 196 neither heat-resistant mutants nor "persister-like" cells such as those seen in antibiotic persistence 197 (20) can explain our data on cell deaths (Extended Data Fig. 2).

198

199 Extracellular factor dictates cell replications at high temperatures

We next sought to uncover the mechanisms that underlie the density-dependent replications and deaths of yeasts. As a start, we determined that cells isolated from a growing culture and put into a fresh medium do not grow, whereas the liquid medium isolated from an exponentially growing population and transplanting a fresh population of cells into it causes that population to grow, even though the phase diagram indicated that the population initially had too few cells for it to grow (Fig. 4a-c, Supplementary Figs. 7-8). These results suggested that an "instruction" that dictates population growths resides in the extracellular - not intracellular - environment. Moreover, we confirmed that depletion of any of the nutrients does not instruct a population to grow (Supplementary Figs. 8-9), indicating that it is the secretion of some factor(s) at high temperatures that induces population growths.

210

211 Yeasts secrete glutathione to help each other replicate at high temperatures

212 By performing a transcriptome analysis (RNA-seq) on wild-type yeasts at different locations in the 213 phase diagram (Supplementary Fig. 10), we uncovered gene-expression profiles that are similar 214 to those of yeasts undergoing environmental stresses (21,22). We hypothesized that yeasts at 215 high temperatures may be stressed due to reactive oxygen species, which are known to be 216 abundant at high temperatures (23-25) and damaging for cells (26-28). Given that antioxidants 217 inactivate reactive oxygen species, we further hypothesized that yeasts at high temperatures may 218 be secreting antioxidants. Indeed, studies have found that heat-shocked yeasts produce and 219 maintain elevated levels of intracellular glutathione (23,24), a tripeptide that is the yeast's primary 220 antioxidant (23,29,30) besides having other essential roles (31). Although much is known about 221 glutathione's intracellular roles in yeast (29-34), little is known about whether yeasts secrete 222 glutathione and, if so, why and when they would do so aside from a few examples such as yeasts 223 secreting glutathione to defend against harmful extracellular arsenite (35).

224 Supporting our hypothesis, is the fact that yeasts are known to secrete small amounts of glutathione in stationary-phase at 30 °C (after diauxic shift) (36), and that we found that medium 225 226 coming from such populations induces growth at high temperatures (Supplementary Fig. 8). 227 Indeed, we discovered that adding high concentrations of either glutathione or ascorbic acid - both 228 antioxidants (29) - to the growth medium caused growth of populations that, without the added 229 antioxidants, could not have grown by themselves because they had too few cells (Fig. 4d). Hence, 230 extracellular antioxidants - glutathione and ascorbic acids - are sufficient for inducing yeast-231 population growths at high temperatures. Focusing on glutathione, we found that random-growth 232 phase and deterministic-growth phase populations continuously secreted and extracellular 233 accumulated glutathione during log-phase growths and stationary-phase at high temperatures 234 (Fig. 4e and Supplementary Fig. 11). But we detected only small concentrations of extracellular 235 glutathione that barely increased over time for no-growth phase populations at high temperatures. 236 Moreover, consistent with the population-density dependent growths only occurring for temperatures above ~36 °C being caused by glutathione, we found that yeasts secreted 237 238 glutathione only at temperatures above ~36 °C but not below it (Fig. 2d and Supplementary Fig.

239 11). Furthermore, we had to add sufficiently high concentrations of glutathione to induce growth 240 of a population that could not grow by itself (Fig. 4f). Specifically, if the extracellular glutathione 241 concentration was below ~0.3 µM, populations hardly grew. But extracellular glutathione 242 concentrations above ~0.3 µM induced population growths up to carrying capacity. Consistent 243 with these findings, when we did not add any glutathione at high temperatures, no-growth 244 populations had accumulated less than ~0.3 μ M of extracellular glutathione whereas the growing 245 population had accumulated more than ~0.3 μ M of extracellular glutathione (Fig. 4d). In summary, 246 we have now established that yeasts at high temperatures secrete and extracellularly accumulate 247 glutathione that - above some threshold concentration (~0.3 μ M) - induces population growths 248 (Fig. 4g).

249

250 Mathematical model recapitulates experimental data

251 To explain our data, we developed a stochastic, mathematical model that contained just one free 252 parameter (see Supplementary text). In this model, each alive cell secretes glutathione at a 253 constant rate and in each time step, with some probability, takes one of three actions: replicate, 254 die or stay alive without replicating (Fig. 5a). The probability of dying is fixed by and linearly 255 increases with temperature. Given that yeast-populations require at least a threshold glutathione-256 concentration for growth (Fig. 4f), the probability of replicating non-linearly increases with 257 extracellular glutathione concentration in our model (Fig. 5b). The only free parameter, which 258 requires fitting to our data, is the extracellular glutathione concentration at which the probability of 259 replicating is half its maximum (Fig. 5b - blue curve). All other parameters are directly read-off 260 from our data (Supplementary text).

261 Our model recapitulates all the main experimental data (Figs. 5c-f and Extended Data Fig. 262 3). The model's main idea is that in order to avoid becoming extinct at a high temperature, the 263 population - which initially lacks any extracellular glutathione and thus starts with a zero probability 264 of a cell replicating - must keep accumulating extracellular glutathione to keep increasing the 265 probability of replication up to and above the probability of a cell dying - which is fixed by the 266 temperature (Extended Data Fig. 3). Populations achieve this if and only if they starts with 267 sufficiently many cells. Populations with too few cells goes extinct and belong to the no-growth 268 phase because they have insufficient time to accumulate enough extracellular glutathione: the 269 probability of replicating increases until the last cell dies but always remains below the probability 270 of dying. Populations with intermediate densities may grow or approach extinction (i.e., exhibits 271 the random-growth phase) because the glutathione concentration nears the threshold 272 concentration by the time there are very few surviving cells, whose stochastic replications or

273 deaths subsequently determine whether or not the probability of replicating exceeds that of dying. At temperatures above ~40.3 °C - where the fold-bifurcation is - the probability of dying exceeds 274 275 the maximally allowed probability of replicating, meaning that only the no-growth phase is possible 276 at these temperatures (Fig. 5b – grey dashed line). In the no-growth phase, the continuous 277 accumulation of extracellular glutathione results in populations decelerating their approach to 278 extinction over time, leading to the heavy-tailed function describing the number of survivors 279 decreasing over time and populations with higher initial densities more slowly approaching 280 extinction (see Supplemental Fig. 12). Taken together, our minimal model recapitulates all the 281 main experimental data (Figs. 5c-f).

282

283 Extracellular glutathione is necessary and sufficient for surviving high temperatures

To address whether extracellular glutathione is necessary - not only sufficient (Fig. 4e-f) - for yeasts to survive high temperatures, we used a "masking reagent" (1-Methyl-2-vinylpyridinium, M2VP) that specifically inactivates extracellular glutathione only, without interfering with the intracellular glutathione and any other processes (Supplementary Fig. 13) (*37,38*). Adding the masking agent stopped deterministically growing populations at high temperatures (Fig. 6a). Thus, glutathione is both necessary and sufficient - glutathione is the only responsible molecule - for inducing cell replications at high temperatures (above ~36.7 $^{\circ}$ C).

291

292 Manipulating synthesis, import, and export of glutathione at high temperatures

293 To gain further insights, we constructed mutants that were either unable to synthesize glutathione 294 $(gsh1\Delta$ -strain) (Fig. 6b) (39), or unable to import glutathione (i.e., $hgt1\Delta$ -strain) (40), or had 295 severely reduced ability to secrete glutathione ($gex1,2\Delta$ -adp1 Δ -strain) (41,42). We found that the 296 mutants that cannot synthesize glutathione (gsh1₄-strain) confirmed our earlier conclusion that 297 the wild-type cells secrete glutathione only at high temperatures (above ~36 °C) (Extended Data 298 Fig. 4). We also found that the mutants that cannot import glutathione ($hgt1\Delta$ -strain) have the 299 same population-density-dependent growths at high temperatures as the wild-type strain (Fig. 6c). 300 Thus, yeasts do not need to import extracellular glutathione in order to replicate at high 301 temperatures. This, in turn, means that glutathione's extracellular action alone, not intracellular 302 action, is responsible for promoting replications at high temperatures. Indeed, we found that the 303 mutants with significantly reduced abilities to secrete glutathione ($gex1,2\Delta$ -adp1 Δ -strain) are less 304 able to replicate than the wild-type strain (Fig. 6d), thus requiring a higher initial population-density 305 for growth. Consistent with glutathione's extracellular action – rather than intracellular action – 306 promoting cell replications, we found that reducing the export of glutathione reduces the 307 populations' ability to grow at high temperatures. Strikingly, we found that the mutants with a 308 reduced glutathione-export ($gex1,2\Delta$ - $adp1\Delta$ -strain) still secreted measurable amounts of 309 glutathione at high temperatures, which is not due to glutathione passively leaking out through cell 310 membranes, meaning that other glutathione exporters function at high temperatures.

311

312 Yeasts can replicate at "unlivable" temperatures

No population can avoid extinctions at temperatures higher than 40.3 ^oC (Fig. 2d) because the cells die too fast to accumulate enough extracellular glutathione. Hence, giving high concentrations of glutathione to populations at the start of incubation at extremely high temperatures may help them accumulate enough glutathione before extinction. Indeed, at 41 ^oC for example, we could rescue populations with as low as 400 cells/mL from extinction: they exponentially grow until reach a carrying capacity (Fig. 6e).

- 319
- 320

321 **DISCUSSION**

322 By showing that secreting and extracellularly accumulating glutathione is necessary and sufficient 323 for yeasts and their future generations to survive and replicate at high temperature (Fig. 6f), our 324 work revises the textbook view of cells autonomously combating heat-induced damages. A 325 common explanation for why cells, including budding yeasts, cannot replicate at high temperatures 326 is that essential proteins unfold at high temperatures (6). Our work suggests that this explanation 327 requires revisions. In fact, we found that yeasts with enough extracellular glutathione can replicate 328 at extremely high temperatures for which such proteins would unfold (i.e. above 41 °C - Fig. 6e, 329 Supplementary Fig. 12). Glutathione, an antioxidant essential for many organisms, including 330 humans (29), is central to diverse processes (30-35). Our work extends the relatively little-known 331 extracellular functions of glutathione in yeast (35,36,43) by showing that yeasts must secrete 332 sufficient amounts of glutathione at high temperatures during log-phase growth and stationary 333 phases. We found that the glutathione extracellularly accumulates and that either ~75% (for no-334 growth populations) or ~25% (for growing populations) of it exists in in the oxidized form 335 (Supplementary Fig. 11). Both values, 75% and 25%, are higher than the previously reported 336 values for oxidized glutathione that budding yeasts steadily maintain (36), suggesting that yeasts 337 collectively "clean up" their environment by reducing harmful, extracellular reactive oxygen 338 species and thereby help each other and their future generations replicate and survive high 339 temperatures.

340 Researchers have observed fold-bifurcation points, like the one in our study (Fig. 2d), in 341 other microbial populations on the verge of extinctions such as those in which yeasts collectively 342 hydrolyze extracellular sucrose (44-46). These dynamical systems, including ours, typically exhibit 343 features familiar from phase transitions such as "critical slowing down" (45) which, in our study, 344 manifests as the yeast-population's half-life being infinite at the fold-bifurcation point (Fig. 3d). By 345 uncovering a phase diagram for cell replication, our work may aid in advancing theories of non-346 equilibrium statistical mechanics (47) that pertain to biologically realistic, self-replicating systems 347 that drive and maintain themselves out of thermal equilibrium. Moreover, investigating how 348 organisms can collectively combat high temperatures, as in our study, may suggest ways to help 349 organisms combat climate change and help us understand how climate change impacts unicellular 350 life and multicellular communities.

352 Methods

353

354 Growth media and strains. The "wild-type", haploid yeast strain that we used is from Euroscarf 355 with the official strain name "20000A". It is isogenic to another laboratory-standard haploid yeast 356 "W303a", and has the following genotype: MATa; his3-11 15; leu2-3 112; ura3-1; trp1 $\Delta 2$; ade2-357 1: can1-100. We built the two strains that constitutively expressed GFP by first using PCR to insert 358 a functional ADE2 gene into the locus of the defective ade2 gene in the wild-type strain, by a 359 homologous recombination, so that the red pigments that would have accumulated without the 360 ADE2 insertion no longer existed (i.e., the strain can now synthesize adenine). We could thus 361 detect their GFP fluorescence without interferences from the red pigments. After replacing the 362 defective ade2 locus with a functional ADE2, we constructed the 1x-GFP and 100x-GFP strains 363 (see GFP-expression levels in Supplementary Fig. 5a) by integrating a single-copy of an 364 appropriate, linearized yeast-integrating plasmid at the his3 locus on the chromosome. 365 Specifically, the 1x-GFP strain had its GFP expression controlled by the constitutive promoter of 366 yeast's KEX2 gene (621 bases upstream of its ORF) which was on a yeast-integration plasmid 367 (48) that constitutively expressed HIS3 (from C. glabrata) and integrated into the non-functional 368 his3 locus of the wild-type strain by a homologous recombination. The 100x-GFP strain had its 369 GFP expression controlled by a strong constitutive promoter pGPD1 (48) which was on the same 370 plasmid as the one for the 1x-GFP strain except that the KEX2 promoter was swapped with the 371 GDP1 promoter. We cultured all yeasts in defined, minimal media that consisted of (all from 372 Formedium): Yeast Nitrogen Base (YNB) media, Complete Supplement Mixture (CSM) that 373 contained all the essential amino acids and vitamins, and glucose at a saturating concentration 374 (2% = 2 g per 100 mL). The agar pads, which we used for growing yeast colonies, contained 2%-375 agar (VWR Chemicals), Yeast Extract and Peptone (YEP) (Melford Biolaboratories Ltd.), and a 376 2%-glucose.

377

Growth experiments. In a typical growth experiment, we first picked a single yeast colony from an agar plate and then incubated it at 30 $^{\circ}$ C for ~14 hours in 5 mL of minimal medium, which contained all the essential amino acids and a saturating concentration of glucose (2%). Afterwards, we took an aliquot of a defined volume from the 5 mL culture (typically 20 µL), and then flowed it through a flow cytometer (BD FACSCelesta with a High-Throughput Sampler) to determine the 5 mL culture's population-density (# of cells/mL). We then serially diluted the culture into fresh minimal media to a desired initial population-density for a growth experiment at various

385 temperatures. Specifically, we distributed 5-mL of diluted cells to individual wells in a "brick" with 386 twenty-four 10 mL-wells (Whatman: "24-well x 10mL assay collection & analysis microplate"). This 387 ensured that we had 8 identical replicate cultures for each initial population-density (e.g., in Figure 388 2a-c). We sealed each brick with a breathable film (Diversified Biotech: Breathe-Easy), covered it 389 with a custom-made Styrofoam-cap for insulation, and incubated it in a compressor-cooled, highprecision thermostatic incubators (Memmert ICP260) that stably maintained their target 390 391 temperature throughout the course of our growth-experiments, with a typical standard deviation of 392 0.017 °C over time (deviation measured over several days - see Supplementary Fig. 2). 393 Throughout the incubation, the cultures in the brick were constantly shaken at 400 rpm on a plate 394 shaker (Eppendorf MixMate) that we kept in the incubator. To measure their population-densities, 395 we took a small aliquot (typically 50 μ L) from each well, diluted it with PBS (Fisher Bioreagents) 396 into a 96-well plate (Sarstedt, Cat, #9020411), and then flowed it through the flow cytometer which 397 gave us the # of cells/mL. We determined the growth rates by measuring the maximum slope of 398 the log-population-density after their initial, transient growths.

399

400 Flow cytometry. We used BD FACSCelesta with a High-Throughput Sampler and lasers with the 401 following wave lengths: 405 nm (violet), 488 nm (blue), and 561 nm (vellow/green). We calibrated 402 the FSC and SSC gates to detect only yeast cells (FSC-PMT=681V, SSC-PMT=264V, GFP-403 PMT=485V, mCherry-PMT=498V, As a control, flowing PBS vielded no detected events). The 404 number of cells per mL that we plotted in our growth experiments is proportional to the number of 405 events (yeast cells) that the flow cytometer measured in an aliquot of cells with a defined volume. 406 We measured the GFP fluorescence with a FIT-C channel and the "red cells" (Extended Data Fig. 407 1) with a mCherry channel. We analysed the flow cytometer data with a custom MATLAB script 408 (MathWorks).

409

410 **Measuring number of surviving cells.** For Figures 3a-b, Extended Data Fig. 2 and 411 Supplementary Fig. 6, we prepared 250 mL cultures of wild-type cells in 500 mL Erlenmeyer 412 flasks. We placed a constantly spinning magnetic stir-bar at the bottom of the flasks and placed 413 each flask on top of spinning magnets (Labnet Accuplate - at 220 rpm) inside the thermostatic 414 incubators (Memmert ICP260) that we set at desired high temperatures. For Figure 3d, we 415 prepared a brick with cultures as described in the "Growth Experiments" section in order to have 416 multiple replicate populations and to compare the different population-densities. For every time

417 point we ensured that these populations were not growing (i.e., all populations were in the no-418 growth phase after a transient growth) by using the flow cytometer to measure their population-419 densities over time to verify that their population-densities indeed remained constant over time. For the first 48 hours of incubation, we measured the number of Colony Forming Units (CFUs) by 420 421 taking out a small volume aliquot from the liquid cultures at high temperatures and distributed 422 droplets from a serial dilution of the aliquot across an agar pad (2% glucose with YEP) that we 423 then incubated in 30 ^oC for several days until (no) colonies appeared. When there were few 424 surviving cells per mL - especially for the last time points in each experiment - we determined, in 425 parallel to the plating method, the number of CFUs by transferring an appropriate volume of the 426 liquid cultures from the incubator to an Erlenmeyer flask and then diluting it with the same volume 427 of fresh minimal media. We sealed this flask with a breathable film (Diversified Biotech: Breathe-Easy) and then left it still without stirring, on a benchtop at ~24-30 °C - we checked that slightly 428 429 lower temperatures (e.g., room temperatures) did not affect colony-forming abilities - which 430 allowed any surviving cells to settle down to the bottom of the flask and form colonies. We counted 431 the number of colonies at the bottom of the flask - this is the value that we plotted as the last time 432 points in each experiment (Fig. 3a, Extended Data Fig. 2 and Supplementary Fig. 6).

433

434 **Cell-transfer experiments.** We incubated a 24-well brick that contained liquid cultures, each of 435 which were in a deterministic-growth phase, at a desired temperature (e.g., 10,000 cells/mL at 436 39.2 °C). We incubated the brick containing these liquid cultures in the thermostatic incubators 437 (Memmert ICP260) as described in the "Growth experiments" section. About 48 hours after the 438 incubation, we took aliquots from the cultures that were growing in mid-log phase (as checked by 439 flow cytometry) and then diluted each of them into fresh 5 mL minimal media that were in 24-well 440 bricks so that these newly created populations were in the no-growth phase at the same temperature as the original population that they came from (400 cells/mL at 39.2 °C). We sealed 441 442 the 24-well brick with a breathable film (Diversified Biotech: Breathe-Easy) and then incubated 443 them at the same temperature as the original population. We performed the growth experiments 444 with these new populations as described in the "Growth experiments" section.

445

446 Medium-transfer experiments. Details are also in Supplementary Fig. 8. At a given temperature,
 447 we first grew populations in the deterministic-growth phase (e.g., initial population-density of
 30,000 cells/mL at 39.2 °C). We used a flow cytometer to measure their growing population-

449 densities at different times so that we knew in which part of deterministic growth they were in (e.g., 450 mid-log phase). We then transferred each liquid culture to a 50 mL tube (Sarstedt) and centrifuged 451 it so that the cells formed a pellet at the bottom of the tube. We then took the resulting supernatant, 452 without the cell pellet, and flowed it through a filter paper with 200 nm-diameter pores (VWR: 150 453 mL Filter Upper Cup) to remove any residual cells from the supernatant. After filtering, we flowed 454 an aliguot of the filtered media through a flow cytometer to verify that there were no cells left in 455 the filtered media. We incubated fresh cells into these filtered media (instead of into fresh minimal 456 media) and proceeded with a growth experiment at a desired temperature as described in the 457 "Growth experiments" section.

458

459 **Measuring the depletion of extracellular nutrients.** Details are also in Supplementary Fig. 9. 460 We prepared various growth media by diluting the minimal media (SC media) by various amounts 461 with water. These diluted SC-media were each supplemented with a 2% glucose. Next, we 462 incubated fresh cells in these diluted SC-media at the desired temperature (e.g. 39.2 °C) as 463 described in the "Growth experiments" section. We compared populations of cells that initially had 464 400 cells/mL (this corresponds to a no-growth phase, see Fig. 2d) with populations that initially 465 had 10,000 cells/mL (this corresponds to a deterministic-growth phase, see Fig. 2d) in order to 466 confirm that cells were still able to grow in these media. Similarly, we also varied the amounts of 467 glucose that we supplemented to SC-media.

468

469 **RNA-seq.** For each temperature that we studied, we collected cells in 50 mL tubes and spun them 470 in a pre-cooled centrifuge. We then extracted RNA from each cell-pellet with RiboPure Yeast Kit 471 (Ambion, Life Technologies) as described by its protocol. Next, we prepared the cDNA library with 472 the 3' mRNA-Seq library preparation kit (Quant-Seq, Lexogen) as described by its protocol. 473 Afterwards, we loaded the cDNA library on an Illumina MiSeq with the MiSeq Reagent Kit c2 474 (Illumina) as described by its protocol. We analysed the resulting RNA-Seq data as previously 475 described (49): We performed the read alignment with TopHat, read assembly with Cufflinks, and 476 analyses of differential gene-expressions with Cuffdiff. We used the reference genome for S. 477 cerevisiae from ensembl. We categorized the genes by the Gene Ontologies with AmiGO2 and 478 manually checked them with the Saccharomyces Genome Database (SGD).

480 Measuring concentration of extracellular glutathione. To quantify the concentration of 481 extracellular glutathione, cells were removed from their liquid media by flowing the liquid cultures 482 that contained cells through a 0.45 µm pore filter (VWR, cellulose-acetate membrane). To ensure 483 and verify that there were no cells remaining in the filtered media, we flowed the filtered media 484 through a flow cytometer. The flow cytometer indeed did not detect any cells in the filtered media. 485 We measured concentrations of glutathione in the filtered media as described in the 486 manufacturers' protocol (38185 quantification kit for oxidized and reduced glutathione, 200 tests). 487 We used "BMG Labtech Spectrostar Nano" to measure the optical absorbance at 415 nm. As a 488 background subtraction (blank) for all absorbance measurements, we subtracted the absorbance 489 that we obtained by applying the assay to fresh minimal medium which does not have any 490 glutathione (the background absorbance could come from, for example, cysteine in the minimal 491 media). We subsequently determined the concentrations of extracellular glutathione by using a 492 calibration curve that we constructed by measuring the absorbance at 415 nm for known amounts 493 of glutathione that we added by hand into a buffer provided by the manufacturer.

494

Glutathione masking experiment. We incubated a brick of liquid cultures that were in the deterministic-growth phase (20.000 cells/mL) at 39.2 $^{\circ}$ C. After some time (e.g., 8.5 hours afterwards), we added 750 μ M of 1-Methyl-2-vinylpyridinium (M2VP, Sigma-Aldrich Cat. No. 69701), which is a thiol scavenging agent that rapidly masks reduced glutathione (*38*) and proceeded with the experiment as described in the "Growth experiments" section. Identical replicate cultures, that did not receive the M2VP, were used as a reference.

501

502 **Mutant yeasts.** We constructed mutant strains that could not synthesize glutathione or could not 503 import or export glutathione. Primers were designed with a 50-60 bp sequence that was either 504 homologous to the 50-60 bp that is upstream of the desired gene's start codon or downstream of 505 the desired gene's stop codon. These primers were used to amplify a selection marker by PCR, 506 resulting in a PCR product that contained a selection marker and whose ends were homologous 507 to the flanking regions of the gene to be knocked out. The wild-type strain (W303) was grown overnight in a 5 mL YPD in a rotator (40 rpm) at 30 °C, and subsequently transformed with the 508 509 PCR fragment using standard methods of yeast cloning. The biosynthesis mutant (gsh1₄-strain) 510 was constructed by removing the GSH1 gene from W303. The import mutant ($hgt1\Delta$ -strain) was 511 constructed by removing the HGT1 gene. The export mutant ($gex1,2\Delta$ -adp1 Δ -strain) was

constructed by removing, sequentially, the *GEX1* gene, then the *GEX2* gene, and then the *ADP1*gene. The resulting transformants were grown on YPD selection plates, and knockouts were
verified by PCR.

515

Measuring integrity of cell membrane. Cells of the $gex1,2\Delta$ -adp1 Δ -strain were incubated in liquid media at 39.2 °C (3,000-10,000 cells/mL; corresponds to a random-growth phase). We took aliquots of these cultures and then stained them with 1 µg/mL of propidium iodide (Thermo Fisher Cat. No. P3566). We then flowed these stained aliquots through a flow cytometer. The flow cytometer measured the number of cells that were unstained by the propidium iodide (i.e., cells whose membranes were intact).

522

523 **Mathematical model.** Derivations of equations, a detailed description of the mathematical model, 524 and the parameter values used for simulations are in the Supplemental text.

525

526 **Code availability.** All scripts used for simulations in this work are publicly available (GitHub 527 diederiklt/YeastHighTemperatures).

528

529 **Data Availability.** The authors declare that all data supporting the findings of this study are 530 available within the paper and its supplementary information files. RNA-Seq data is available at 531 NCBI GEO (accession #137151). Source data for the main figures is provided. The data that 532 support the findings of this study are available from the corresponding author upon reasonable 533 request.

535 **References:**

- M. T. Madigan, J. M. Martinko, D. A. Stahl, & D. Clark. *Brock biology of microorganisms* (13th
 Ed.) (Pearson, 2011), pp. 162-163.
- 538 2. R. Milo, & R. Phillips. *Cell biology by the numbers* (1st ed.) (Garland Science, 2015),
 539 http://book.bionumbers.org/how-does-temperature-affect-rates-and-affinities/.
- 540 3. L. Bruslind. *Microbiology*. (Open Oregon State University, 2019),
 541 http://library.open.oregonstate.edu/microbiology/chapter/environmental-factors/
- 542 4. P. M. Doran. *Bioprocess Engineering Principles* (2nd ed.) (Academic Press, 2012), pp. 653543 655.
- 5. K. Ghosh, & K. Dill. Cellular proteomes have broad distributions of protein stability. *Biophys J*545 **99**:3996-4002 (2010).
- 546 6. P. Leuenberger *et al.*, Cell-wide analysis of protein thermal unfolding reveals determinants of
 547 thermostability. *Science* **355**, eaai7825 (2017).
- 548
- 549 7. J. Verghese, J. Abrams, Y. Wang, & K. A. Morano. Biology of the heat shock response and
 550 protein chaperones: Budding yeast (*Saccharomyces cerevisiae*) as a model system.
 551 *Microbiol. Mol. Biol. Rev.* **76**:115-158 (2012).
- 552
- 553 8. K. Richter, M. Haslbeck, & J. Buchner. The heat shock response: life on the verge of death.
 554 *Mol. Cell* 40:253-266 (2010).
- 555
- 556 9. M. B. Miller, & B. L. Bassler. Quorum sensing in bacteria. *Annu. Rev. Microbiol* 55:165-199
 557 (2001).
- 558
- 559 10. J. Gore, H. Youk, & A. van Oudenaarden. Snowdrift game dynamics and facultative cheating
 560 in yeast. *Nature* 459:253-256 (2009).
- 561
- 562 11. J. H. Koschwanez, K. R. Foster, & A. W. Murray. Sucrose utilization in budding yeast as a
 563 model for the origin of undifferentiated multicellularity. *PLoS Biol.* **9**:e1001122 (2011)

565 566 567	12.	J. H. Koschwanez, K. R. Foster, & A. W. Murray. Improved used of a public good selects for the evolution of undifferentiated multicellularity. <i>eLife</i> 2 :e00367 (2013).
568 569 570	13.	C. Ratzke, J. Denk, & J. Gore. Ecological suicide in microbes. <i>Nat. Ecol. Evol.</i> 2 :867-872 (2018).
571 572 573 574	14.	J. Postmus <i>et al.</i> , Quantitative analysis of the high temperature-induced glycolytic flux increase in Saccharomyces cerevisiae reveals dominant metabolic regulation. <i>J. Biol. Chem.</i> 283 :23524-23532 (2008).
575 576 577	15.	R. M. Walsh, & P. A. Martin. Growth of saccharomyces cerevisiae and saccharomyces uvarum in a temperature gradient incubator. <i>J. Inst. Brew.</i> 83 :169-172 (1977).
578 579 580 581	16.	D. A. Ratkowsky, R. K. Lowry, T. A. McMeekin, A. N. Stokes, & R. E. Chandler. Model for bacterial culture growth rate throughout the entire biokinetic temperature range. <i>J. Bacteriol.</i> 154 :1222-1226 (1983).
582 583 584	17.	E. Dekel, U. Alon. Optimality and evolutionary tuning of the expression level of a protein. <i>Nature</i> 436 , 588-592 (2005).
585 586 587	18.	M. Scott, & T. Hwa. Bacterial growth laws and their applications. <i>Curr Opin Biotechnol.</i> 22 :559-565 (2011).
588 589 590 591	19.	V. Bharathi <i>et al.</i> Use of <i>ade1</i> and <i>ade2</i> mutations for development of a versatile red/white colour assay of amyloid-induced oxidative stress in <i>Saccharomyces cerevisiae</i> . Yeast 33 , 607-620 (2016).
592 593 594	20.	N. Q. Balaban. Persistence: mechanisms for triggering and enhancing phenotypic variability. <i>Curr. Opin. Genet. Dev.</i> 21 , 768-775 (2011).
595 596 597	21.	H. C. Causton <i>et al.</i> Remodeling of yeast genome expression in response to environmental changes. <i>Mol. Biol. Cell</i> 12 :323-337 (2001).

22. A. P. Gasch, et al. Genomic expression programs in the response of yeast cells to environmental changes. Mol. Biol. Cell 11:4241-4257 (2000). 23. K. Sugiyama, A. Kawamura, S. Izawa, & Y. Inoue. Role of glutathione in heat-shock-induced cell death of Saccharomyces cerevisiae. Biochem. J. 352:71-78 (2000). 24. K. Sugiyama, S. Izawa, & Y. Inoue. The Yap1p-dependent induction of glutathione synthesis in heat shock response of Saccharomyces cerevisiae. J. Biol. Chem. 275: 15535-15540 (2000). 25. J. F. Davidson, B. Whyte, P. H. Bissinger, & R. H. Schiestl. Oxidative stress is involved in heat-induced cell death in Saccharomyces cerevisiae. Proc Natl Acad Sci USA 93:5116-5121 (1996). 26. F. M. Yakes, & B. van Houten. Mitochondrial DNA damage is more extensive and persists longer than nuclear DNA damage in human cells following oxidative stress. Proc. Natl. Acad. Sci. U.S.A. 94:514-519 (1997). 27. E. Cabiscol, E. Piulats, P. Echave, E. herrero, & J. Ros. Oxidative stress promotes specific protein damage in Saccharomyces cerevisiae. J. Biol. Chem. 275:27393-27398 (2000). 28. T. Bilinski, J. Litwinska, M. Blaszczynski, & A. Bajus. SOD deficiency and the toxicity of the products of autoxidation of polyunsaturated fatty acids in yeast. Biochim. Biophys. Acta. :102-106 (1989). 29. D. J. Jamieson. Oxidative stress responses of the yeast Saccharomyces cerevisiae. Yeast :1511-1527 (1998). 30. B. Zechmann et al. Subcellular distribution of glutathione and its dynamic changes under oxidative stress in the yeast Saccharomyces cerevisiae. FEMS Yeast Res 11:631-642 (2011). 31. C. Kumar et al. Glutathione revisited: a vital function in iron metabolism and ancillary role in thiol-redox control. EMBO J. 30:2044-2056 (2011).

632	32.	M. B. Toledano, C. Kumar, N. Le Moan, D. Spector, & F. Tacnet. The system biology of thiol
633		redox system in Escherichia coli and yeast: differential functions in oxidative stress, iron
634		metabolism and DNA synthesis. FEBS Lett 581:4549 (2007).
635		
636	33.	M. T. Elskens, C. J. Jaspers, & M. J. Penninckx. Glutathione as an endogenous sulfur source
637		in the yeast Saccharomyces cerevisiae. J Gen Microbiol 137 :637-644 (1991).
638		
639	34.	K. Mehdi, & M. J. Penninckx. An important role for glutathione and γ -glutamyltranspeptidase
640		in the supply of growth requirements during nitrogen starvation of the yeast Saccharomyces
641		cerevisiae. <i>Microbiology</i> 143 :1885-1889 (1997).
642		
643	35.	M. Thorsen et al. Glutathione serves an extracellular defence function to decrease arsenite
644		accumulation and toxicity in yeast. Mol. Microbiol. 84:1177-1188 (2012).
645		
646	36.	G. G. Perrone, C. M. Grant, & I. W. Dawes. Genetic and environmental factors influencing
647		glutathione homeostasis in Saccharomyces cerevisiae. Mol. Biol. Cell 16:218-230 (2005).
648		
649	37.	D. Giustarini et al. Pitfalls in the analysis of the physiological antioxidant glutathione (GSH)
650		and its disulphide (GSSG) in biological samples: An elephant in the room. J. Chromatogr B
651		Analyt Technol Biomed Life Sci 1019:21-28 (2016).
652		
653	38.	A. R. Araujo, M. L. Saraiva, & J. L. Lima. Determination of total and oxidized glutathione in
654		human whole blood with a sequential injection analysis system. Talanta 74:1511-1519 (2008).
655		
656	39.	C. M. Grant, F. H. Maclver, & I. W. Dawes. Glutathione is an essential metabolite required for
657		resistance to oxidative stress in the yeast Saccharomyces cerevisiae. Curr Genet 29:511-515
658		(1996).
659		
660	40.	A. Bourbouloux, P. Shahi, A. Chakladar, S. Delrot, & A. K. Bachhawat. Hgt1p, a high affinity
661		glutathione transporter from the yeast Saccharomyces cerevisiae. J. Biol Chem.
662		275 :13259-13265 (2000).
663		
664	41.	M. Dhaoui et al. Gex1 is a yeast glutathione exchanger that interferes with pH and redox
665		homeostasis. Mol Biol Cell 22:2054-2067 (2011).

666	
667	42. K. Kiriyama, K. Y. Hara, & A. Kondo. Extracellular glutathione fermentation using engineered
668	Saccharomyces cerevisiae expressing a novel glutathione exporter. Appl Microbiol Biotechnol
669	96: 1021-1027 (2012).
670	
671	43. R. Green et al. Rapid evolution of an overt metabolic defect restores balanced growth. BioRxiv
672	doi.org/10.1101/498543 (2018).
673	
674	44. L. Dai, D. Vorselen, K. Korolev, & J. Gore. Generic indicators for loss of resilience before a
675	tipping point leading to population collapse. Science 336 :1175-1177 (2012).
676	
677	45. S. H. Strogatz. Nonlinear dynamics and chaos: with applications to physics, biology,
678	chemistry, and engineering (Westview, Boulder, CO, 1994).
679	
680	46. M. Mojtahedi et al. Cell fate decision as high-dimensional critical state transition. PLoS Biol
681	14 :e2000640 (2016).
682	
683	47. J. Garcia-Ojalvo, J. M. Sancho, L. Ramirez-Piscina. A nonequilibrium phase transition with
684	colored noise. Physics Letters A 168, 35-39 (1992).
685	
686	48. H. Youk, W. A. Lim. Secreting and sensing the same molecule allows cells to achieve versatile
687	social behaviors. <i>Science</i> 343 ,1242782 (2014).
688	
689	49. C. Trapnell et al. Differential gene and transcript expression analysis of RNA-seq experiments
690	with TopHat and Cufflinks. Nat. Protoc. 7, 562-578 (2012).
691	
692	50. C. Riccardi, & I. Nicoletti. Analysis of apoptosis by propidium iodide staining and flow
693	cytometry. Nat Prot 1:1458-1461 (2006).
694	
695	

696 Supplemental Information:

- Supplementary Figures 1-14
- Supplementary Text: Detailed description of the mathematical model
- 699

700 Acknowledgements:

We thank Shalev Itzkovitz and Arjun Raj for insightful comments on our manuscript. We also thank the members of the Youk laboratory for helpful discussions and Mehran Mohebbi for help with initial experiments. H.Y. was supported by the European Research Council (ERC) Starting Grant (MultiCellSysBio, #677972), the Netherlands Organisation for Scientific Research (NWO) Vidi award (#680-47-544), the CIFAR Azrieli Global Scholars Program, and the EMBO Young Investigator Award.

707

708 Author contributions:

709 H.Y. initiated this research and performed the initial growth experiments. D.S.L.T. subsequently

710 designed additional experiments with guidance from H.Y.. D.S.L.T. performed all the experiments,

- developed the mathematical model, and analysed the data with advice from H.Y.. D.S.L.T. and
- 712 H.Y. discussed and checked all the data and wrote the manuscript.

713

714 **DECLARATION OF INTERESTS**

715 The authors declare no competing interests.

717 Figure captions:

718

719 Figure 1. Conventional, cell-autonomous view of temperature-dependent cell-replications.

720 (a) The conventional view states that cells autonomously replicate at "habitable temperatures"

- 721 (blue region) and that at sufficiently high temperatures (i.e., "unlivable temperatures"), cells fail to
- replicate and can eventually die (red region).
- (b) Growth rate as a function of temperature for populations of wild-type yeast cells. Black data
 points in the blue region are for populations with sustained, exponential growth over time and
 white data points in the red region are for populations without sustained exponential growth (error
 bars represent the mean with s.e.m., n = 3 replicates per data point). 39 °C is near a boundary of
 blue and red regions. (Also see Supplementary Fig. 1).
- 728 (c) The conventional view (explained in (a)) applied to budding yeast, based on the data in (b).
- (d) Question that we investigated in our study: can microbes collectively combat rising
 temperatures so that they can turn a temperature that is unlivable (e.g., 40 °C shown in (c)) into
 a habitable temperature?
- 732
- 733

Figure 2. Population-density determines replicability of cells and habitability of each temperature.

736 (a-c) Population-density (number of cells/mL) measured over time with a flow cytometer for 737 populations of wild-type yeast of differing initial population-densities at (a) a conventionally-defined 738 habitable temperature (38.4 °C), (b) near the edge of conventionally-defined habitable and unlivable temperatures (39.2 °C), (c) and at a conventionally-defined unlivable temperature (40.3 739 740 ^oC). Figure 1b sets the conventional definition of temperature's habitability. For (a-b): Each color 741 shows n = 8 populations that start with the same density. Red curves show no growths beyond 742 initial transient growths (i.e., "no growth"). Green curves show unpredictable growths (i.e., "random 743 growth"). Blue curves show deterministic, exponential growths whereby all populations identically 744 grow (i.e., "deterministic growth"). For (c): Each color shows n = 4 populations with the same initial 745 population-density. All colors except the red show growths by ~10-fold.

(d) Phase diagram constructed from measurements. Colors of regions and triangles represent the
behaviors mentioned in (b) - blue marks deterministic growth, green marks random-growth, red
marks no-growth, and grey marks populations not growing as they have more cells than the
carrying capacity. Each triangle represents an experiment of the type shown in (a-c). (Also see
Supplementary Figs. 3-4 for details).

(e) Growth rates of populations in the no-growth phase (red), random-growth phase (green) and deterministic-growth phase (blue) as a function of temperature (error bars represent the mean with s.e.m., n = 6 or more replicates per data point for temperatures below 40 °C, and n = 3 for temperatures above 40 °C). Grev data are from Figure 1b.

(f) Phase diagrams constructed for engineered yeast strains that constitutively express *GFP* at
the indicated levels (1x and 100x). Triangles indicate experimental data. Since the wild-type
strain's genetic background is slightly different from that of GFP-expressing strains, compare the
1x-GFP strain with the 100x-GFP strain only. (Also see Supplementary Fig. 5).

- 759
- 760

761 Figure 3. Cells collectively combat death to avoid extinction high temperatures.

(a) The number of survivors/mL (circles) over time in a non-growing wild-type population at 41.0
 ^oC. Brown line is an exponentially decaying function fitted to the first three data points (between
 10 and 40 hours). Blue curve is a power-law function fitted to the same data points. (Also see
 Supplementary Fig. 6).

(b) Number of survivors/mL for three populations of differing initial population-densities at 41.0 °C
measured as in (a). Initial population-densities, after transient growths, are 92,000 cells/mL
(purple), 231,000 cells/mL (orange), and 312,000 cells/mL (blue). Dashed lines represent an
exponentially decreasing function fitted to the first three time points. (Also see Supplementary Fig.
6).

(c) Cartoon illustrating the conventional view which states that cells autonomously die and that
every cell has the same probability of dying per unit time. This means that the population half-life
is independent of the initial population-density for every temperature. Different colors represent
different temperatures as indicated.

- 775 (d) Population half-life as a function of initial population-density, based on fitting an exponentially 776 decreasing function to the number of survivors/mL measured during the first 24 hours of incubation 777 (after ~20 hours of transient growths due to cells coming from 30 °C and adjusting to the new temperature). Shown here are the half-lives of populations at 39.2 °C, 40 °C, 40.3 °C, 40.8 °C, 778 42 °C, and 43 °C, each in a different color as indicated (error bars represent the mean with s.e.m., 779 n = 3 replicates per data point). Circles represent populations in the no-growth phase. The two 780 squares (at 39.2 °C and 40 °C) represent populations that grew due to having sufficient 781 782 population-densities to trigger their own growths (see Fig. 2d).
- 783
- 784

Figure 4. Cells secrete and extracellularly accumulate glutathione to help each other and
 future generations of cells replicate at high temperatures.

787 (a) Schematic description of experiments in (b) and (c) to determine whether ("1") intracellular or

788 ("2") extracellular factors dictate population growth.

- (b) At 39.2 °C. Labelled "1" in (a): wild-type cells were transferred (boxed data point) from log-
- phase populations (blue, initially ~10.000 cells/mL) to fresh media (green, initially ~400 cells/mL).

Each color shows n = 4 replicate populations. (Also see Supplementary Fig. 7).

- (c) At 39.2 $^{\circ}$ C. Labelled "2" in (a): fresh cells from 30 $^{\circ}$ C were incubated in a growth medium that
- previously harbored log-phase cells at ~39 $^{\circ}$ C for 0 hours (grey), 12 hours (red), or 16 hours
- (purple). Each color shows at least n = 6 replicate populations. (Also see Supplementary Fig. 8).
- (d) No-growth populations (initially ~400 cells/mL) at 39.2 $^{\circ}$ C. Adding either ascorbic acid (5 mM
- yellow) or glutathione (200 μM green) to the growth media induces population growths. Without
- adding either one, populations do not grow (grey). Each color shows n = 4 replicate populations.
- (e) At 39.2 $^{\circ}$ C. The measured concentrations of extracellular glutathione as a function of the population-density over time for no-growth (red, initially ~400 cells/mL), random-growth (light blue, initially ~2,000 cells/mL), and deterministic-growth populations (dark blue, initially ~10,000 cells/mL) (error bars represent the mean with s.e.m., n = 3 replicates per data point). The arrow shows both the population-density and concentration of extracellular glutathione increasing together over time. (Also see Supplementary Fig. 11).
- 804 (f) At 39.2 $^{\circ}$ C. Sensitivity of no-growth populations (initially ~400 cells/mL) to glutathione added 805 into the growth medium, as a function of glutathione concentration (error bars represent the mean 806 with s.e.m., n = 4 replicates per data point). Shown here is the fold-change in the population-807 density after two days of incubation.
- 808 (g) Cartoon illustrating the mechanism deduced in (a-f). Yeasts secrete and extracellularly 809 accumulate glutathione at high temperatures, inducing population growth when its concentration 810 reaches at least a threshold amount (~0.3 μ M from (f)).
- 811
- 812

Figure 5. Mathematical model with one free parameter recapitulates all the main experimental data.

(a-b) Description of the mathematical model (see full description in the Supplementary text). (a) A
cell (yellow circle) can be in three states. In each time step, any alive cell either stays alive without
replicating, replicates, or dies. Alive cells constantly secrete glutathione (green circle). (b)
Schematic description of the probabilities that describe each of the transitions between states

shown in (a). Left panel: probability of a cell dying (red line) is fixed by the temperature and does
not change over time. It linearly increases with temperature and, beyond some temperature, it

- 821 exceeds the maximum allowed value for the probability of a cell replicating (grey line). Right panel:
- probability of a cell replicating (blue curve) non-linearly increases with the concentration of the

823 extracellular glutathione.

824 (c-f) Results generated by the model described in (a-b) with a single fixed set of parameters for 825 all the panels. Model recapitulates: (c) the population-growth curves (compare with Fig. 2a), (d) 826 the phase diagram (compare with Fig. 2d), (e) population-density dependent deaths (compare 827 with Fig. 3b), (f) population half-life (based on cell deaths during the first day of incubation -828 compare with Figure 3d), the number of survivors decaying over time as a heavy-tailed function 829 (see Supplementary Fig. 12), and single-cell-level data on growths (compare Extended Data Fig. 830 1 with Extended Data Fig. 3). The number of replicate simulations matches that of the respective 831 experiments. (Also see Supplementary Fig. 12).

- 832
- 833

Figure 6. Budding yeast exports glutathione whose extracellular role – not intracellular roles - as antioxidant enables yeasts to survive high temperatures.

(a) At 39.2 $^{\circ}$ C. Wild-type populations (all initially ~20,000 cells/mL) that should deterministically grow if left alone. A masking agent (M2VP) that inactivates extracellular glutathione was added after 4.5 hours (dark brown) or 8.5 hours (light brown) of incubation. Grey curve shows populations that did not receive the masking reagent. Each color shows n = 4 replicate populations. (Also see Supplementary Fig. 13).

- (b) Schematic showing how the budding yeast synthesizes, imports, and exports glutathione.
 Glutathione is intracellularly synthesized via an enzyme encoded by *GSH1*. Glutathione is
 imported by a proton-coupled glutathione-importer encoded by *HGT1*. Glutathione is exported by
 numerous exporters (not all shown), including proton antiporters encoded by *GEX1,2* and an ATPdependent exporter encoded by *ADP1*.
- 846 (c) At 39.2 °C. Light blue curves show deterministically growing populations of a mutant strain 847 (*hgt1* Δ -strain) that cannot import glutathione (initially ~10,000 cells/mL). Grey curves show mutant 848 populations (initially ~400 cells/mL) incubated without any glutathione added. Dark blue curves 849 show mutant populations (initially ~400 cells/mL) incubated with 250 μ M of glutathione added to 850 the media. Each color shows n = 4 replicate populations. 851 (d) At 39.2 °C. Populations of a mutant strain that lacks some of the main glutathione exporters
- (d) At 39.2 °C. Populations of a mutant strain that lacks some of the main glutathione exporters $(qex1.2\Delta-adp1\Delta$ -strain) (initially ~9,500 cells/mL (purple) or ~7,500 cells/mL (pink)). Wild-type

- populations shown as a comparison (grey, initially \sim 9,500 cells/mL). Each color shows n = 4 replicate populations. (Also see Extended Data Fig. 4).
- (e) At 41 °C. Wild-type populations of various initial densities (from ~400 cells/mL (lightest green
- so curves) to ~14,000 cells/mL (darkest green curves)) grown in media supplemented by 750 μ M of
- glutathione. Each color shows at least n = 3 replicate populations.
- (f) Cartoon illustrating mechanisms deduced in (a-e). Exporting glutathione is necessary and
 sufficient for yeasts to reshape the habitability of temperature. For yeasts to survive and replicate
 at high temperatures, extracellular glutathione is (1) necessary since blocking glutathione or
 blocking glutathione-export stops yeast's growths and is (2) sufficient since adding glutathione or
 blocking glutathione-import enables yeasts to grow.
- 864

Conventional view

b

Conventional view





d

С

а

Conventional view : cells autonomously replicate



Can cells collectively combat rising temperatures?









е







d

f



A - Measured deterministic growth (no growth) A - Measured carrying capacity



b

b



(c-d) Time taken for # of survivors to be halved d

С











Locating factor(s) that dictate growth:

d

Extracellular antioxidants induce growth

g

f

b

Cells secrete and extracellularly accumulate glutathione to help each other and future generations of cells replicate

Fig. 4

Removing extracellular glutathione stops growth

С

Growth enabled at 'forbidden' temperature (41 ^OC) by adding extracellular glutathione

Schematic: glutathione synthesis & transport

d

а